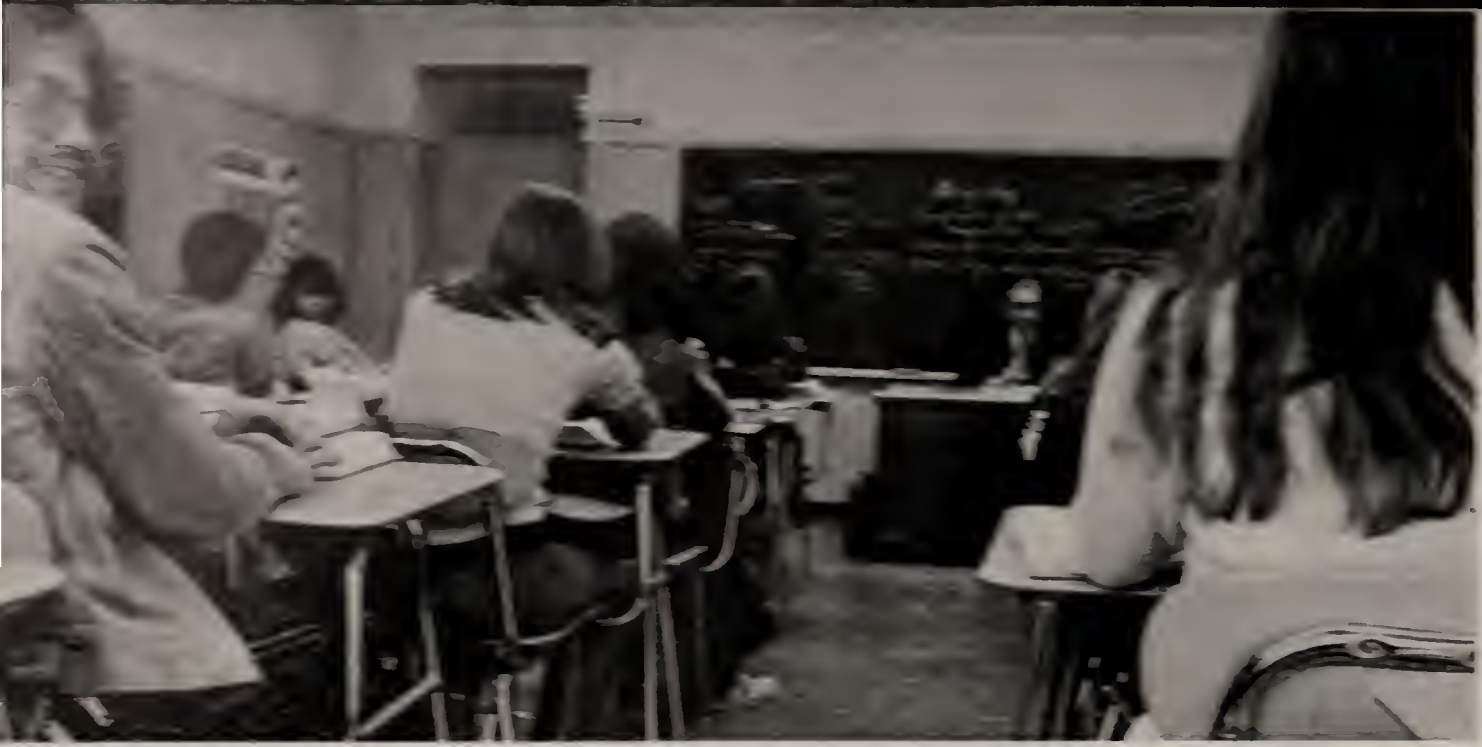
EPILOGUE

EMILE W. NIEDZWIADEK

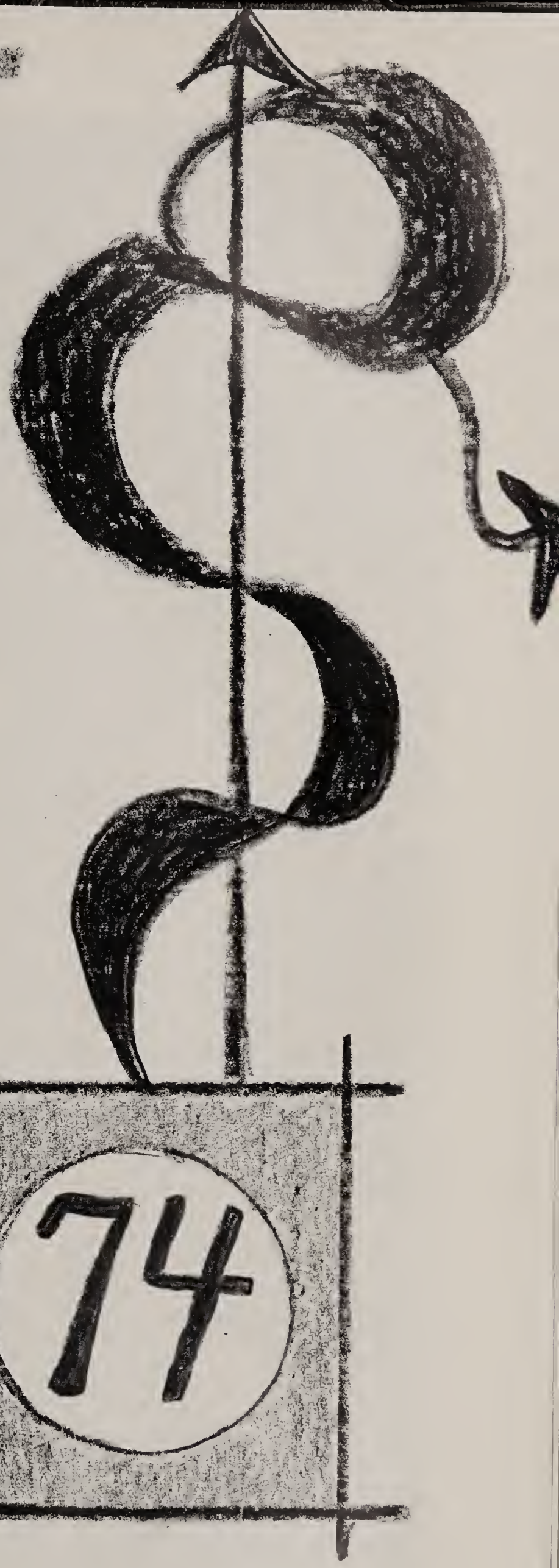
The 1974 epilogue

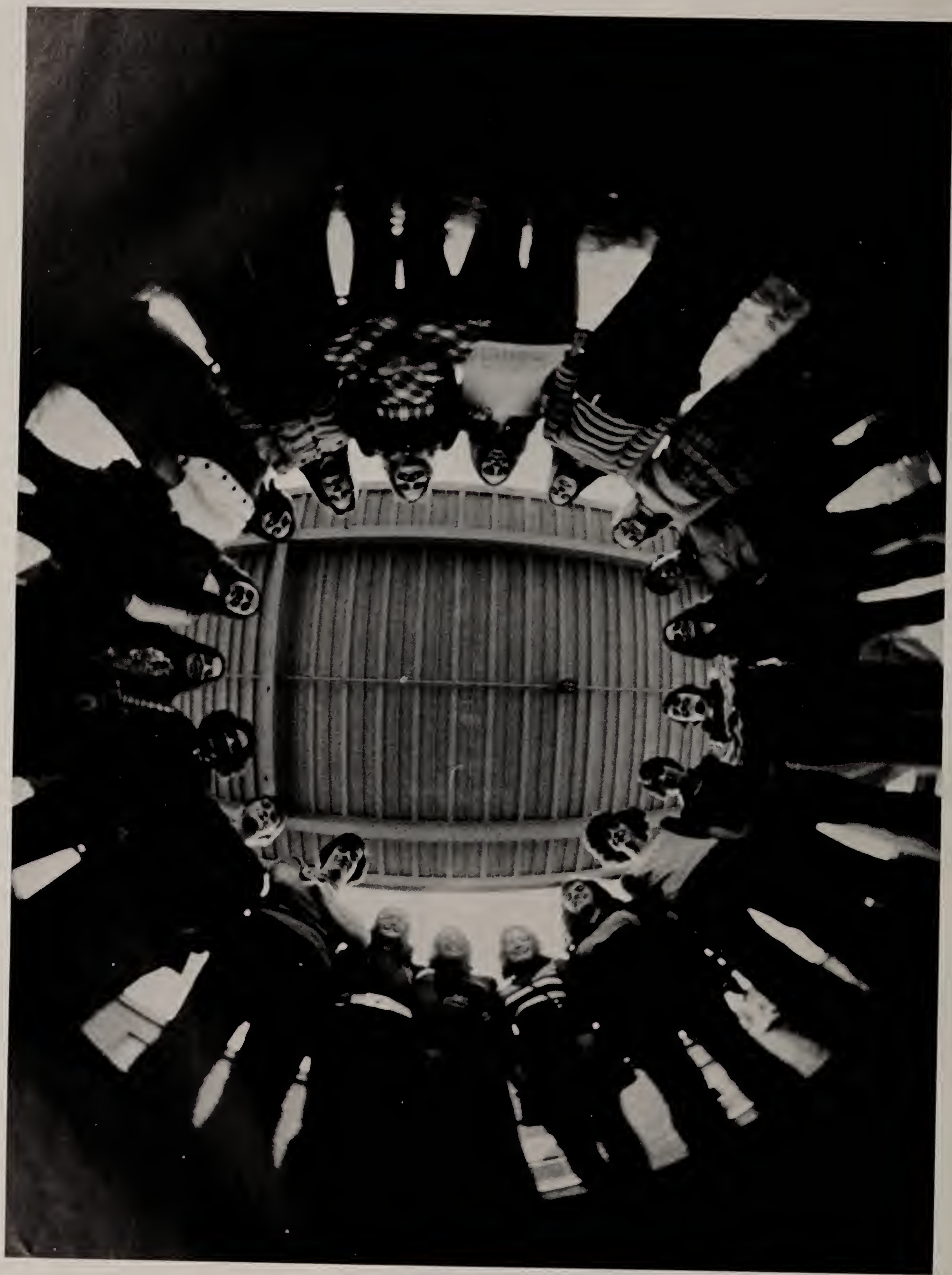


These Are The
People . . .
The Events . . .
The Things . . .
That We Have
Shared.

SECTIONS

Opening
Administration
Faculty
Seniors
Activities
Underclassmen
Friends
Sports
Senior Activities
Advertisements
Closing

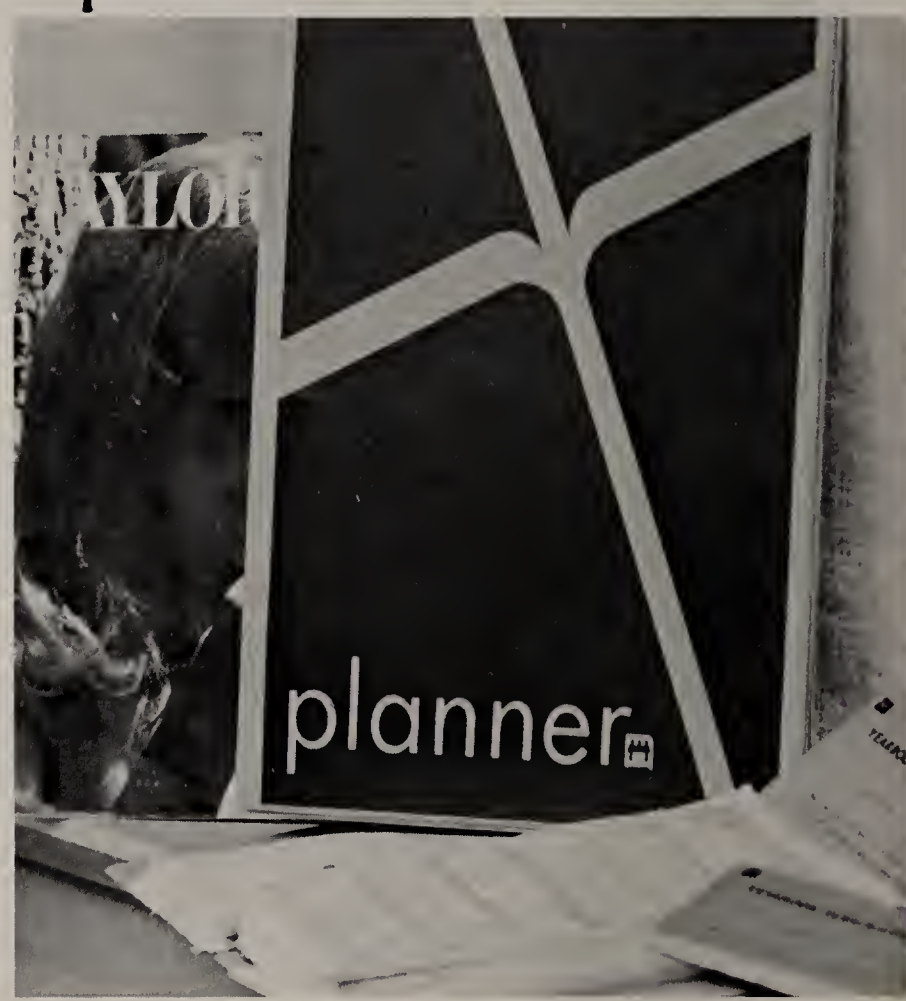




YEARBOOK STAFF

EDITOR . . . . . Gary Beauregard
CO-EDITOR . . . . . Barbara Daley
ACTIVITIES AND CLUBS . . . . . Alan Bourgery
ADVERTISEMENTS . . . . . Debbie Langley
Nancy Simonson
SENIOR SECTION . . . . . Heather Holmes
Linda Michalik
SPORTS . . . . . John Broderick
Cathy Laplante
ARTWORK . . . . . George Beauregard
Larry Toner
STAFF . . . . . Sue Beauford
Mary Bienkiewicz
Kathy Fabian
Carolyn Hechler
Barbara Kogut
Sheila McQuade
Peggie Shea
Doreen Taylor
Cheryl Turner
ADVISORS . . . . . Mr. Robert Heron
Literary
Mrs. Barbara Flanagan
Business

Look! It's a bird . . . It's a plane . . . It's . . .



Decisions, decisions!!!

What do we do now???

Smile and say "yearbook!"

INTRODUCTION

Most people can realize how boring and unappealing life would be if we were all created with the same exact tastes and personalities. Little variety of any sorts could be added to our everyday lifestyles if we were all computerized puppets.

Let's take this fictitious example and set it to the domain of our own school. Suppose we were all sports minded kids — or on the other hand — suppose we were all of the studious type. If this was the case, we would not be receiving the "full" education that school is supposed to give us.

The staff of the 1974 Epilogue has tried to bring out and display throughout the yearbook the other side of education which we are believed to receive from our twelve years of schooling. One of the most valuable lessons we can learn from our relations at school is to accept each other as individuals.

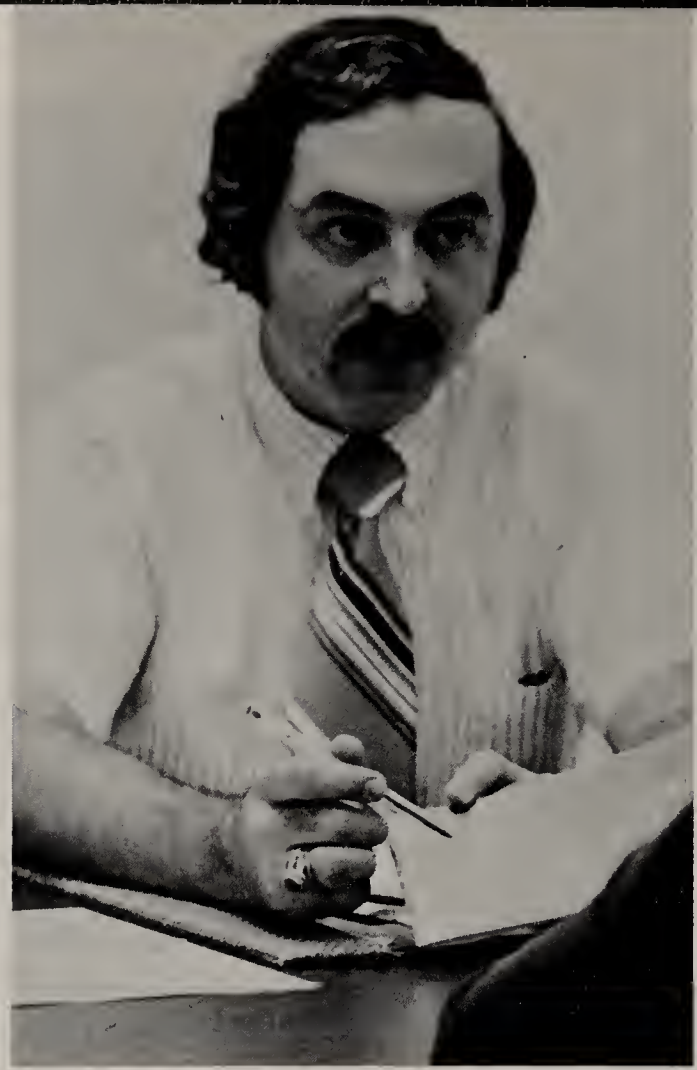
The theme of our book is one of individualism and brotherhood. In the 1974 Epilogue, we hope to portray the element in the school that promotes these two important ideas. This yearbook should not be looked upon as an epitaph for this year's senior class, but rather as a hope. The hope that through examples that we have set, that a change will develop in the minds and in the attitudes of those people which will remain at B.H.S.

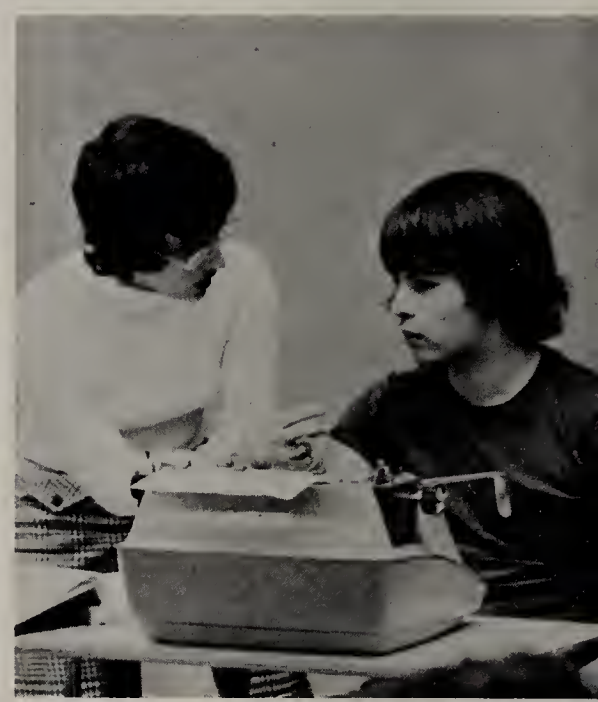
Gary Beauregard Editor
Barbara Daley Co-Editor

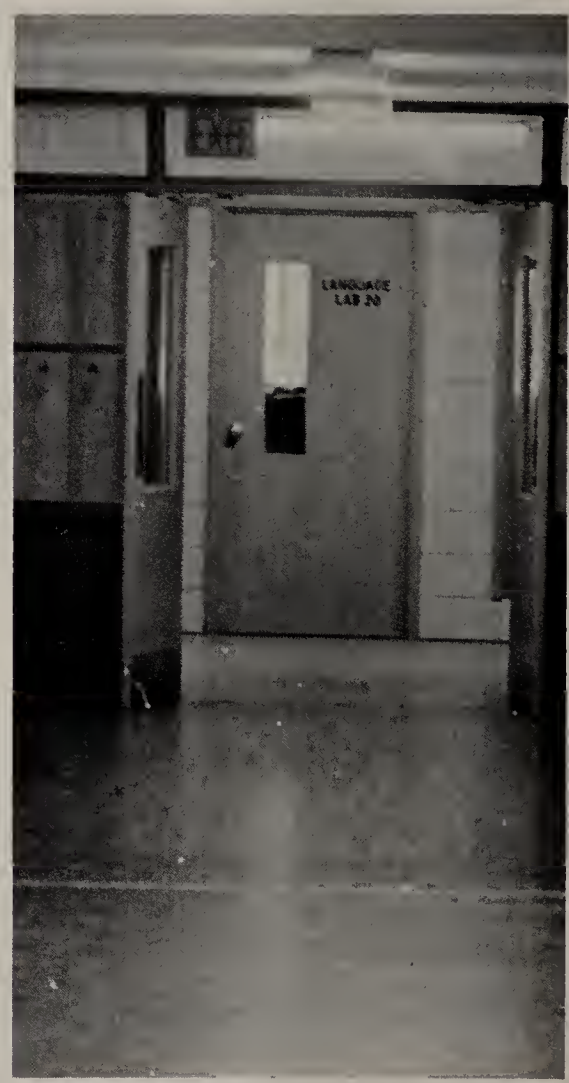
The people of the world
are not things to be manipulated,
but persons to know;
not heathen to be converted,
but persons to be encountered;
not brothers to be kept,
but brothers to be brothers.

"To Thine Own Self Be True,
So Thou Cans't Be False
To Any Other Man."

The Memories . . .







. . . Representing
What We Have Been
. . .

. . . The Hopes That Represent What We Will Be.

MISCELLANEOUS

Epilogue, for the first time in several years, contains no formal dedication. Instead, it is a testimony to a need which is present in every individual, whether young or old. That need is the one of Change.

What is the definite meaning of change? A word not bound to a list of specific possibilities, it varies from time to time, but more especially from person to person.

After many passing years, you will change from the person you are now — but this time the change will be due to the set conditions that surround you.

Your life situation right now is a delicate tightrope. Influence pushes you to one side, your personal likes counter-balancing that.

Temporary change is at least a necessity — but the change to the better way of life is an obligation you owe yourself.

The 1974 Epilogue represents a change, a change not merely in the book's tradition, but the change that will eventually become You.

George Beauregard

NOW ... GO AHEAD
and speak your MIND

ADMINISTRATION

PRINCIPAL

Vice-Principal: MR. GERARD FRAPPIER

Principal: MR. TIMOTHY CONNORS

Despite our little cartoon puns, we feel that the administrative system at B.H.S. is one of the best. Handling a school with a population such as ours is indeed a demanding task, and we feel that these three men are completing the task successfully.

Vice-Principal: MR. ROGER CANESTRARI

Secretaries

MRS. MARY TREMBA
Office Secretary

MRS. ARLENE COOPER
Office Secretary

MRS. BETTY LEWINSKI
Guidance Secretary

MRS. MARIE TRUDEAU
Guidance Secretary

Superintendent's Office

MR. ROBERT HAGEARTY
Dir. Elementary Education

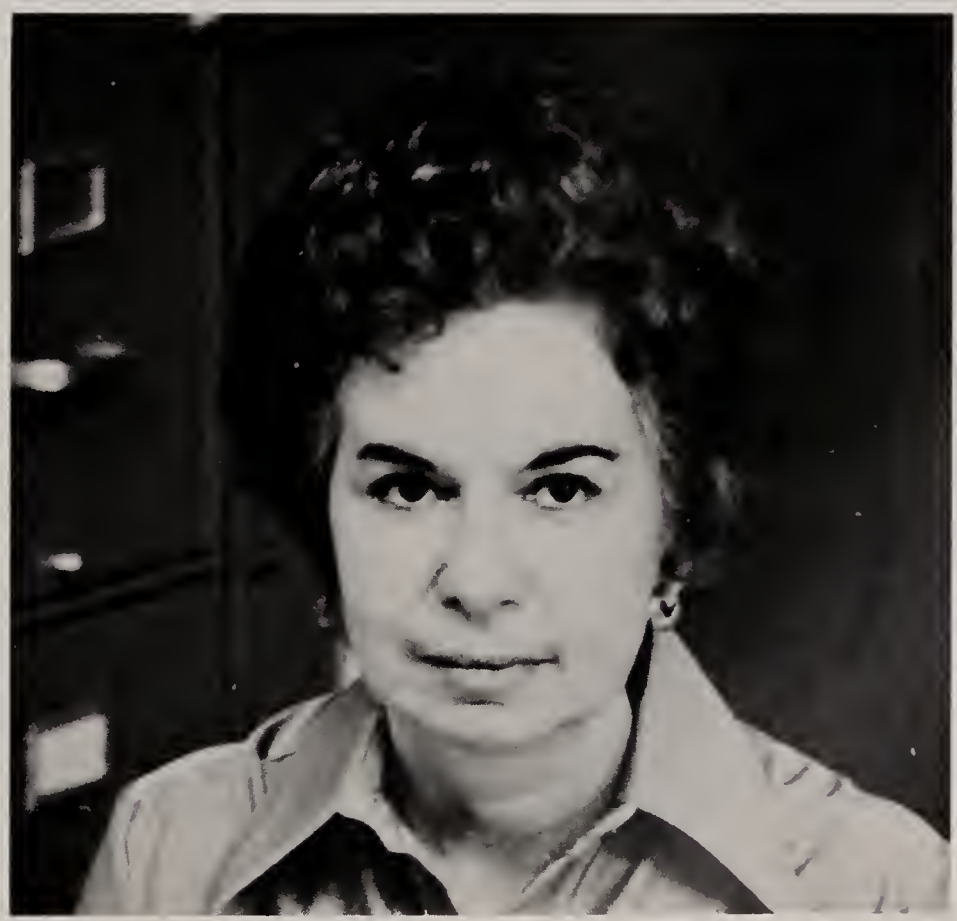
MR. ANTHONY C. MINICHIELLO: Superintendent

MR. MICHAEL REED
Business Administrator

MRS. LILLIAN YORK: Supt's Secretary

MRS. LOIS LAVIOLETTE: Supt.'s Sec.

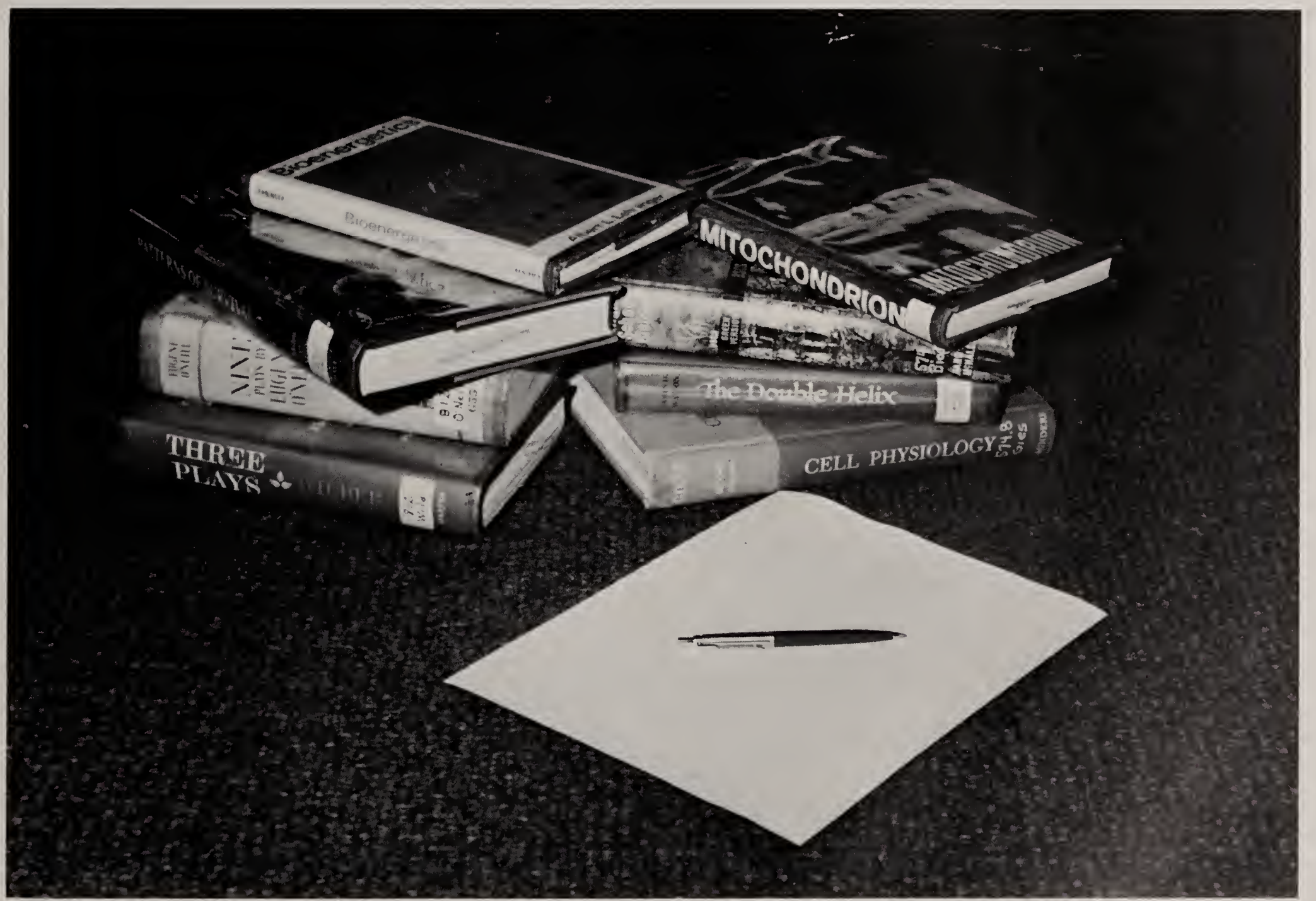
MRS. MARY CANDLIN: Supt's Secretary



MRS. CAROLE PUTT: Clerk

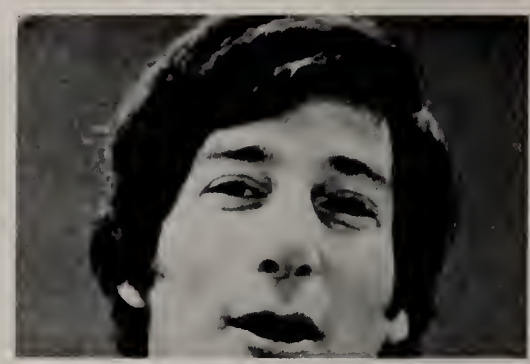
SO THIS IS WHAT YOU MEAN BY BEING THY BROTHERS' KEEPER

FACULTY


Bioenergetics
MITOCHONDRION
The Double Helix
THREE PLAYS
CELL PHYSIOLOGY

MISS LEDA SLATER
Algebra I; Modern Math; Practical Math I, II

MRS. MARTHA DALEY
Algebra I, II



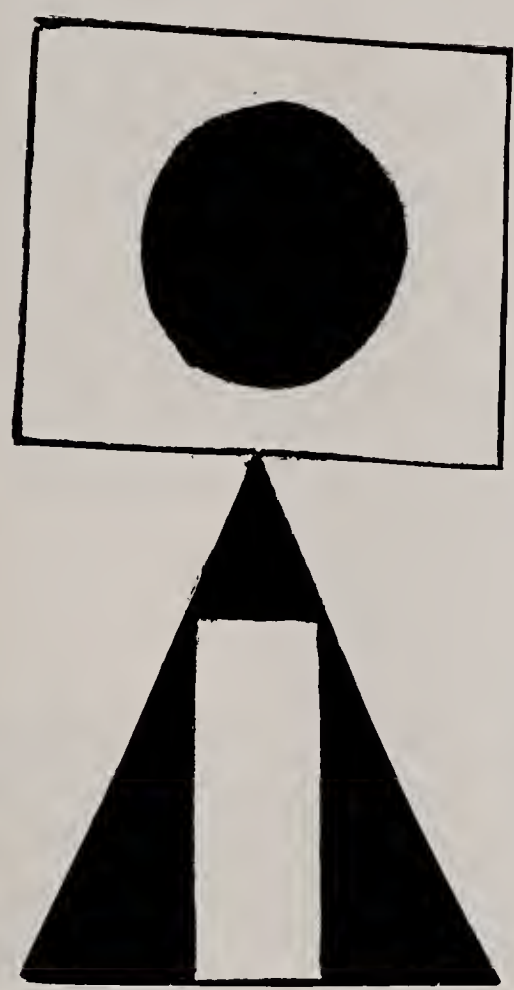
MR. DOMENICK FABRIZZIO
Math 7

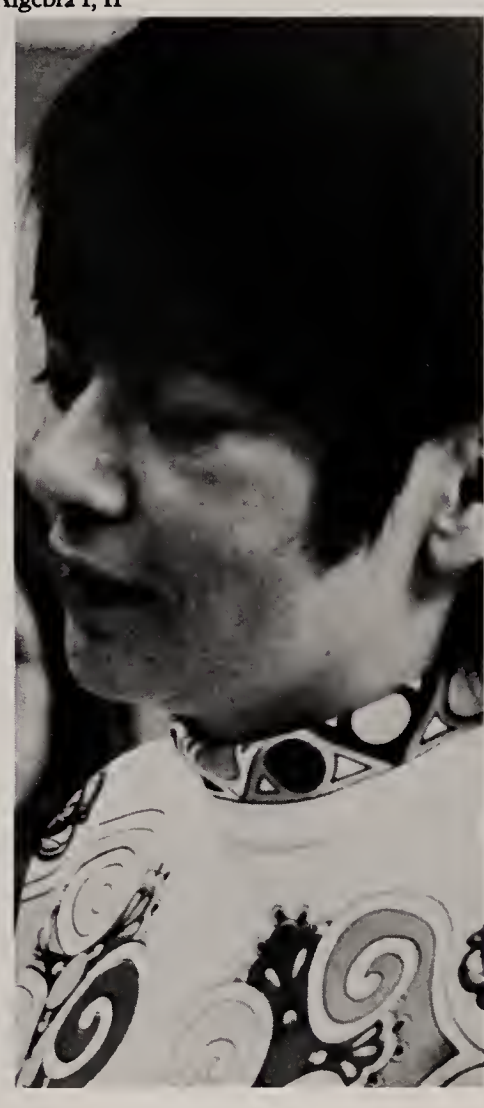
MRS. LINDA JOHNSON
Math 8

MR. GILBERT TRUDEAU
Math 7

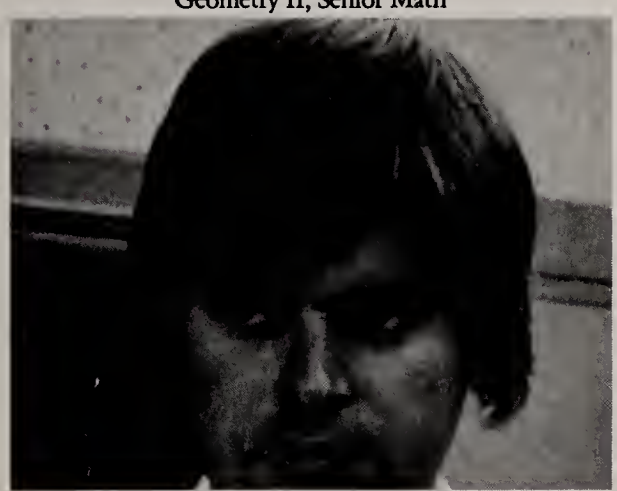
MISS BRENDA MUCCIARONE
Geometry II, Senior Math

MR. ANDRE TRUDEAU
Algebra I, II





MRS. BARBARA LIGOR
General Math



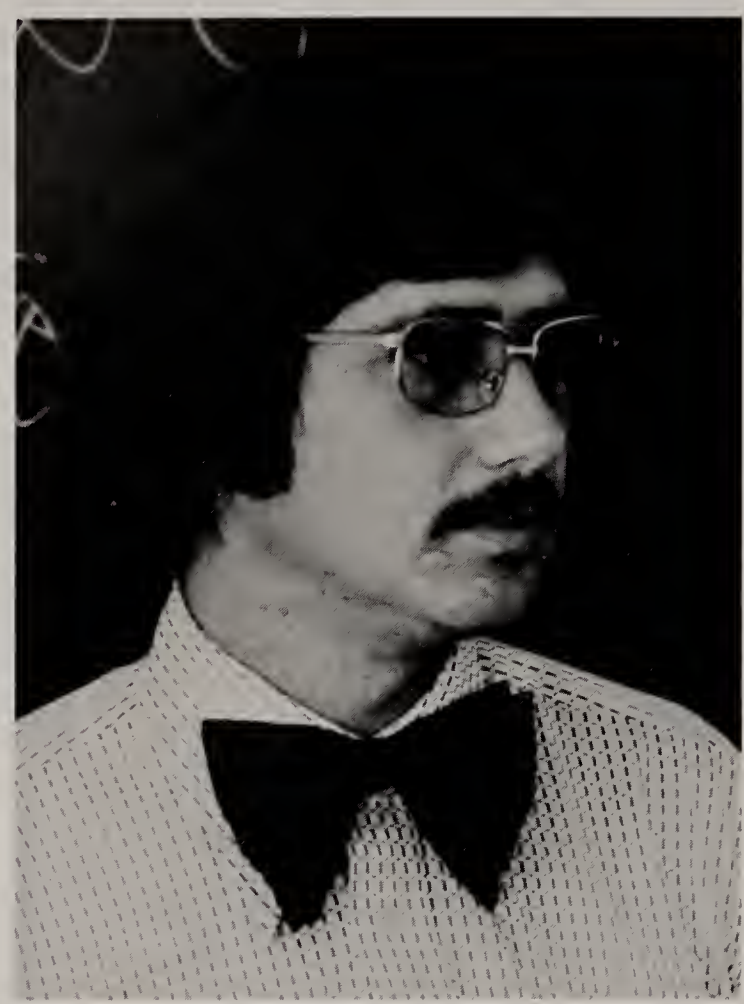
MR. GEORGE FARQHUAR
Modern Math; Physics

MR. PAUL KEARNAN, Chairman
Advanced Math; Sci. Math; Anal. Geo.

MRS. MARY ELLEN KEARNAN
Math 7

FOREIGN LANGUAGE

MISS KAREN AYKANIAN
German I, II, III, IV, Chorus



MR. PAUL COURNOYER
French

MR. VELMO CIAVARINI
Italian I, II, III, IV, Intro. to Business

MRS. JEANNE VALORIE
Dept. Head
French I

MR. GEOFFREY BOYLE
Spanish I, II, III, IV

MR. ROBERT HERON
French History; Conv. French; French Poetry

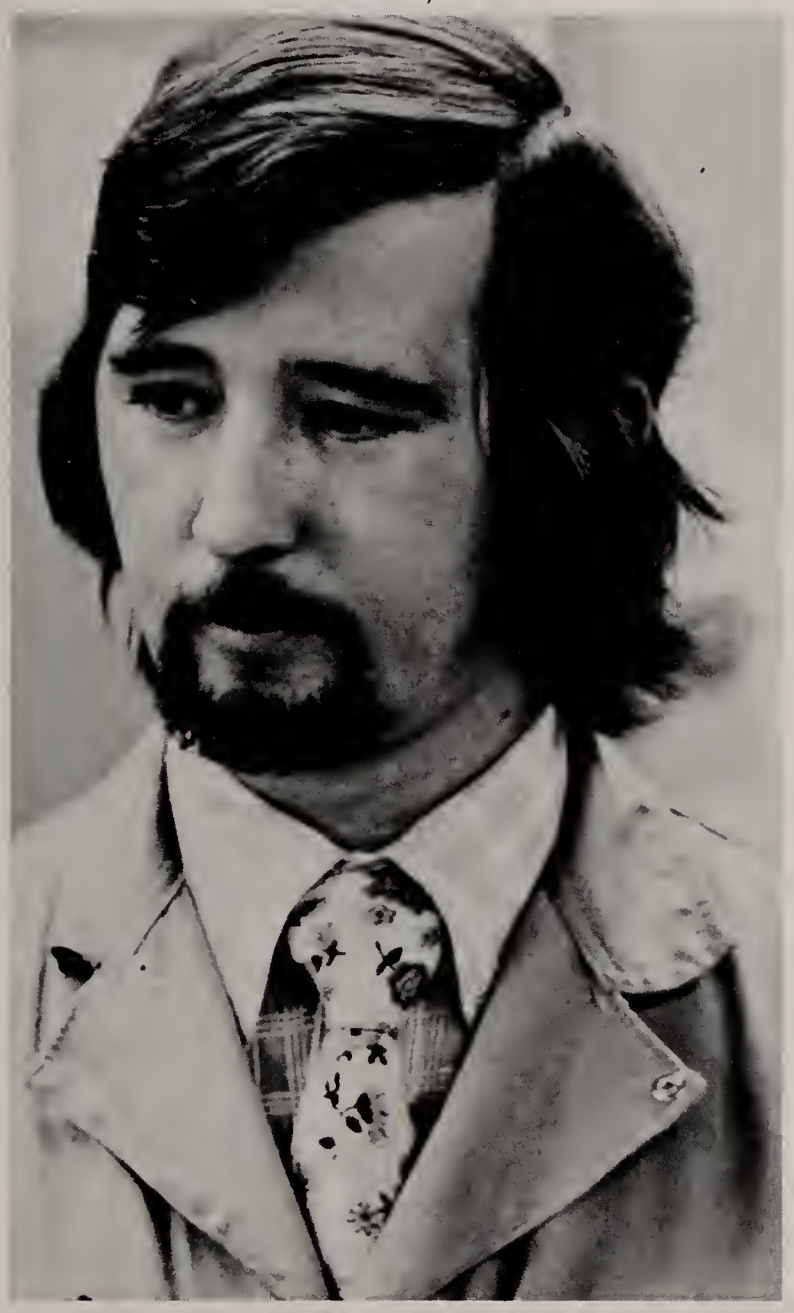
Industrial ARTS

MR. JOHN BONIN
Wood I, II, Shop 8

MR. ALFRED WADE
Drafting I, II, III, Shop 8

Department Head

MR. EDWARD BOGDAN
Metals I, II



MR. ROBERT PROVOST
Wood I, II, III

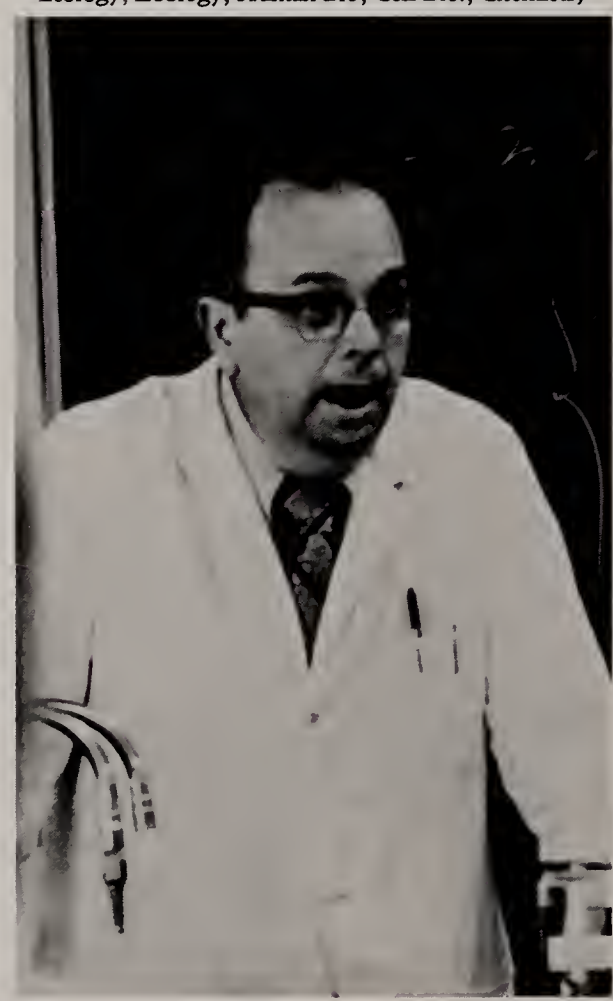
science

MR. MARCEL TARDIFF
Chemistry; Science 8; Math 7

MR. DONALD CHRISTIE
Meteorology; Physical Sci.

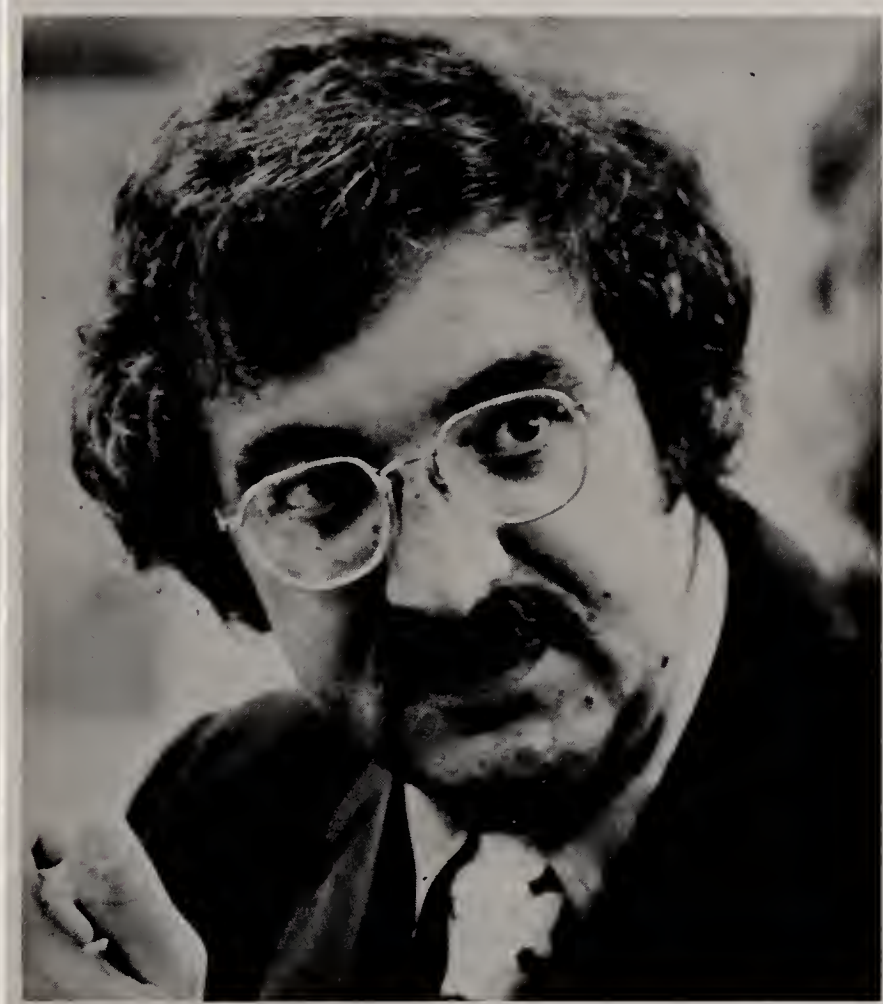
MISS MARY DAVIS
Science 7

MR. EDMUND PATENAUDE
Ecology; Zoology; Human Bio; Cell Bio.; Chemistry



MR. ROGER BISSON
General Science

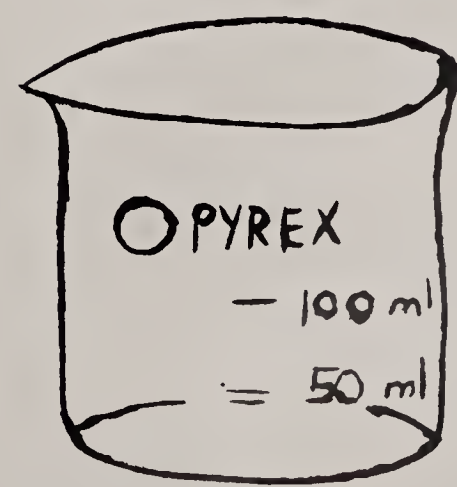
MR. LOUIS PEPIN
BSCS — Science 7



MR. PATRICK BEAULIEU, Dept. Head
Reproduction and Inheritence, Seminar Social Bio. I, II

MRS. SUSAN BONOLLO
Science 8

MISS CAROL MANNING
Food Chemistry Nutrition; B.S.C.S.; Microbiology



MISS VICTORIA BONOLLO
Math 8, Intro. to Data Processing

MRS. BARBARA FLANAGAN

Typing I; Steno II; Notehand Transcription

MRS. NANCY GRAY
Typing I
Intro. to Business

MR. JULIEN AYOTTE
Distributive Education

MR. EMILE NIEDZWIADEK
Bookkeeping I, II

Business Department

MRS. KATHLEEN DUFF
Notehand; Typing I, II; Personnal Typing

MR. BERNARD BIRON
Business Law; Civil War and Rec.

MR. FRANK ROOK
Dept. Head
Intro to Data Processing; Business Prin. and Management

MRS. JANET ROBIDOUX
Typing I; Steno I; Office Machines; Office Practice

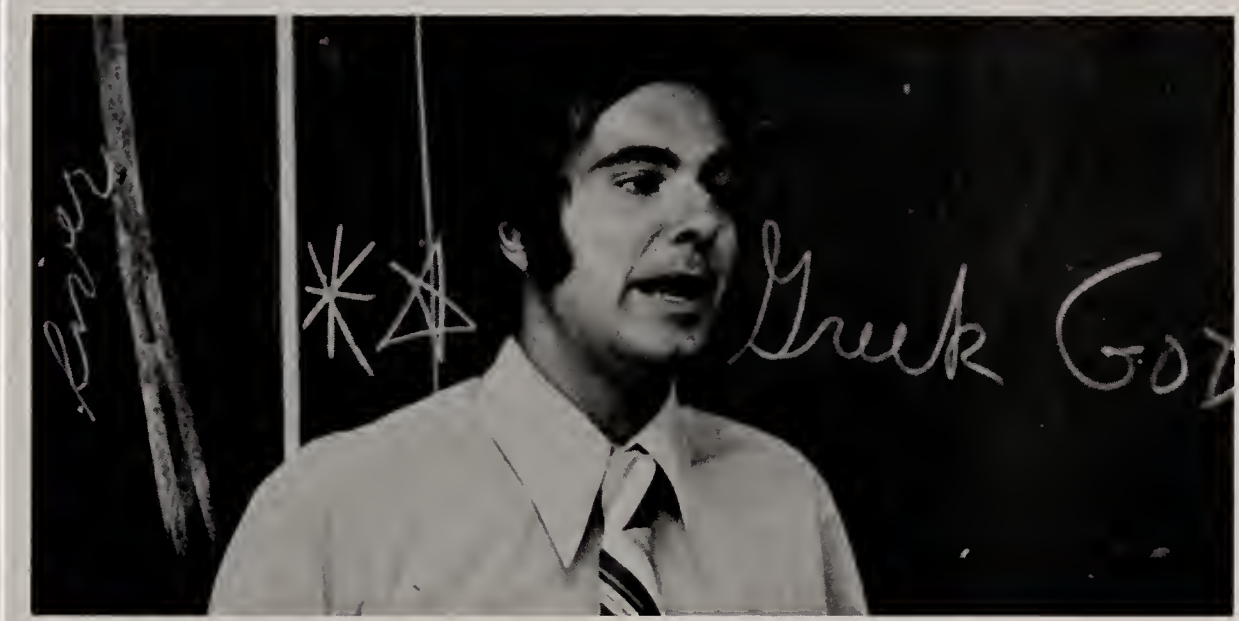
MR. JOHN THUOT
Dept. Head
Public Speaking; Bus. Eng.; Early Eng. Lit.; Intro Poetry

MRS. SUSAN HOAR
History of Drama; Shakespeare; Intro. to Short Story

MR. JOHN CLEARY
English

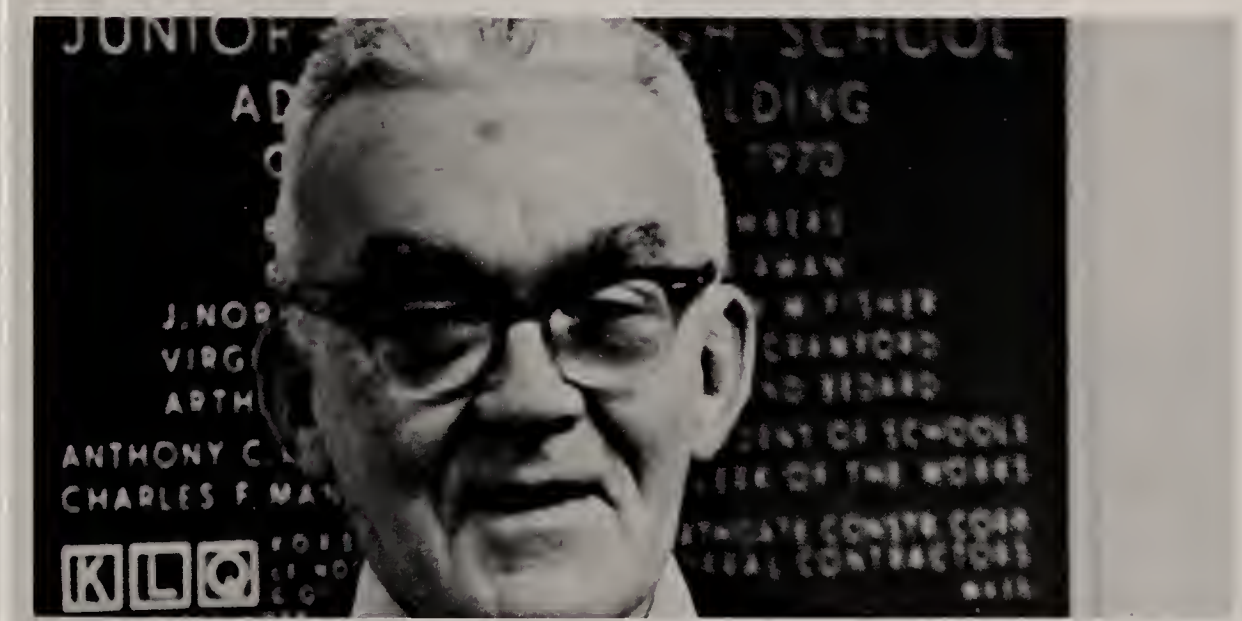
MRS. JANET LANGENBURG
English 9; Basic Composition

MRS. LORRAINE KILBURN
Remedial Reading;
Developmental Reading;
20th Century Lit.



MR. PAUL PATENAUDE
English 8

MISS CHRISTINE RIBERO
English 9
Bas. Comp. I, II



MR. PAUL SULLIVAN
English 8

MRS. CLAIRE KRAVETZ
Literature 7

MR. RALPH SIMONETTI
English

MRS. MAUREEN TRUDEL
English 8, 9

MR. GERARD BRISSON
Creative Writing; English Lit.; Drama

MR. GLEN GARIEPY
English 8, 9
Literature 8

MRS. LILLIAN PAPELIAN
English 7, 8; Developmental Reading

DRAMA

AMERICAN LIT

SHAKESPEARE

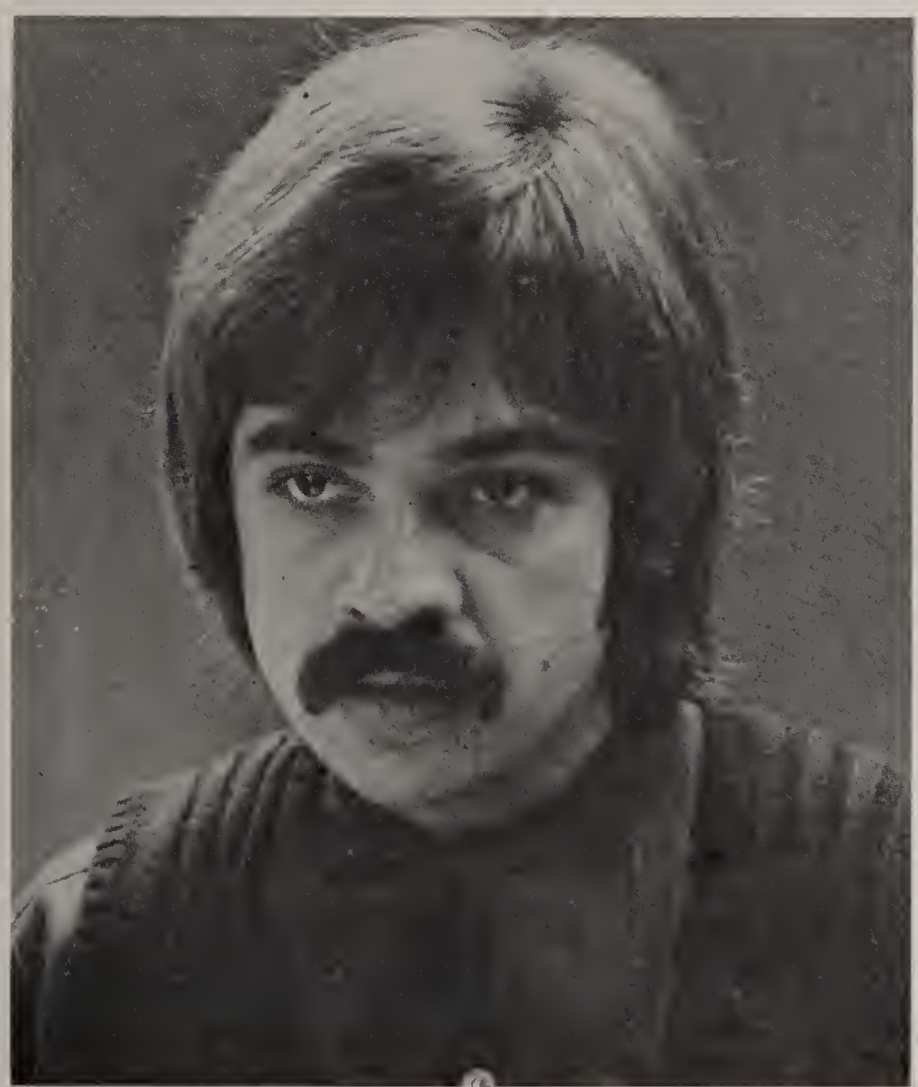
PUBLIC SPEAKING

COMPOSITION

POETRY

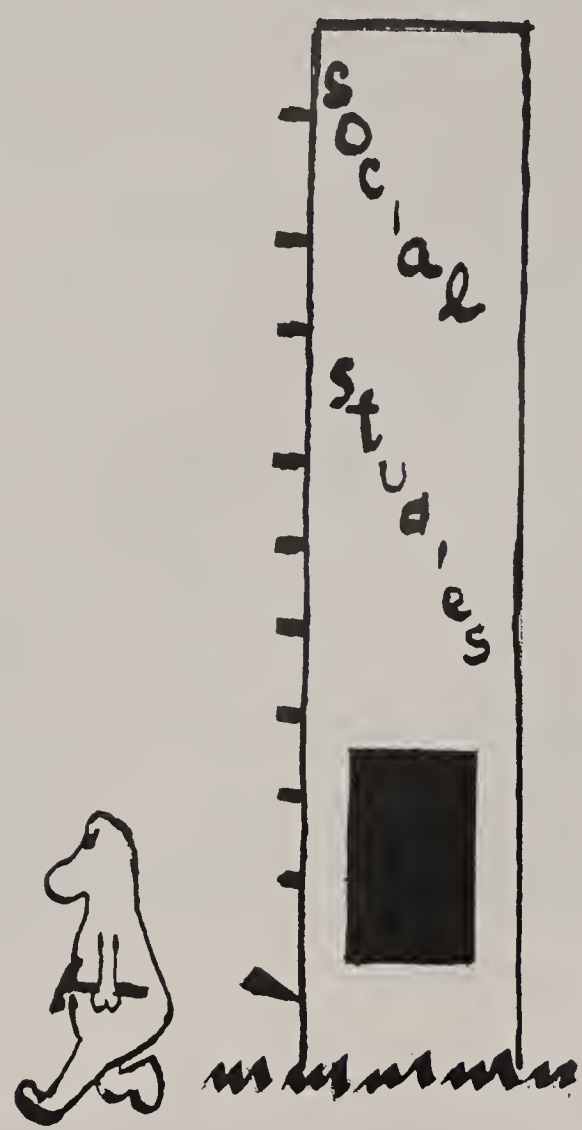
GRAMMAR

creative . . .



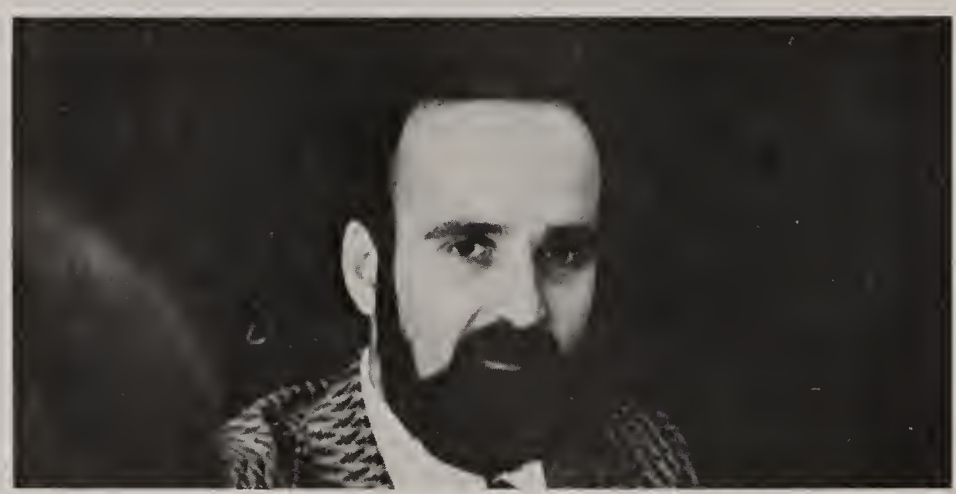
MR. ARTHUR PLANTE
English 8

MR. DAVID MORIN
Basic Composition



MR. STEVEN McDONOUGH
History 8

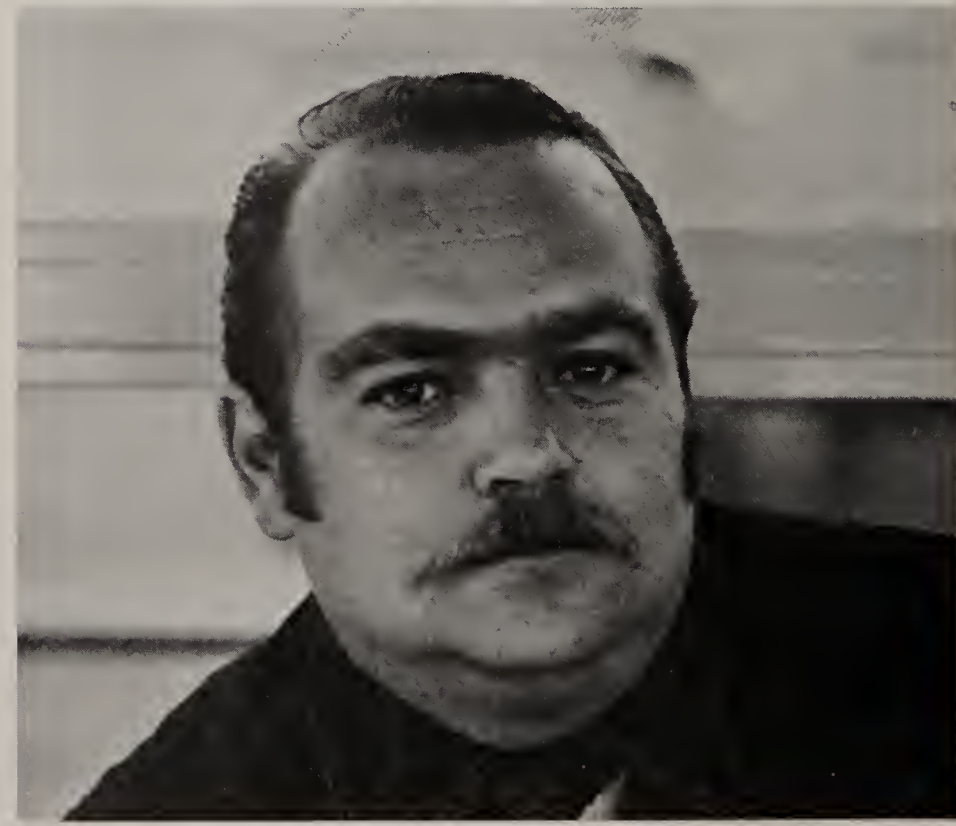
MR. DONALD HORAN, Dept. Head
American Rev.; Making of a Nation; Problems of Democracy

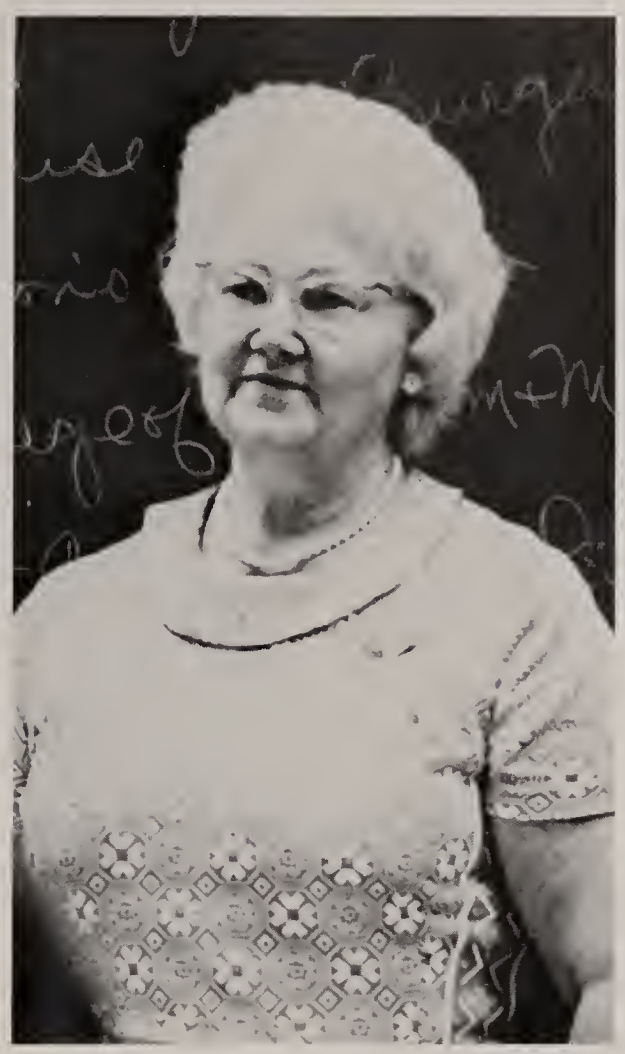


MR. OLIVIO CONTI
Sociology I, II; Afro-American History; 20th Century American History

MR. GERALD GAYER
Civil War and Reconstruction; Problems of Democracy

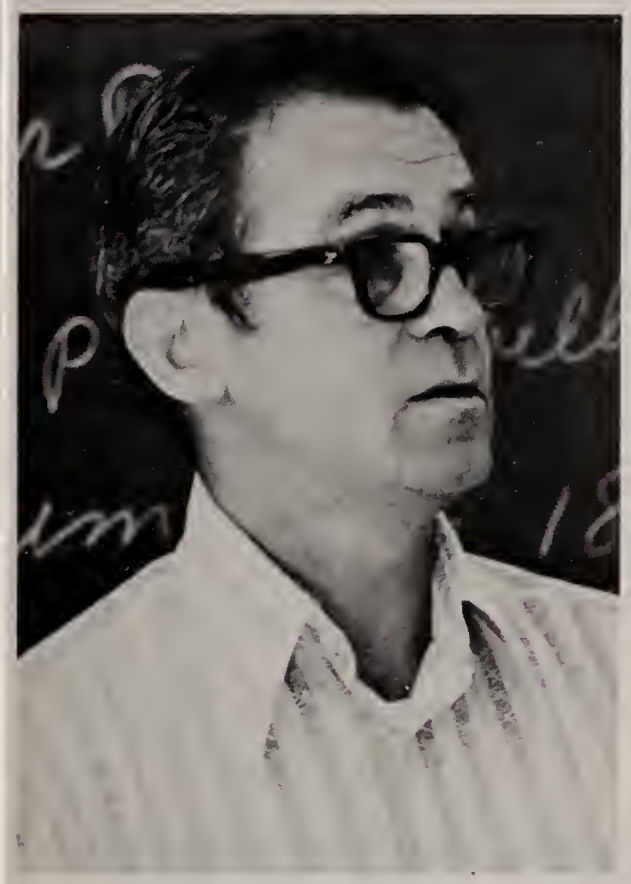
MRS. ELAINE D'ALFONSO
20th Century U.S.; Am. Rev.; Civil War





MRS. RUTH BURNS
History 8

MR. ALEXANDER KOWALCZUK
Geography 8



MR. HENRY LINDSAY
Asian History; Russian History; Civics

MR. JAMES CHEEVER
World History I

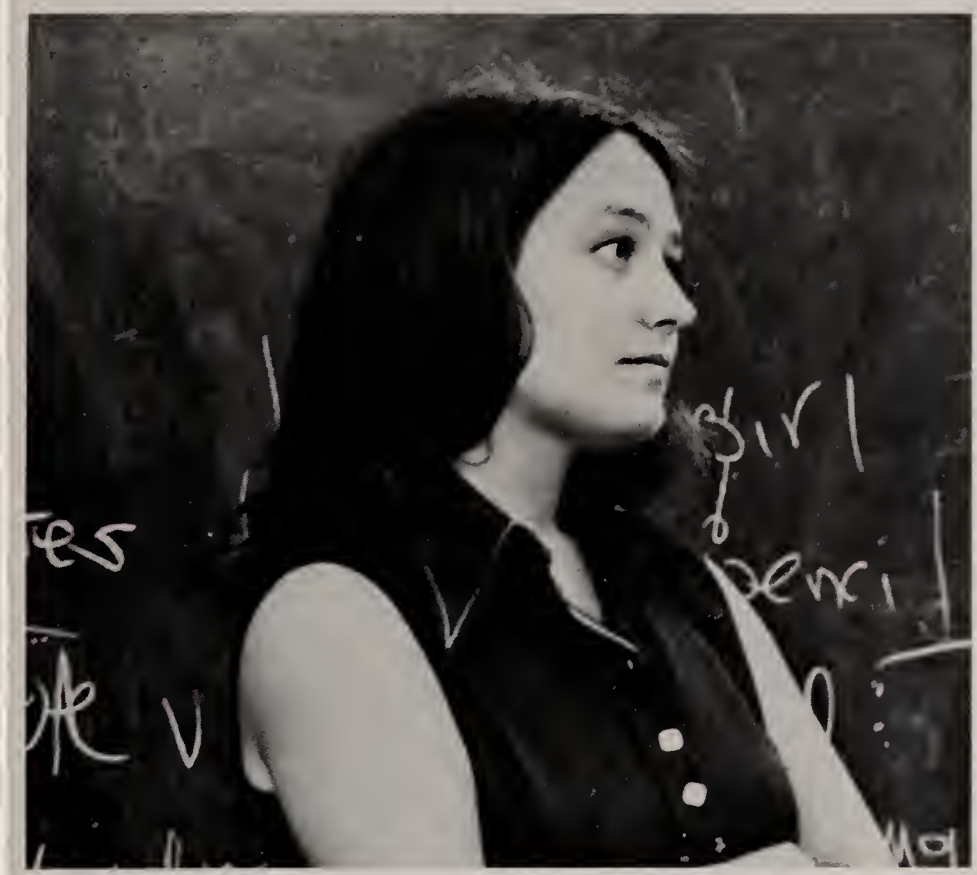
MR. EDWARD FLEURY
Geography 7

GYM

MR. JAMES BONOLLO
Boys Phys. Ed.

MR. WILLIAM DOUCETTE
Health

MISS JUDITH LAYTON
Girl's Phys. Ed.



MISS JANICE GRAHAM
Health

MR. GEORGE ANDERSON
Boy's Phys. Ed.

MR. ALEXANDER SPERA
Health

MRS. HOLLY MARTIN
Girl's Phys. Ed.

Art

MISS JOCELYN GIRARD
Art 7, 1; Ceramics; Macrame

MRS. NANCY McGLENN
Art 7

MRS. RENEE FINLAY
Ceramics; Macrame and Weaving

MRS. HELEN PIERCE
Art I, II, III, IV

MR. VYTAUTAS RASTONIS

Band Director

Music

MRS. NANCY LEHR
Home Economics

MRS. LOIS TURCOTTE
Home Economics; Home Management

home Economics

MRS. ELEANOR EVERS
Home Economics; Foods

I'M ONE OF THE CHOSEN FEW!

Seniors

74

AMANDA S. AMIOT Mandi

"Take things as they come. But try to make things come as you would like to take them."

HELEN R. ANGER

"And departing, leave behind us, footprints on the sand of time."

PATRICIA M. AREL Pat

"Pride leads to arguments; be humble, take advice and become wise."

CAROLJEAN ARNOLD Carol

"Give me your smile and I will keep it forever, pressed between the crisp clean tissue sheets of my memory."

RENO A. ATTWOOD Rene

"Intellectual passion drives out sensuality."

THERESA BAKER Teri

"To be truly happy is not only to love, but also to be loved."

DEBRA S. BARNES Barnsey

"To live is the rarest thing in the World. Most people exist — that is all."

BRAD S. BASELER Bezil

"Death is in the Mind, Life is in the Soul?"

DAVID A. BAZINET Baz

"I ascertain that if a man drank a glass of brandy every night, for 1200 months. He'd live to be 100 years old." Playboy

GARY E. BEAUREGARD

"Real education must be ultimately limited to men who insist on knowing — The rest is mere sheep herding."

GEORGE H. BEAUREGARD

"What I must do is all that concerns me, not what other people think."

GERMAINE T. BEDARD

"We do not remember days; we remember moments."

DIANE C. BELANGER

"We never know the true value of friends. While they live we are too sensitive of their faults; when we have lost them we only see their virtues."

HELEN L. BERG Hel

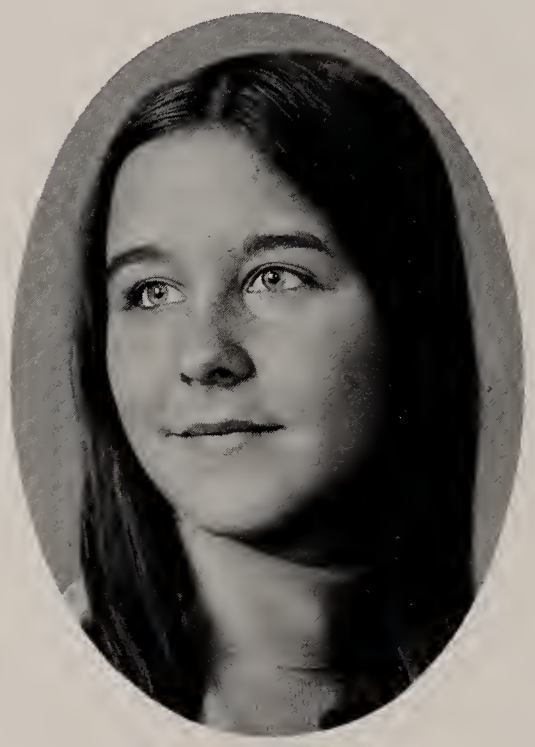
"All that is required for the forces of evil to win in the world is for enough good men to do nothing."

CHRISTOPHER J. BERGERON Chris

"When you take away a person's creativity, you take away his life."

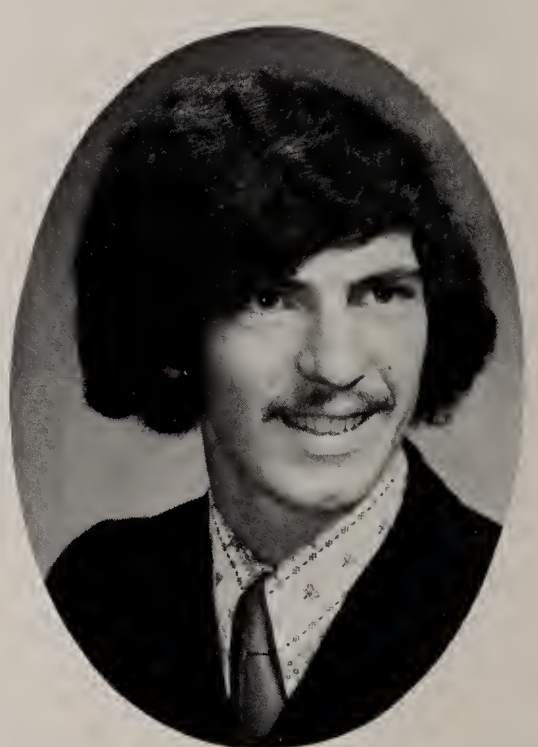
PAUL M. BERNARDI Hershal

"Just open your eyes and realize the way it's always been."



MARY T. BIENKIEWICZ

"Happiness adds and multiplies as we divide it with others."



MICHAEL R. BILEAU Sidney

"Live life to the fullest, but don't get caught."

LAURA V. BIRON

"Gratitude is something of which none of us can give too much. For on the smiles, the thanks we give, our little gestures of appreciation, our neighbors build up their philosophy of life."

SUSAN S. BLADES

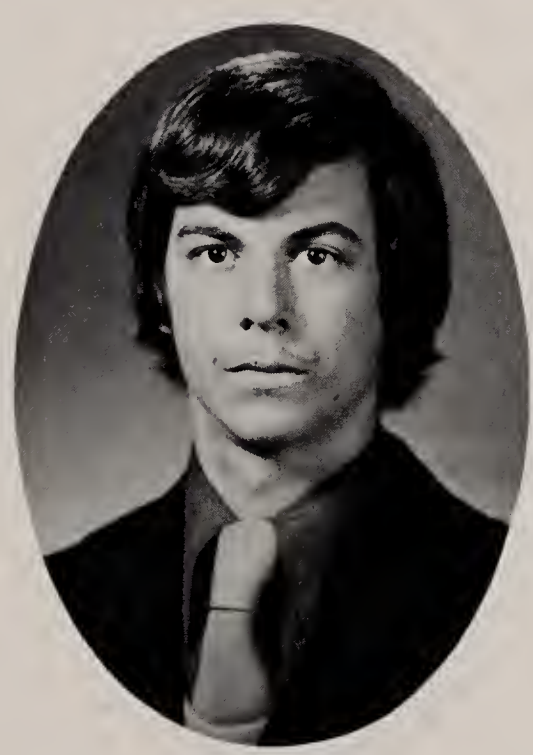
"You never know how fortunate you are until you've seen someone else's misfortunes."

BRADFORD W. BONNELL Bunny

"Look toward the future."

ROBERT J. BORDEN

"In these times you have to be an optimist to open your eyes when you awake in the morning."



ALAN R. BOURGERY

"Knowledge makes one laugh, but wealth makes one dance."

KATHLEEN BRENNAN

"It's not who you love, or what you love, but that you love."

JOHN M. BRODERICK Jackie

"Emulate the turtle, he only makes progress when he sticks his head out."

LINDA J. BROWN Kris-Kee

"And suddenly nothing is the same except the promise of the future."

DEBRA C. BRUNELLE Bunky

"Words are too poor and too scant to express the inner most feeling in the heart of man."

FRANCIS P. CACCAVELLI Cac

"He who cannot forgive others breaks the bridge over which he must pass himself."

DONNA M. CANESI Canace

"The greatest essentials of happiness are something to do, someone to love, and something to hope for."

"We went from one world into another that was almost exactly like it, forgetting right away where we had come from, not caring where we were headed, living for the moment."

WILLIAM Y. CARR Arnold

"When a man points a finger at someone else, he should remember that four of his fingers are pointing at himself."

JUDITH A. CARRIER Judy

"My gift to the world will be an enduring love and patient understanding."

CELIA N. CHAFEE Tootsie

"The wit of conversation consists more in finding it in others than in showing a great deal yourself."

DENNIS M. C. CHAMPAGNE

"A fish wouldn't get in trouble if he kept his big mouth shut."

SUSAN B. CHAMPEAU Sue

"Now man may live and man may die searching for the question why, but if he tries to rule the sky — he must fall."

CATHERINE L. CHANDLER Cathy

"Life is what you make it."

JOHN D. CHIAPPONE

"If you can fill the unforgiving minute with 60 seconds of distance run, then the earth is yours, at what is more you'll be a man my son."

KAREN P. CHOQUET

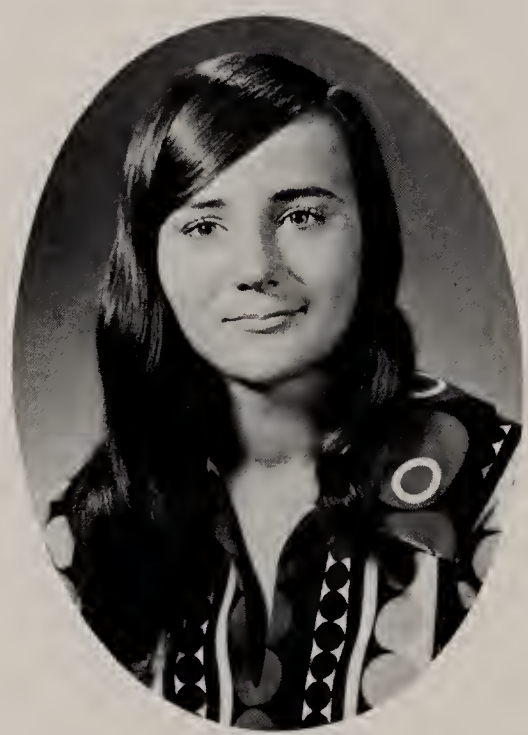
"Without love — we are nothing."

DAVID B. CIBLEY

"Now I know how many holes it takes to fill the Albert Hall."

KAREN CIFIZZARI Crit

"Don't judge a man by his failures in life, for many a man fails because he is too honest to succeed."



LINDA L. CLARK

"To give love is a joy, but to be loved is even more pleasurable."

DONNA M. COFFEY

"And the love that I feel is so far away; I'm a bad dream that I just had today — and you shake your head and say it's a shame."

DONALD W. COFFIN Donny

"All that is necessary for the triumph of evil, is that good men do Nothing."

DEBORAH J. CONKLIN Debbie

"Life isn't worth living without disappointments."

DONNA A. COOK Cookie

"The heart that has lov'd, will never forget."

JAMES COOK Jimmy

"Position is only what you are yourself and what you give to those around you."

CINDY M. COSTA

"Love can be kept only by giving away."

GARY R. COTE

"A mirror reflects a man's face, but what he is really like is shown by the kind of friends he chooses."

SANDRA M. COURTNEY

"God grant me the serenity to accept the things I can not change, Courage to change the things I can and Wisdom to know the difference."

RANDY DAIGNAULT Chief

"Great leaders are produced on football fields."

BARBARA E. DALEY

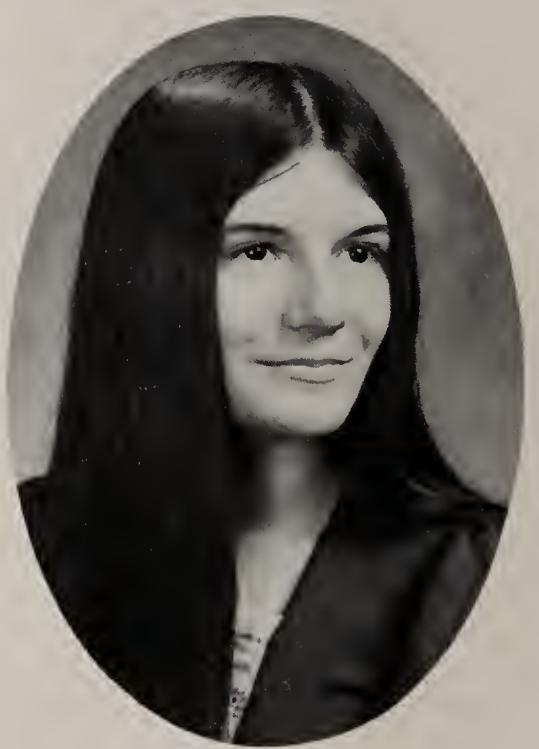
"Life is to be lived, not endured."

LUCILLE G. DALPE Lu

"A face that can always smile, is always good."

ESTELLE DENOYELLE

"Wild horses couldn't drag me away."



GINA M. DiCRISTOFORO

"The first act of my life is over; the curtain is about to rise for the second act."

SANDY L. DOMMETT

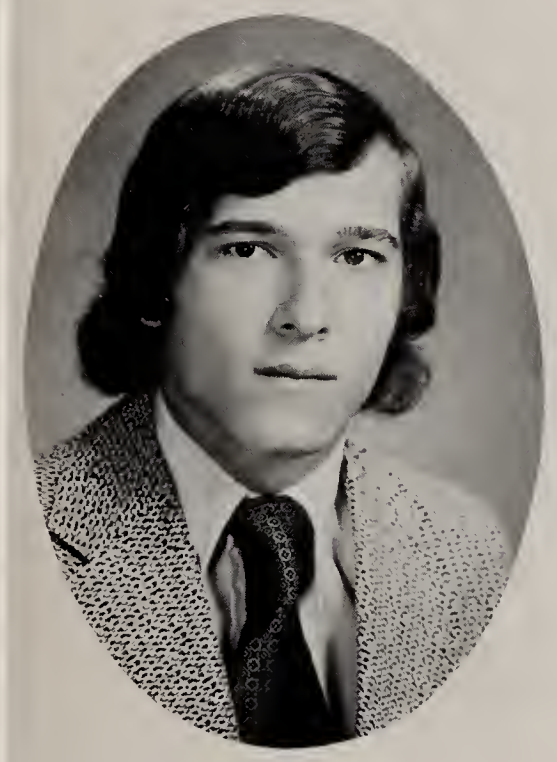
"Be yourself or you are no one!"

ALBERT DORVAL

"The world is round and the place which may seem like the end may also be only the beginning."

SHIRLEY R. DULUDE Shirl

"If someone has no smile to give you, give that person yours!"



PAUL D. DUPRE Dupa

"Many dreams come true and some have silver linings, I live for my dream and a pocketful of gold."

STEVEN R. DUPRE Cotton Boy

"It lies not in our power to love and hate, for will in us is overruled by fate."

WENDY J. EATON Wen

"Don't believe what your eyes are telling you, All they show is limitation."

CHERYL A. EDWARDS Edwards

"If you speak and act with pure thought, happiness follows you like a shadow."

KATHLEEN M. FABIAN Kathy

"Be yourself. Who else is better qualified?"

GEORGE T. FAFARD
"I'll get over it."

LORI-JEAN FAFARD Lori

"It's good to be a seeker, but sooner or later you have to be a finder."

KYLE J. FARRAR Fra

"All the world is a stage."

SHARON K. FARRAR Sha

"God, help me keep a resolution that I make today; not to walk head high even one more time past someone I can help."

DORIS V. FERLAND

"It is never any good dwelling on good-byes. It is not the being together that it prolongs, it is the parting."

SCOTT A. FERRIS

"I'm confused as to which way to go."

DEBORAH M. FISHER Debbie

"Originality doesn't consist in saying what no one has ever said before, but in saying exactly what you think yourself."

CATHERINE A. FLYNN Cathe

"Troubles are often the tools by which God fashions us for better things."

GRACE FRANCO Grae

"If you choose a path without any obstacles, it probably doesn't lead anywhere."

ROSEMARY A. FRINK Rosy

"Don't you feel a change a coming from another side of time, breaking down the walls of silence lifting shadows from your mind."

MARY J. GALUZA

"Be satisfied with success of even the smallest matter."

CATHY L. GAUDINI Cath

"Speak your truth quietly and clearly, and listen to others, they too have their story."

KENNETH H. GLOSE

"Good things come in small packages."

JOSEPH V. GLOWKA Joe

"I celebrate myself."

DEAN J. GORMAN Gorm

"Life isn't as hard as it seems."

ARTHUR E. GOSSELIN Sam

"The road to hell is paved with good intentions."

RICHARD J. GOSSELIN Rick

"Take life as it arrives, but take all that life gives."

ROBIN M. GREENO

"I don't know what to say."

LINDA M. GROUX

"I thank God for my mother as for no other gift of his bestowing."

DAVID L. HAMMOND

"Don't measure a person on someone elses opinion, most likely it is wrong."

WILLIAM M. HAMMOND Bill

"Celebrate your misfortunes and you'll never be unhappy."

TIMOTHY M. HAND The Goat

"Live happy, live free."

PATRICIA HASWELL Patty

"There must be someone who can set them free: To take their sorrow from this odyssey, to help the helpless and the refugee, to protect what's left of humanity."

CAROLYN J. HECHLER Hacka

"The happiest moments of my life have been in the flow of affection among friends."

MICHAEL HETU Leroy

"I never have nothing to say."

HEATHER A. HOLMES

"Dream what you dare to dream, Go where you want to go, Be what you want to be . . . Live"

JAMES E. HOWLAND Jim

"God provides the meat, and the devil provides the cook."

CHERYL A. IACIOFANO

"I am me, and no one, is going to change that. I learn through my own mistakes."

CINDY L. INGARGIOLA Ingi

"With God by my side, I shall take a day at a time and learn from my experiences!"

KIM J. JOHNSON Kimba

"It could be rough, but it could be fun!"

ROBIN G. KALNICKI

"In order to learn one must first admit he does not know."

DOROTHY E. KEANE Dot

"My friend is one whom I can associate with my choicest thoughts, for the language of friendship is not words but meanings. It is an intelligence above language."

EDWARD A. KEATING Ed

"Common sense, then perception is the key to understanding."

GEORGE W. KEEFE Sunshine

"How would you be if He who is the top of judgement should but judge you as you are."

KAREN A. KELLY

"Sharing with someone . . . How can I lose?"

DOROTHEA KNUST GRAICHEN

"Just once let the wind blow through me, let me breathe free."

BARBARA M. KOGUT

"I chose the road less traveled by; And it has made all the difference."

ANDREA J. KOZIMOR Andy

"There's so much left to know, and I'm on the road to find out."

CYNTHIA G. LABONTE Cindy

"All that we see or seem is but a dream within a dream."

RUSSELL K. LAMARRE

"My life is like a book, just turn the page."

PAULINE G. LAMOTHE

"Life can only be understood backwards; but it must be lived forwards."

SUE M. LAMOUREAUX Stretch

"One who trys and fails, is far much better than one who does nothing and succeeds."

DEBORAH ANN LANGLEY Debbie

"When I see a person without a smile, I want to give them mine, for all is wasted that is not given away."

CATHERINE M. LAPLANTE Tin

"Dare to be happy — don't shy away, Reach out and capture the joy of today!"

MARCIA LeBEAU Marcy

"Laugh at yourself first, before anyone else can."

DIANE M. LECLAIRE Eclair

"Dream on till your dream comes true."

DENISE J. LEMIRE

"Love as if tomorrow you shall die."

LINDA V. LEMIRE Little One

"How often we wish for another chance to make a fresh beginning, a chance to blot out our mistakes and change failure into winning."

FRANCINE LOVELESS Franc

"Happy is he who thinks himself so!"

SANDRA M. LUCIANO Sandy

"Yes I'm like him, just like you. I can't tell you what to do. Like everybody else I'm searching through what I've heard."

ESTELLE I. LUSSIER Dizzy

"A woman's sword is her tongue, and she does not let it rust."

CYNTHIA A. MACINTYRE Cindy

"Hatred stirs up strife, but love conquers all offenses."

KEVIN G. MAINES Sparke

"I didn't mind if they groomed me for success or if they said I was just a fool for these things too shall pass away."

DONNA M. MARTEL

"It is well to give when asked, but it is better to give unasked, through understanding."

KENNETH D. MARTIN Kenny

"The world is a funny paper read backwards. And that way it isn't so funny."

MARC H. MASSON

"Thinking is the hardest work there is, which is the probable reason why so few engage in it."

CHERYL L. McMASTER Speedy

"Perfection is no trifle, but trifles make perfection. As nothing is impossible until you try it."

SHEILA A. McQUADE

"Nature gave men two ends — one to sit on and one to think with. Ever since then man's success or failure has been dependent on the one he used most."

WALTER J. MENDZELA Moon

"There is nothing neither good or bad, but thinking makes it so."

ROBERT MESSIER Bob

"Oh isn't it funny how when times are bad you only look back at the troubles you had, and now it seems like they were never there at all."

LINDA A. MICHALIK Mickey

"You look around, things astound you. So breathe in deep, you're not asleep. Open your mind."

JULIE E. MOLLOY Jules

"To love him with all my heart, that's the reason I was born."

LISA A. MUCCINI Lee

"It's only the giving that makes you — what you are."

JEANNE M. MULLANEY

"You can fall under the spell of astrology and plan your life accordingly. Or you can go beyond it and control the star power yourself."

SUSAN M. NICHOLSON Sue

"Within your heart keep one still, secret spot where dreams may go."

STEPHEN OLIVER

"Not to know certain things is a great part of wisdom."

VALERIE L. OLIVER

"Love sees not with the eyes but with the mind; that's why cupid is painted blind."

DEBRA E. PARISI Debbie

"I am on my journey inward to meet the truth. I will find it."

DONNA A. PATRICK

"They that know no evil will suspect none."

NANCY M. PATRICK Nanc

"Life is beautiful when you have someone to love."

RUSSELL G. PELOQUIN Pel

"GTO. The mean machine."

BRIAN V. PERRICO

"You must howl like a wolf to run with the pack."

WALTER A. PERRY Dingle

"We do not know what education could do for us, because we have never tried it."

CECILE A. PIETROSZKIEWICZ Ceil

"Loving, and being loved by a certain someone is one of the most beautiful experiences a person could ever have!"

NORMAND W. PLANTE Pops

"Life is what you make it."

JANICE S. PLOUFFE

"It matters not what you are thought to be, but what you are."

SUSAN PLUMER Sami

"Some people look at things as they are and say why? I dream things that never were and say why not?"

ALICE R. POULIN

"The heart has reasons but that reason does not understand."

RICHARD W. PRESTON Rick

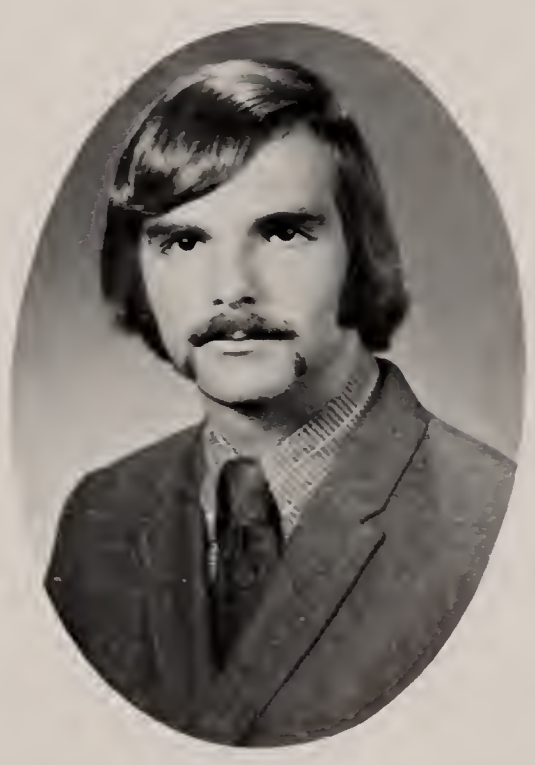
"Man is lent to life, not given."

FRANCIS J. PRIOR Frankie

"The noblest of all studies is the study of what man is and of what life he should live."

SANDRA A. PROVENCIAL Waddles

"Love forgets mistakes; nagging about them parts the best of friends."



KEVIN A. RANDALL Kev

"Old and true friends are never to be forgotten."

THOMAS M. RANIERI Buff

"The toughest thing a person can do is to express themselves to people that mean something to them."

RONALD RECORE Ron

"If I make a mark in time, I can't say the mark is mine. I'm only the underline of the word."

JANET E. RICE

"Love is laughter, close friends, and smiling when you're sad to please others."

PAULA J. RICHARDS George

"Love is the strangest thing in life, once you have loved and are happy, you wish you had loved sooner. Once you have loved and are hurt, you wished you never had loved at all."

GISELE M. RIVARD Ge

"Everytime I look in the mirror all these lines in my face getting clearer."

LINDA J. RIVARD Rip-Off

"You gotta live for yourself, for yourself, and nobody else."

MICHELLE A. RIVARD Mitch

"It is difficult to live in the present, ridiculous to live in the future, and impossible to live in the past. Nothing is as far away as one minute ago."

SUSAN K. ROGER Sue

"To give love is to receive love."

DAVID L. ROY Dave

"Let he who wants, take what he wants, with his love of life, and give not just to anyone but himself."

STEPHEN E. RUSSELL Mouse

"Dog is man's best friend, because he forgives."

KAREN E. SAUNDERS Cris

"If you're afraid — hold my hand because I'm afraid too."

MARC S. SAUNDERS Mapo

"Love is two faced — It costs nothing to give but it's priceless to get."

MARGARET A. SHEA Peggie

"You ought not to educate a woman as if she was a man or to educate her as if she were not."

JOHN S. SIKONSKI

"Many times I've lied.
Many times I've listened.
Many times I've wondered
just what there is to
know!"

NANCY E. SIMONSON Simonize

"The most thoroughly wasted of all days is that on which one has not laughed."

DEBRA L. SLATKAVITZ Debi

"The world is hard to love, though we must love it because we have no other, and to fail to love it is to not exist at all."

JACQUELYN F. SMITH Jackie

"With a lot of help from God: I made it."

MICHAEL D. SMITH Sheik

"Someone tell me what I learned because I forgot."

WENDY L. SMITH Winnie

"Since God made us to be originals, why stoop to be a copy."

MARIE D. SPEAR

"Everyone of us exist — how many of us really live?"

GLORIA G. STANLEY

"A mans a man who looks a man right between the eyes."

MARIETTA SURRETTE Etta

"Forever and ever since life began this meeting with you was part of God's plan."

MARSHA L. TAHQUECHI Mandy

"What I am is God's gift to me, what I become is my gift to God."

DOREEN M. TAYLOR

"Happiness, Friendship, Love. I'm the richest person in the world, I possess all three."

JAMES C. THOMPSON Rocky

"Learning without thought is useless; thought without learning is dangerous."

RUTHANNE THOMPSON Ruthie

"I live for what I am and not for what they make me to be."

LAWRENCE TONER Larry

"The ignorant man becomes angry; the wise man understands."

PAUL TRITES P.T.

"What can I do. For I am just one clown, on this circus they call earth."

NANCY A. TRUDEAU

"Friendship is everlasting love."

SANDRA A. TRUDEL Sandy

"We're free to go where we wish and to be what we are."

CHERYL L. TURNER Cheri

"I've got to be where my spirit can run free. I've got to find my corner of the sky."

KEVIN D. TUTTLE

"If no one cared, where would I be?"

DONNA A. USENIA

"I can resist anything but temptation."

JOANNE VAIL

"Until you've seen this trash-can dream come true, you stand at the edge while people run you through and I thank the Lord there's people out there like you."

INGRID VAN HELDEN Inga

"Education is the art to life."

WILLIAM J. WALKER, JR. BJ

"Why should I follow the crowd when I'm capable of leading it."

VINCENT A. WENTWORTH Vinnie

"Progress is one of man's greatest achievements, yet, it is one of man's greatest conflicts."

WILLIAM E. WHALLEY Bill

"If gold rusts, what then shall iron do?"

SCOTT L. WHEELER Flea

"How high can we fly."

LYNNE K. WHITLEY

"With him beside me the rest of my life. The years ahead will be the best of my life."

DEBORAH P. WITHROW Debi

"To do a great right, do a little wrong."

JANICE M. WITKOWSKI

"Find a mission in life and take it seriously."

FAITH M. WOODMAN

"A day is wasted without smiling."

STEPHANIE A. WYATT Steph

"In labors of love, everyday is payday."

DONNA M. YEOMANS Yo

"No man is the whole of himself; his friends make up the rest."

". . . but now we have
a reason to live —
to learn, to discover,
to be free!
Give me one chance,
Let me show you
what I've found . . ."

MARY BETH CHASTENAY

"A day is wasted without laughter."

ANNETTE R. DAUDELIN

"My heart goes back to wonder among days that were . . ."

LEONARD R. GAUTHIER Lennie

"Be yourself, not what others want you to be."

JOANNE MITCHELL

"Go where you want to go. Be what you want to be."

JEAN A. MURPHY Murf

"Keep smiling! It makes people wonder what you're up to."

KEVIN PARLIN

"This is not necessarily the place where we have to be. It is the place where we are."

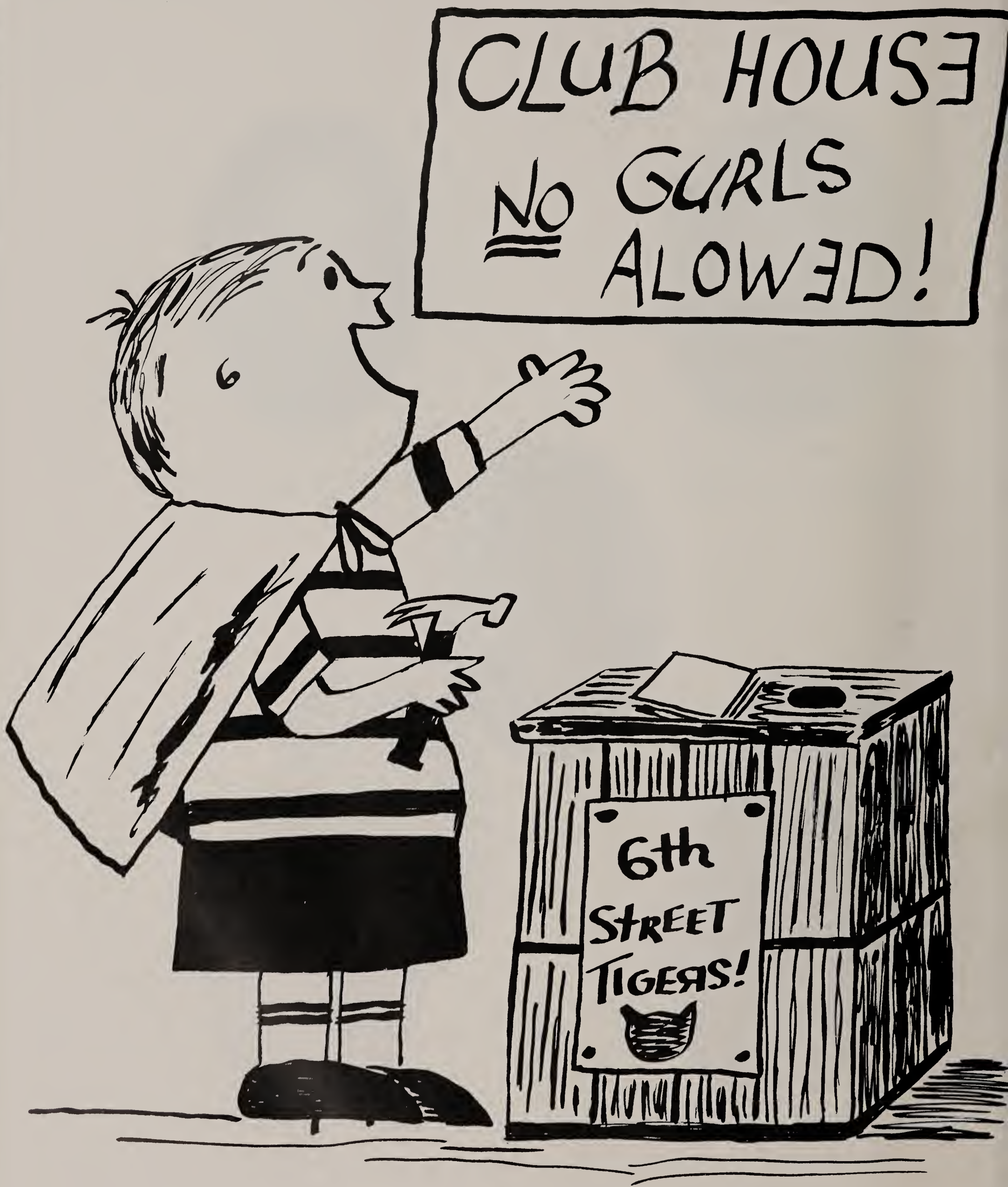
MAURICE GAUVIN

MONICE J. ROBIDOUX

"Friends are reassurance at the signless crossroads of life."

SCOTT V. ROCKWELL

"Thinking is but an idle waste of time."


CLUB HOUSE
NO GURLS
ALOWED!
6th
STREET
TIGERS!

ACTIVITIES AND CLUBS

1973-74 National Honor Society

For the first time in many years, the N.H.S. became an active organization instead of just an honorary one.

An important N.H.S. function this year was the presentation of food baskets, which were made for needy families, during the Thanksgiving time.

The N.H.S. was also involved in several other projects which included the sale of candles and stationary, and participating in functions such as open house for B.H.S. and the dedication ceremony for the Stallbrook School. They also plan to hold their annual initiation night, and a possible N.H.S. field trip.

ADVISORS: Miss Victoria Bonollo (LEFT)
Mr. Edmund Patenaude

OFFICERS:

President: Gary Beauregard (FAR RIGHT)
Vice-President: William Hammond
Treasurer: Barbara Daley (2nd LEFT)
Secretary: Sheila McQuade (3rd LEFT)

(LEFT; FRONT ROW) Heather Holmes; Sharon Farrar; George Beauregard; Barbara Daley; Sheila McQuade; Gary Beauregard; Donna Yeomans; Carolyn Hechler.

(LEFT; BACK ROW) Kathy Fabian; Debbie Langley; Wendy Smith; Dorothy Keane; Andrea Kozimor; Cheryl Turner; Linda Michalik; Wendy Eaton, Mary Bienkiewicz; Barbara Kogut.

(MEMBERS NOT PICTURED) Billy Hammond; Sandra Courtney; Nancy Simonson.

Audio-Visual Dept.

The purpose of the A.V. dept. is to furnish the faculty with various equipment for use in class. Among this equipment is the video tape deck system, which has been used for taping important television programs, as well as sport functions, student projects, etc.

SENIORS LEADING A.V. THIS YEAR:

(LEFT) Heather Holmes; Gary Beauregard; Billy Hammond — Student Co-ordinator; Brian Perrico.

Mr. David Morin — Director

THE A.V. GANG!

(KNEELING) Richard Taylor; Ricky Fleury; Lee Stalnaker.

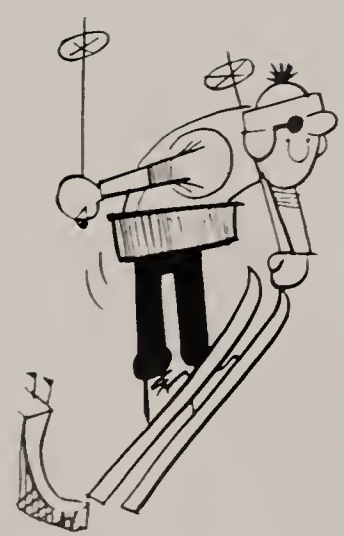
(STANDING) Peter Baro; Scott Kempton; Sue Hammond; Gary Beauregard; Diane Recore; Robert Plummer; Billy Hammond; Brian Perrico; Heather Holmes.

(MISSING) Tina-Marie Frappier; Denise Boucher; Daryl Jackson.

Ski Club

SKI CLUB ADVISOR —

Miss Victoria Bonollo (CENTER; BACK ROW)



OFFICERS:

PRESIDENT: Richard Defaut (BACK ROW; LEFT)
VICE-PRESIDENT: Kent Kozimor (BACK ROW; RIGHT)
SECRETARY: Laura Biron (KNEELING; LEFT)
TREASURER: Annette Daudelin (KNEELING; RIGHT)

This Page Sponsored By: HAIR FASHIONS BY NICKIE

Astronomy Club

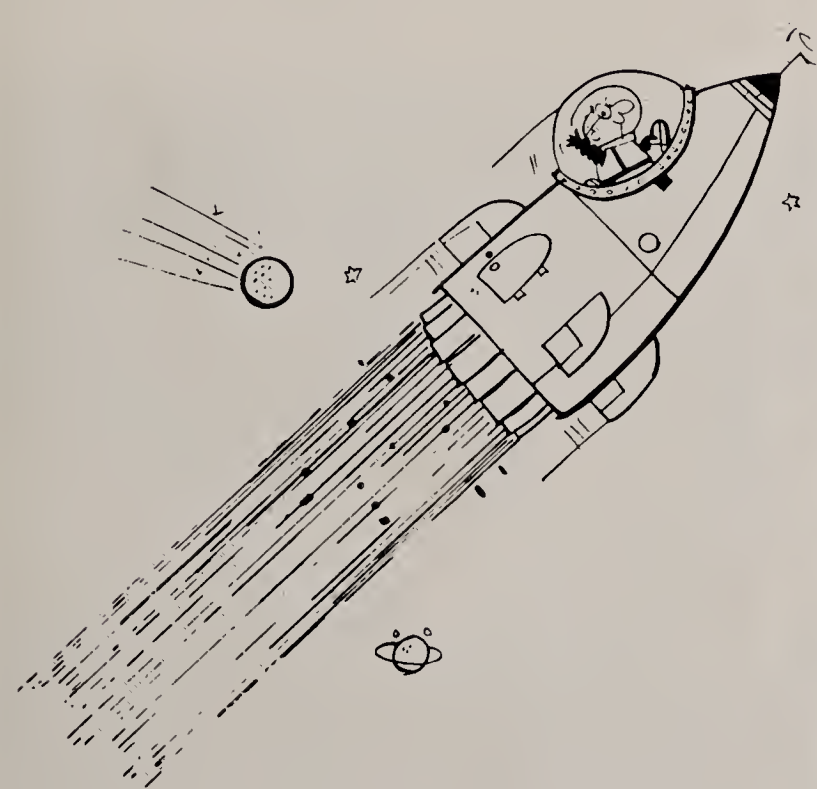
The Astronomy Club, in its first year of existence, gives the opportunity for kids to put their interest in astronomy and rocketry to good use. They examine their model rockets, and even fire them off! Also, they view filmstrips concerning some of the important and interesting aspects of our universe. Best of luck to this new club, so that it will "get off the ground and into orbit!"

ADVISOR: Mr. Louis Pepin

OFFICERS: PRESIDENT: Jeff McQuarry

VICE-PRESIDENT: Warren Palermo

SECRETARY: Fred Loveless



The whole crew!

This Page Is Sponsored By: BOUMER FURNITURE COMPANY

1973-1974 Chess Team

COACH:

MR. JAMES CHEEVER

CHESS TEAM CO-CAPTAINS

GEORGE BEAUREGARD

JOHN BRODERICK

STEVE DUPRE

WILLIAM WHALLEY

SCHEDULE FOR 1973-1974 CHESS:

HOLLISTON
MEDWAY
MILFORD
FRANKLIN
NIPMUC
HOPEDALE
BLACKSTONE-MILVILLE
MOUNT ST. CHARLES

William Whalley, John Broderick, Steve Dupre, Coach Cheever and Pat Kelley.

The Chess Team, after a questionable 1972-1973 season, went into this year's season without loss of one of the top five boards players. Being in the Tri-Valley Conferences' Northern Division, this year's team looked promising. Under the enthusiasm of Coach Cheever, the team looked strong for a second place finish and a spot in the playoffs. With great determination and effort, Bellingham could go all the way to the top.

The gang from room 25

This Page Sponsored By: STITCHER'S INC.

Math Club

1973-74 MATH CLUB MEMBERS

ADVISOR — MISS LEDA SLATER

MEMBERS: Cheryl Parmentar; Joyce Joseph; Jeff McQuary; Stephanie Wyatt; Grace Franco; Mary Stepp; John Broderick; Phillip Joseph; Jessie Rhodes; Donald Anderson; Tim Nelson; Cheryl Turner; Bill Nelson; Albert Belanger; Larry Vivian; William Hammond

The Math Club, quite unlike any other organization in the school, centers its purpose around developing a competitive attitude towards the subject. This is obtained by participation in "Math Meets." So far, the Math Club of B.H.S. has done average during these meets, but in the future, Miss Slater sees a highly competitive Math team representing B.H.S.

This Page Sponsored By: OLBRY'S PACKAGE STORE

French Club

Mrs. Jeanne Valorie, Advisor

The French Club is composed of a group of students from grade 8 to grade 12, all of which are presently enrolled in a French course.

The students meet once a month to plan and carry out projects pertinent to France or the French language.

About 30 students attended a French restaurant in Boston in January where they enjoyed a full-course French meal served by French waitresses. A four day trip to Quebec is planned for the April vacation.

Officers of the club are: Keith Mottola, President; Kathy McQuade, Vice-President; Donna Danko, Treasurer; and Donna Decelles, Secretary. Mrs. Valorie is the advisor.

This Page Sponsored By: JEAN B. PETRIN, DDS

German Club

ADVISOR: Miss Karen Aykanian (BACK ROW; 1st FROM RIGHT)

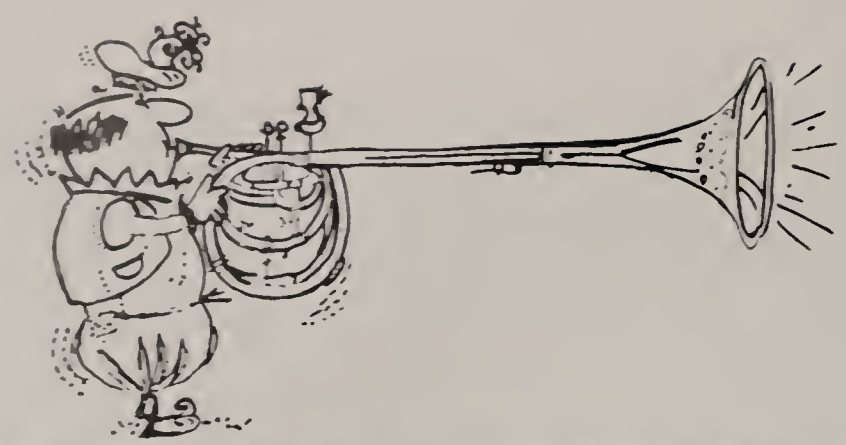
OFFICERS: Co-Presidents: Pam Whitney (1st ROW; 3rd FROM LEFT)
Wendy Smith (1st ROW: 4th FROM LEFT)

Secretary: Linda Yeomans

Treasurer: Diane Bitolkleitt (2nd ROW; 2nd FROM RIGHT)

The German Club, in hopes of holding a German Festival, held several money-raising activities. These included a yard sale, held at the 1st Baptist Church in Bellingham center, and also the sale of candles. The Club is in its 4th year of existence. Viel Glück!

This Page Sponsored By: BRUNO M. SANTINI — NEW YORK LIFE INS. AGENT

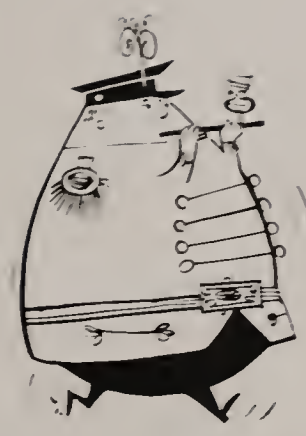


Chorus

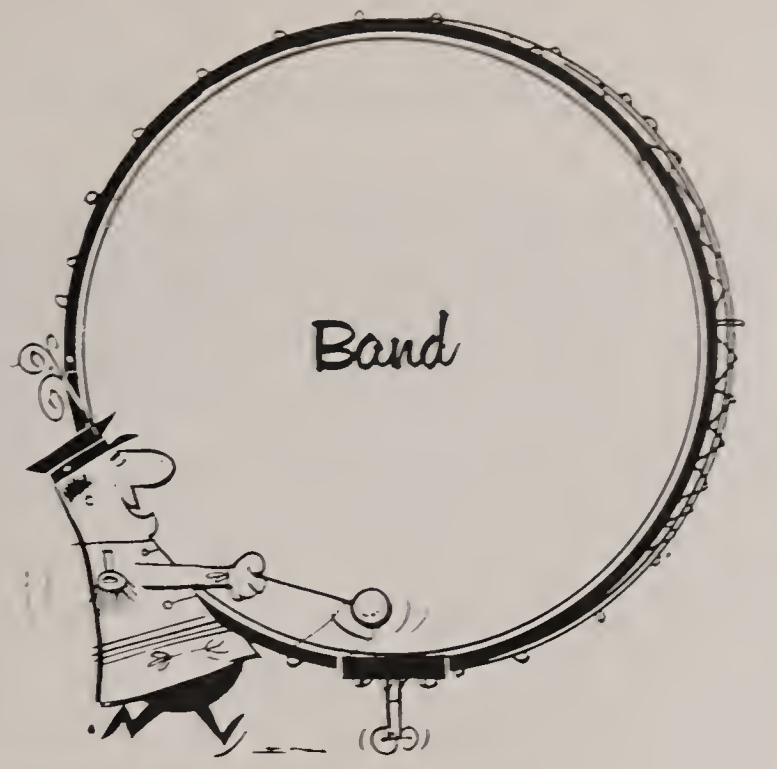
MISS KAREN AYKANIAN, DIRECTOR

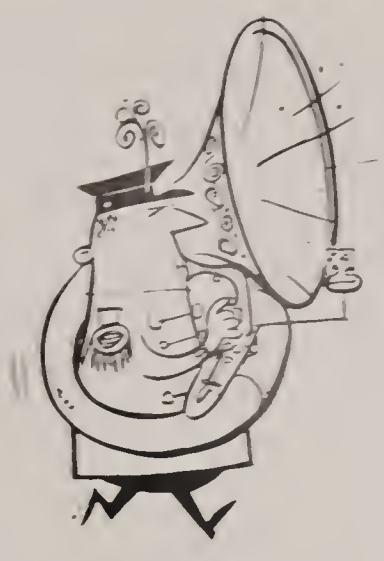
The high school Chorus, under the leadership of Miss Aykanian, has been increasing in size and talent over the past few years. The Chorus performed at the Christmas Concert and they were well applauded, for the practice and time put into it certainly paid off! They are also planning a Spring Concert — and it's certain that it will be an enjoyable and entertaining one. Keep up the good work, Chorus!

This Page Sponsored By: DALPE'S OIL, INC.



Band





Band Officers:

Mary Ann Stepp (SEATED)
(FROM LEFT TO RIGHT)
Francis Caccavelli
Christopher Bergeron
Jeffrey Prescott
David Briggs

"Play that tune!"

"This is a hard number!"

This Page Sponsored By: MISS KAREN AYKANIAN

Key Club

Mr. Donald Horan, Advisor

(FRONT ROW) Jim DeLauria; William Lehuta; Roldo Cesaroni; Peter Groemmer; David Hammond.
(BACK ROW) Michael Hetu; Gerard Milot; Brian Chamberland; Earl Waslewski; John Pilla; Mr. Horan.

This Page Sponsored
By:
McCARTHY'S AT WALNUT
HILL PLAZA

Yoga Club

Yoga Club Advisor — Miss Jocelyn Girard

MEMBERS:

(1st ROW; LEFT) Linda Lemire; Jo Ann Veil; Larry Toner; Lisa Muccini; Monice Robidoux.

(2nd ROW) Danny Weston; Bonnie Beggs; Carol Frank; Debbie Spear; Ingrid Van Helden; Donna Zazza.

(3rd ROW) Miss Girard; Diane Belanger; Cecile Pietrose; David Lahue; Donna Canesi; Laura Biron.

"Yoga is mental, physical, and spiritual control. It is the essence of all religions and sciences — past, present and future.

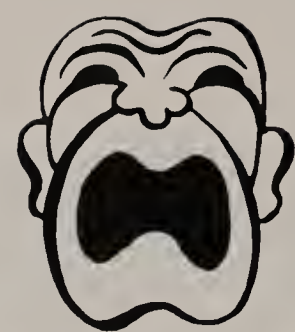
Yoga, which has its origin in Hindu philosophy, is no longer the esoteric interest of people who are of the Eastern cultures. Today in America we find people of all ages and in all walks of life studying Yoga and finding self-fulfillment and inner peace in its practice.

There is a definite bridge connecting yoga with all modern sciences and philosophies. Man's search for personal identity is as old as civilization itself; He pursues methods to uncover the nature of himself so that he may deal with his fellow men through consideration and understanding. But the student of yoga learns that he must first be aware of his own self — then there must be an awareness of awareness itself."

Goldie Lipson
Beyond Yoga

This Page Sponsored By: SUPERIOR WELDING

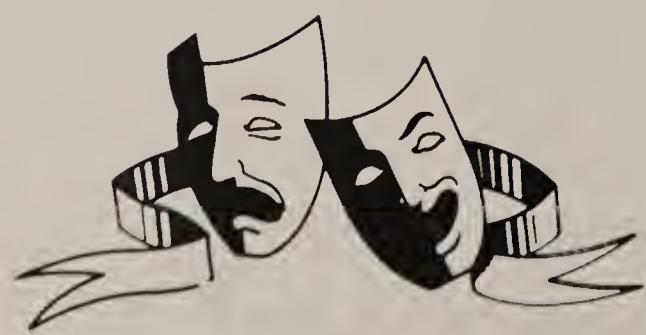
Drama Club



DRAMA CLUB ADVISORS: Mrs. Susan Hoar
Mr. Louis Pepin

OFFICERS:

Chairman Co-ordinator — Larry Toner
Business — Grace Franco
Props — Billy Hammond
Publicity — Brian Perrico



 This Page Sponsored By: MR. AND MRS. RODOLPH BEAUREGARD

A
Festival Of
One-Act
Plays.
1973

THE FALL OF THE
HOUSE OF USHER
presented by Class of '73.

THE PRETENTIOUS LADIES
presented by Class of '74.

FOREVER EVE
presented by Class of '75.

A LICKPENNY LOVER
presented by Class of '76.

AWARDED THE BEST PLAY OF THE 1973 DRAMA FESTIVAL OF ONE-ACT PLAYS, SPONSORED BY THE BELLINGHAM HIGH SCHOOL DRAMA CLUB, WAS —

'The Pretentious Ladies.''
by the Class of 1974.

TOM RANIERI
AS
"GORGIBUS."

BRIAN PERRICO
AS
"LA GRANGE."

LARRY TONER
AS
"THE VISCOUNT
JODELET."

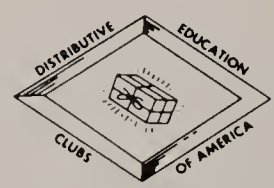
DONNA YEOMANS
AS
"CATHOS"

DEBBIE BARNES
AS
"MADELON"

BILLY HAMMOND
AS
"THE MARQUIS DE
MASCASILLE"

This Page Sponsored
By: BELLINGHAM DAIRY QUEEN

Distributive Education Clubs of America

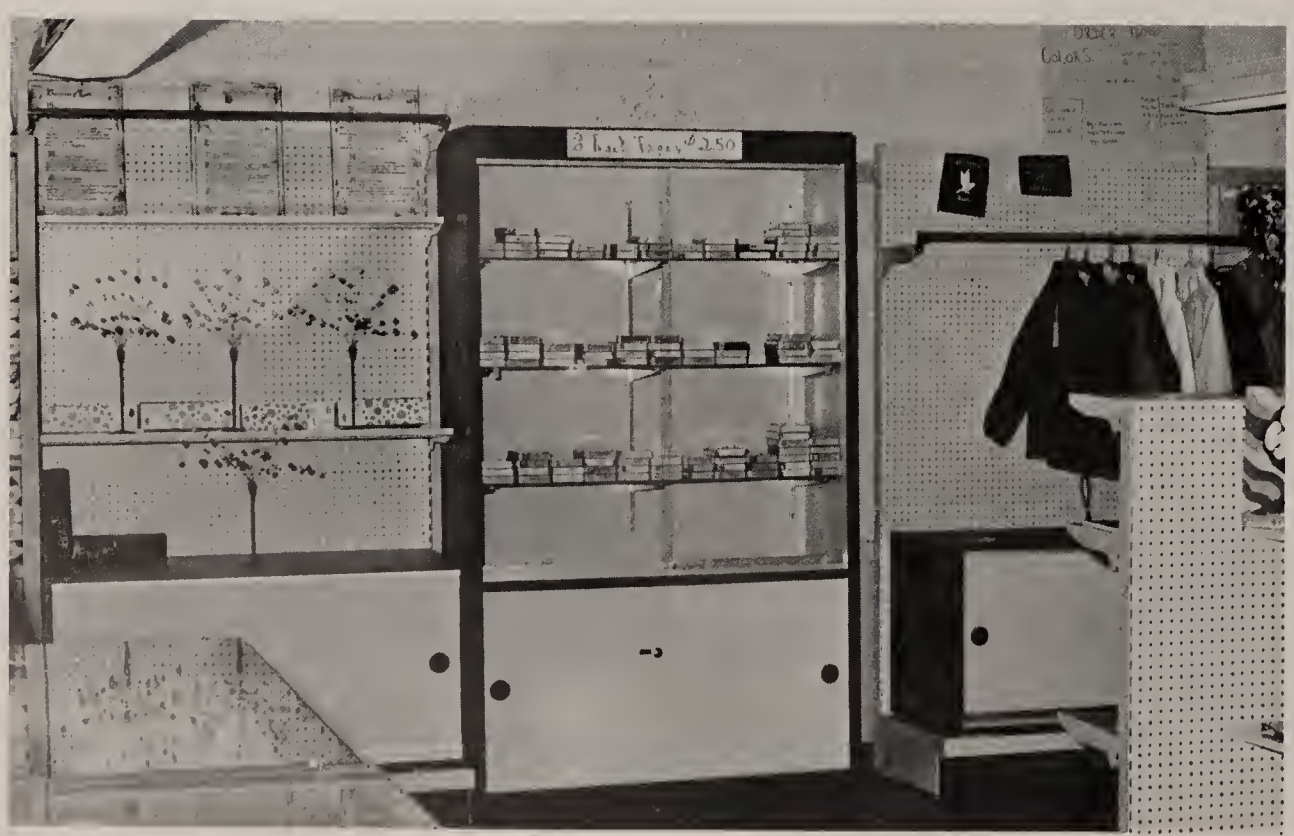


During the month of January, the D.E.C.A. team opened a school store for B.H.S. It contains various school supplies, as well as cards, music tapes, candy etc. There was a lot of hard work put into it, and so we'd like to congratulate the D.E.C.A. students on their fine work.

"What can I buy?"

Some of the D.E.C.A. girls!

Busy day!

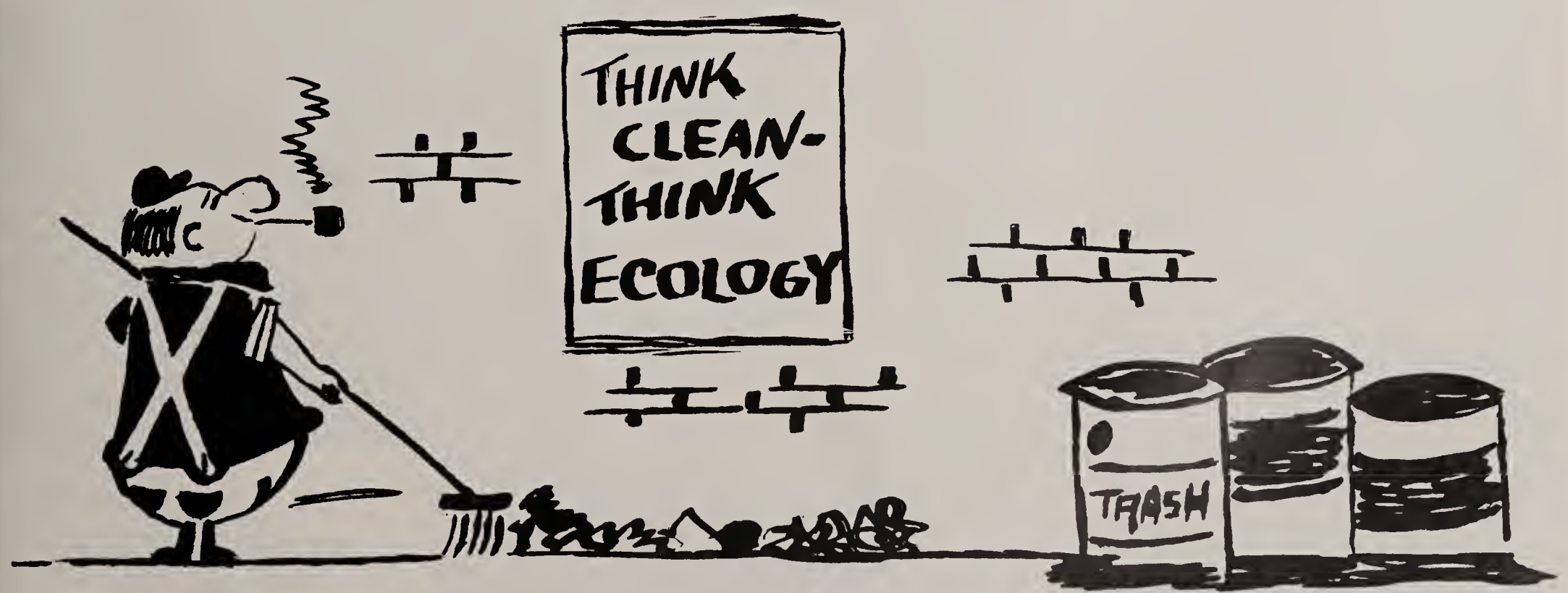


A preview of the store!

This Page Sponsored By:
MR. AND MRS. VICTOR PERRICO

Junior High Ecology Club

ADVISOR: Miss Mary Davis



This Page Sponsored By: BILL'S UPHOLSTERING

This Page Sponsored By:
KORSTEINS DEPT.
STORE
WOONSOCKET, RI

Majorettes

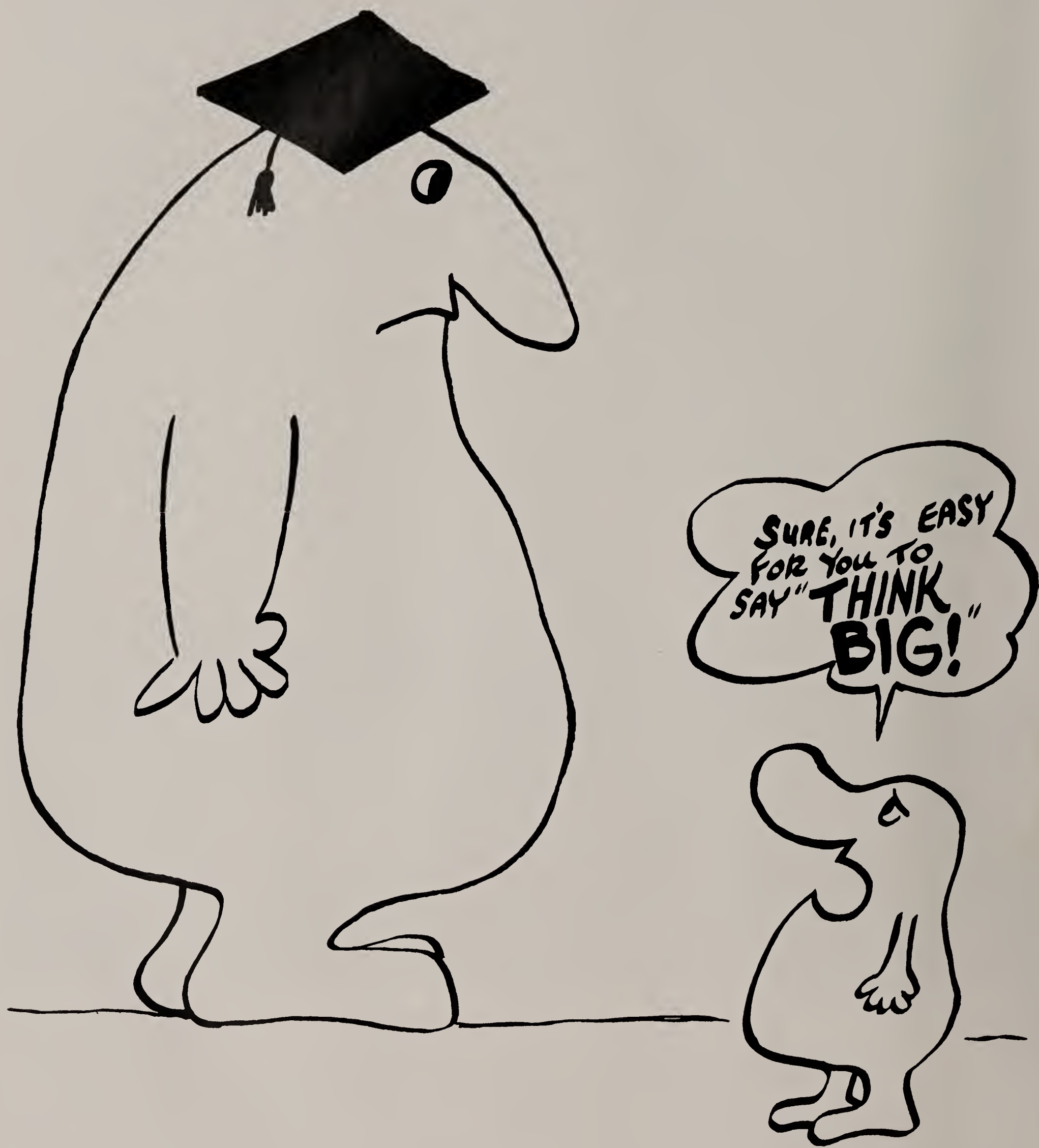
The majorettes, under the supervision of Mrs. Carol Horan, have grown in number and quality over the past few years. The girls perform at various functions, such as football games and parades. It takes a lot of practice and time to get the routines going, and so we'd like to congratulate the girls on the fine work that they've been doing!

CAPTAINS: Nancy Trudeau
Laura Biron

1973-74 Majorettes

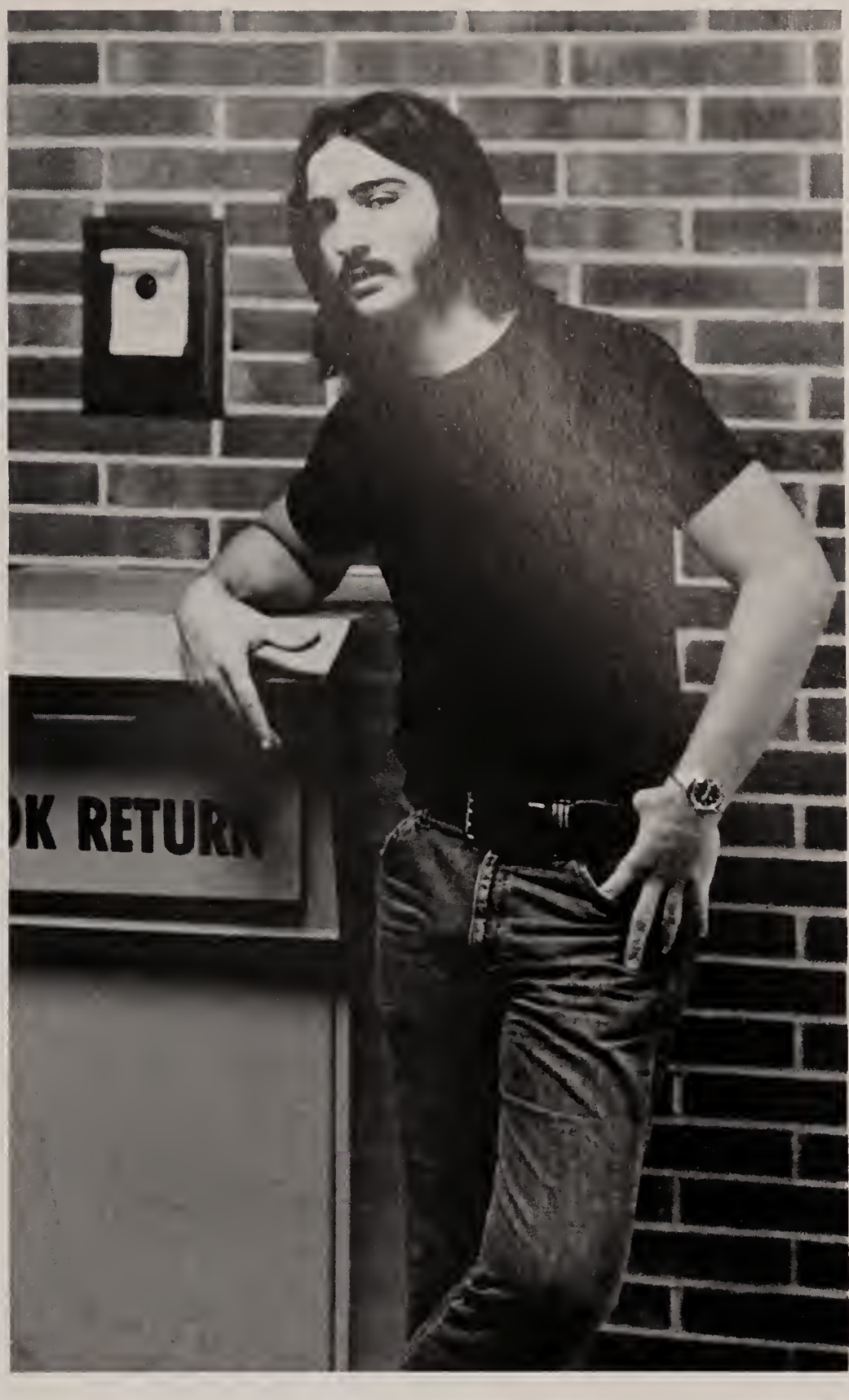
ADVISOR — Mrs. Carol Horan
MAJORETTES (FROM LEFT): Jane Giard; Cathy Roy; Donna Dalpe; Jo Ann Arcand; Nancy Trudeau; Lisa Canestrari; Diane Leblane; Judy Provost; Laura Biron; Carol Whitehouse; Colleen Murphy; Susan Marcet.

This Page Sponsored By: STANLEY GARDNER FLORIST


SURE, IT'S EASY FOR YOU TO SAY "THINK BIG!"

UNDERCLASSMEN

JUNIORS



SOPHOMORES

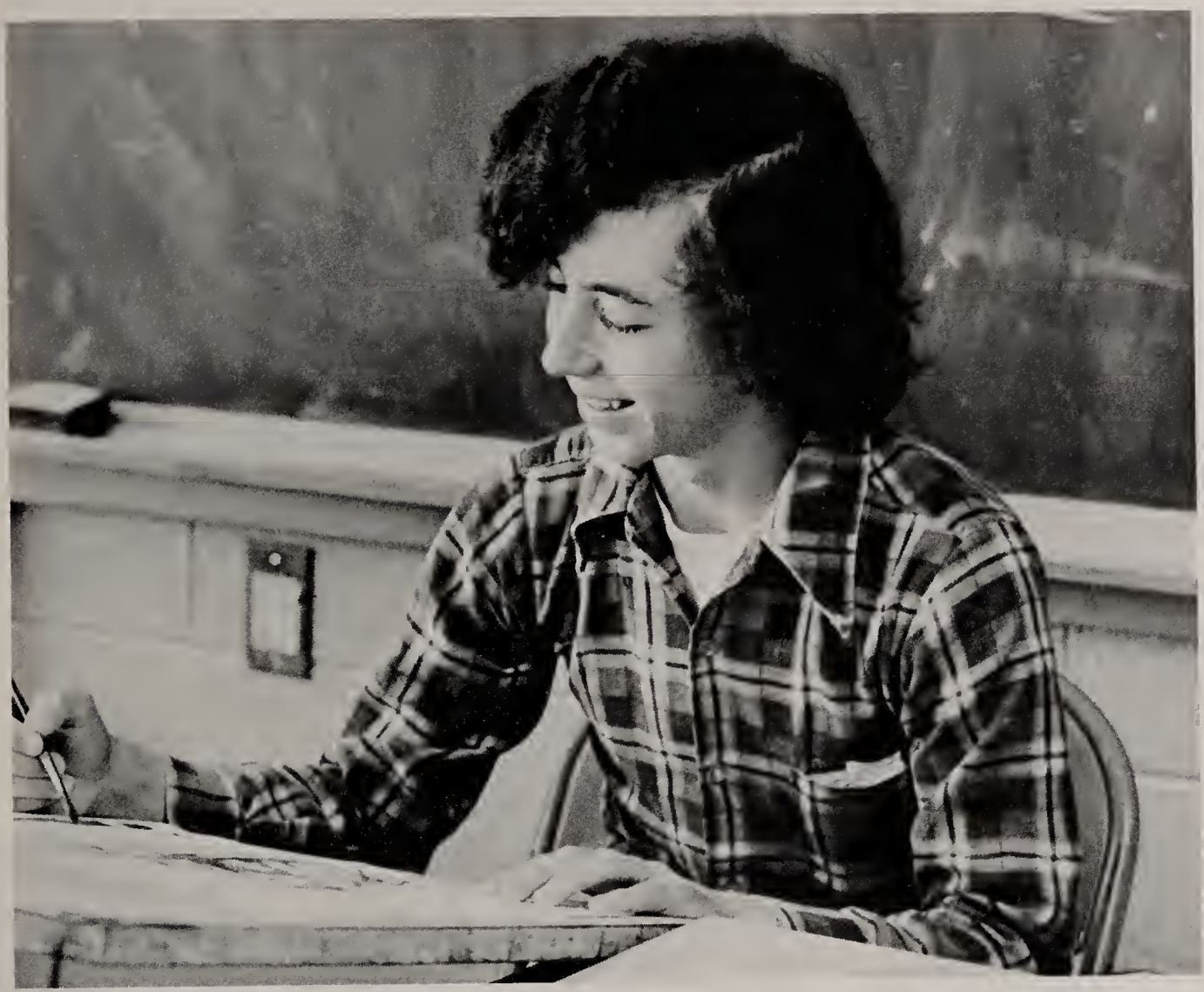
FRESHMEN

Juniors — Class of 1975

CLASS OFFICERS —

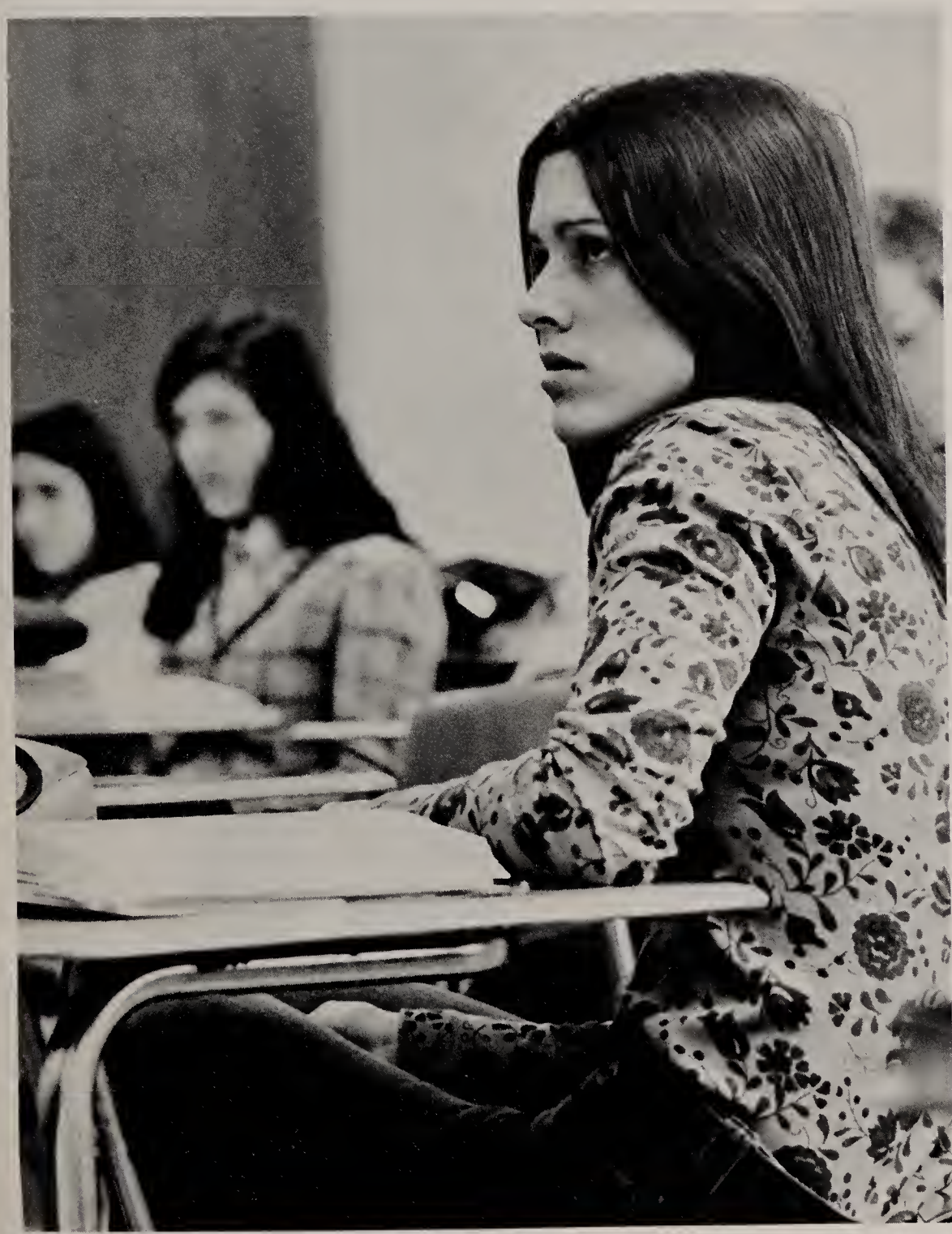
PRESIDENT — Robert Jackson (1st RIGHT)
VICE PRESIDENT — Jane Giard (2nd RIGHT)
SECRETARY — Betty Frappier (2nd LEFT)
TREASURER — Daryl Jackson (1st LEFT)

The Juniors, under the leadership of the above officers, proved to be a very enthusiastic and promising class. They've held numerous activities — some of them being a "first" in B.H.S. — such as the Sadie Hawkins Dance. Their prom will be held at the Colonial Hilton Inn, Cranston, on April 17th. If the class of 75 keeps the "spirit" going throughout their senior year, then they'll be a very successful group. Best of luck to you all!!!



Juniors during their busy day . . .

"So far . . . so good!"



"I still don't get it!"

"Oh no! 2nd bell already?"

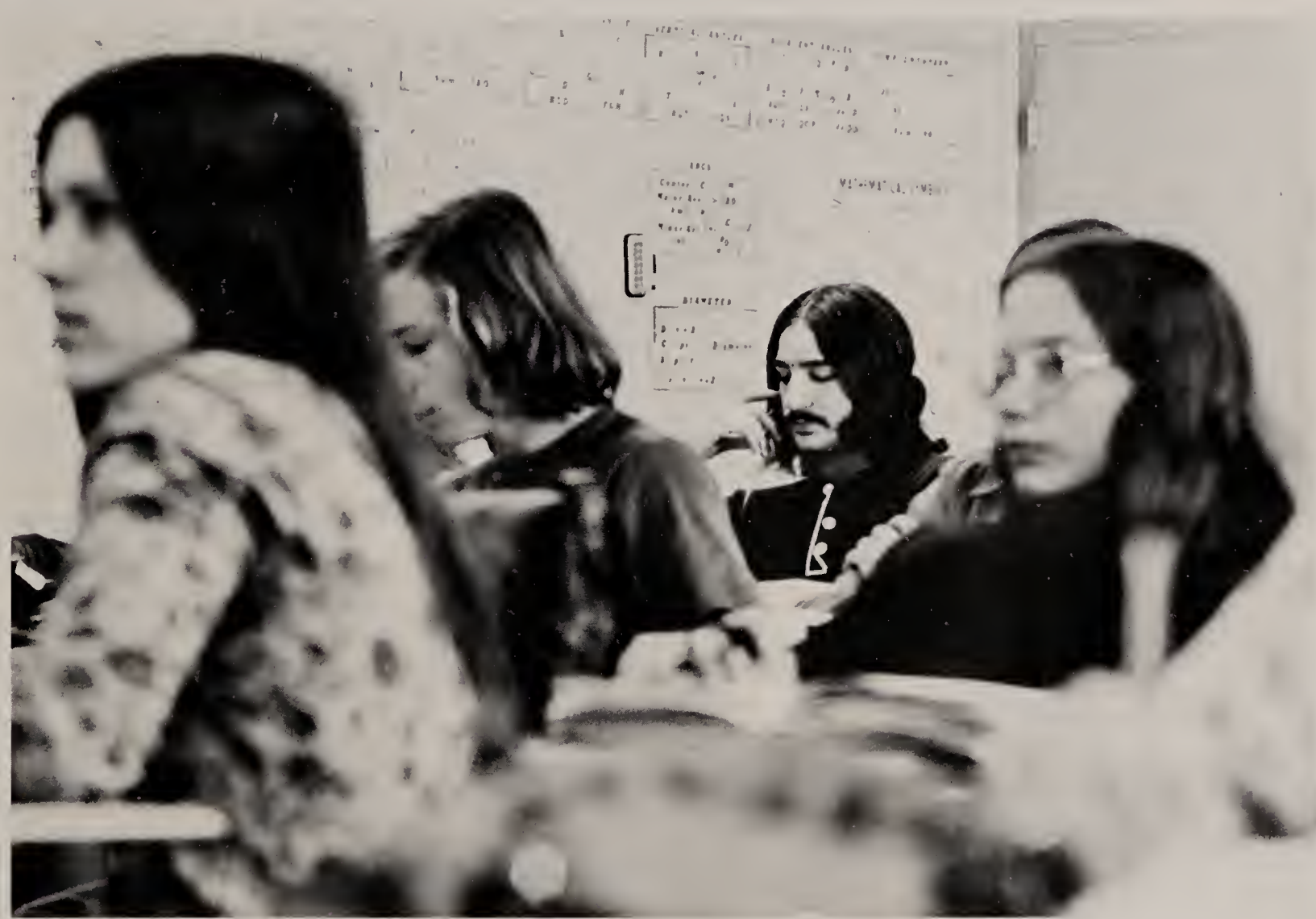
Teamwork!

"I can't read it!"

"I hate chemistry!"

"Think, man, think!"

Good joke!



An interesting geometry class!

This Page Is Sponsored By: RENEE'S 1 STOP CLEANERS & CARD AND GIFT SHOP.

Sophomores — Class Of '76

PRESIDENT:
Shawn Smith
(1st FROM RIGHT)

VICE-
PRESIDENT:
Colleen
Murphy

SECRETARY:
Judy Provost
(CENTER)

TREASURER:
Donna Michalik
(1st FROM LEFT)

SOPHOMORE CLASS OFFICERS

The Sophomores, who now have only two more years in B.H.S., will be graduating during a time when our country will mark its 200th Anniversary.

We're sure that their final year will be as festive and happy as will the country during its year of celebration! Keep on carrying the "Spirit of 76!"

This Page Sponsored By: SIEGEL MOTORS, INC.

Always on the go!

"I need a rest!"

"Gotta get a late slip!"

I don't believe it!

Blah!

Awake
vs.
Dozing
vs.
Snoring!

Freshmen — Class of 1977

PRESIDENT:
Arthur Provost

VICE-PRESIDENT:
Mike Terieult
(RIGHT)

SECRETARY:
Patty McAneny
(LEFT)

TREASURER:
Mike Padula (CENTER)

FRESHMAN CLASS OFFICERS

The Freshmen — the new "class" of B.H.S. Senior High saw, for the first time, the "ins and outs" of what a high school is like. They were faced with a new way of attending classes, different kids from all over Bellingham, and, of course, the 'BIG, BAD SENIORS!' However, we hope the class of '77 enjoyed their Freshman year at B.H.S. — and can also look ahead to the next three years with optimism and enthusiasm. Best of luck to you all!

In
deep
concentration!

I
think
I'm
in
love!

Busy day at the card catalog!

"I'm happy!"

"Just a little more blue . . .

Junior High

"I'll never pass this test!"

"Huh?"

A scientific discussion!

Classes of '78 and '79

Peace
and
quiet!

Don't bother me . . . I'm in a hurry!

"Come here and say that!"

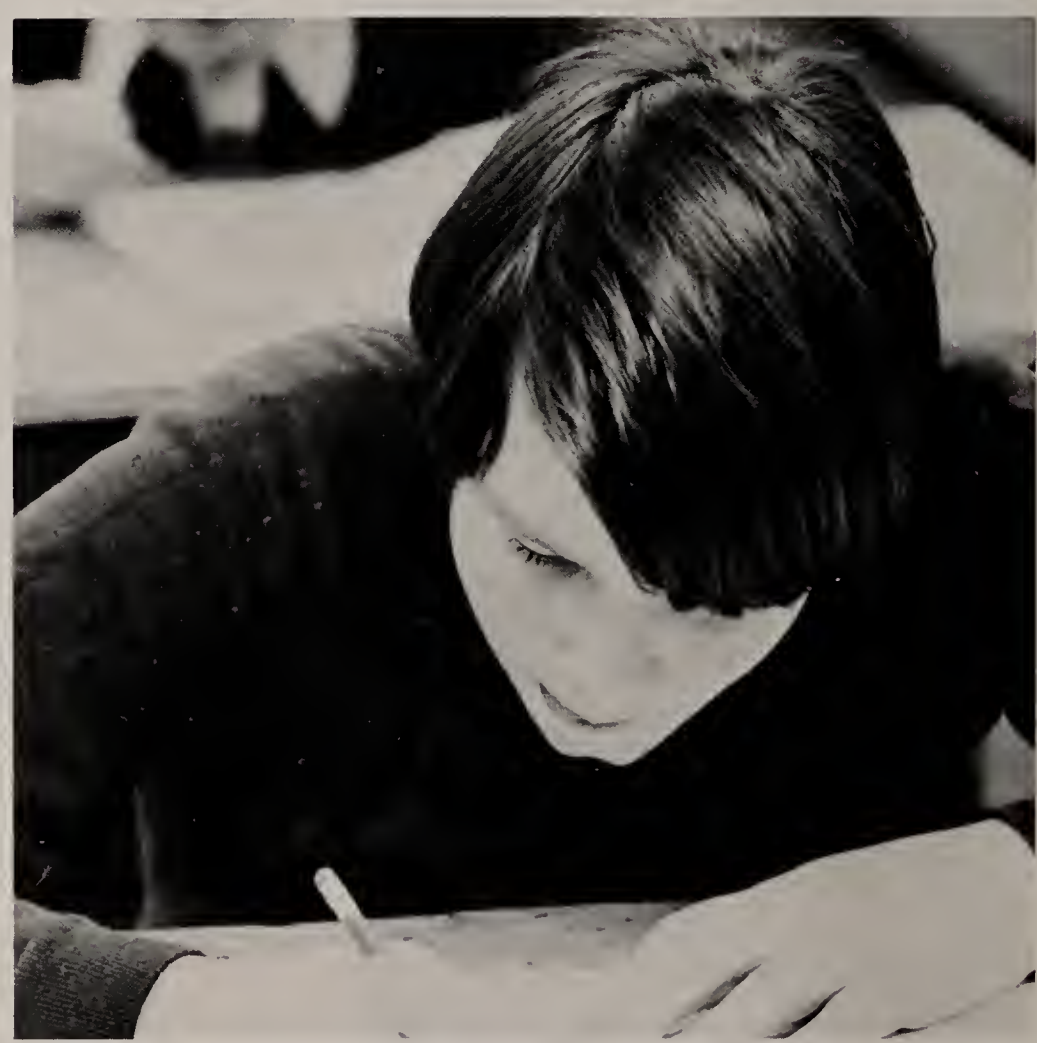
IN THE CLASSROOM!

"Now why didn't I think of that?"

"Hmmm!"

"You can't fool me!"

"I've gotta get it right!"



"I think I've got it!"

IN THE HALLS!

"I'm off to class!"

"I'm going to gym!"

"Shhh!"

"Ohh! Wait! Just Wait!"

"Thank goodness for 7th period!"

I LIKE YOUR Attitude. SNAVELY!

FRIENDS

Guidance Department

Mr. Walter Crepeau

Mr. William Mohan

Mr. Stanley Hamilton; Director

Mr. Leonard Gauvin

Miss Eleanor Dodsworth

Yearbook Advisors

MR. ROBERT HERON

1974
"EPILOGUE"
ADVISORS

MRS. BARBARA FLANAGAN

Yearbook Advisors

There are very few people who realize the time and dedication it takes to put out a yearbook. There are deadlines to meet, photograph schedules to be set up, meetings to be organized, money to be raised, etc. The two yearbook advisors carry the big responsibility of seeing to it that when the senior class leaves the school, they'll have something to look back into and remember "the good ole days." Letters of credit and acclamation can be given to them both — but the feelings of our appreciation and gratitude is shown by the words — THANK YOU!!!

This Page Sponsored By: HOWE'S PHARMACY

Senior Class Officers

OFFICERS:

PRESIDENT: Dorothy Keane (RIGHT)
VICE-PRESIDENT: Kevin Maines (CENTER)
SECRETARY: Laura Biron (LEFT)
TREASURER: Donna Patrick

This Page Is Sponsored By: LOWELL'S DAIRY

Class Marshals

Betty Frappier and Tina-Marie Frappier were selected among the Junior Class girls to be the Class Marshals at the graduation of the Senior Class. This is an honor for the two girls and our congratulations is extended.

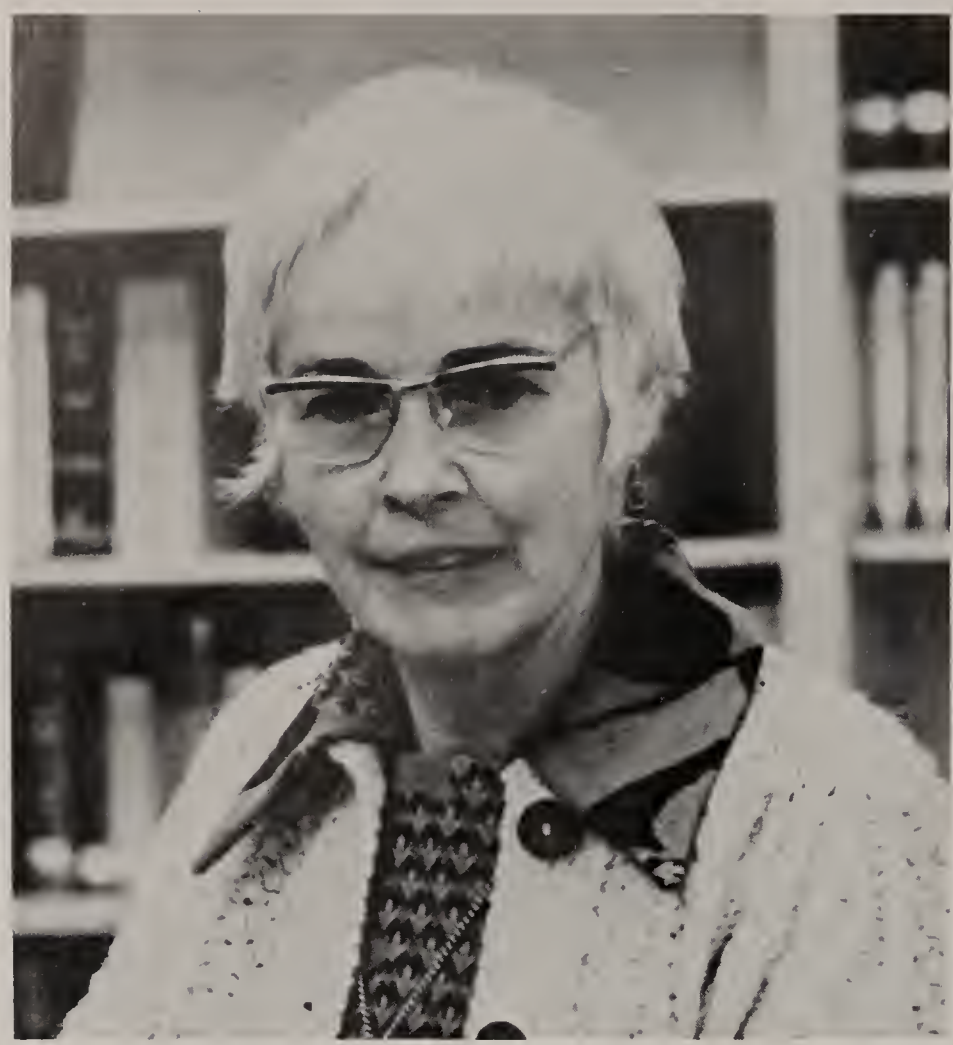
This Page Sponsored By:
AR-RO ENG. CO., INC.

DAR

Dorothy Keane was chosen among the high school senior girls as the bearer of the "Daughter of the American Revolution" title. This award is presented to the girl who exhibits civic leadership and educational merit in her school.

The Epilogue Yearbook Staff wishes to extend a heartfelt congratulation to Dorothy.

Library



Mrs. Kelly — LIBRARIAN

Mrs. Leblanc — LIBRARY CLERK

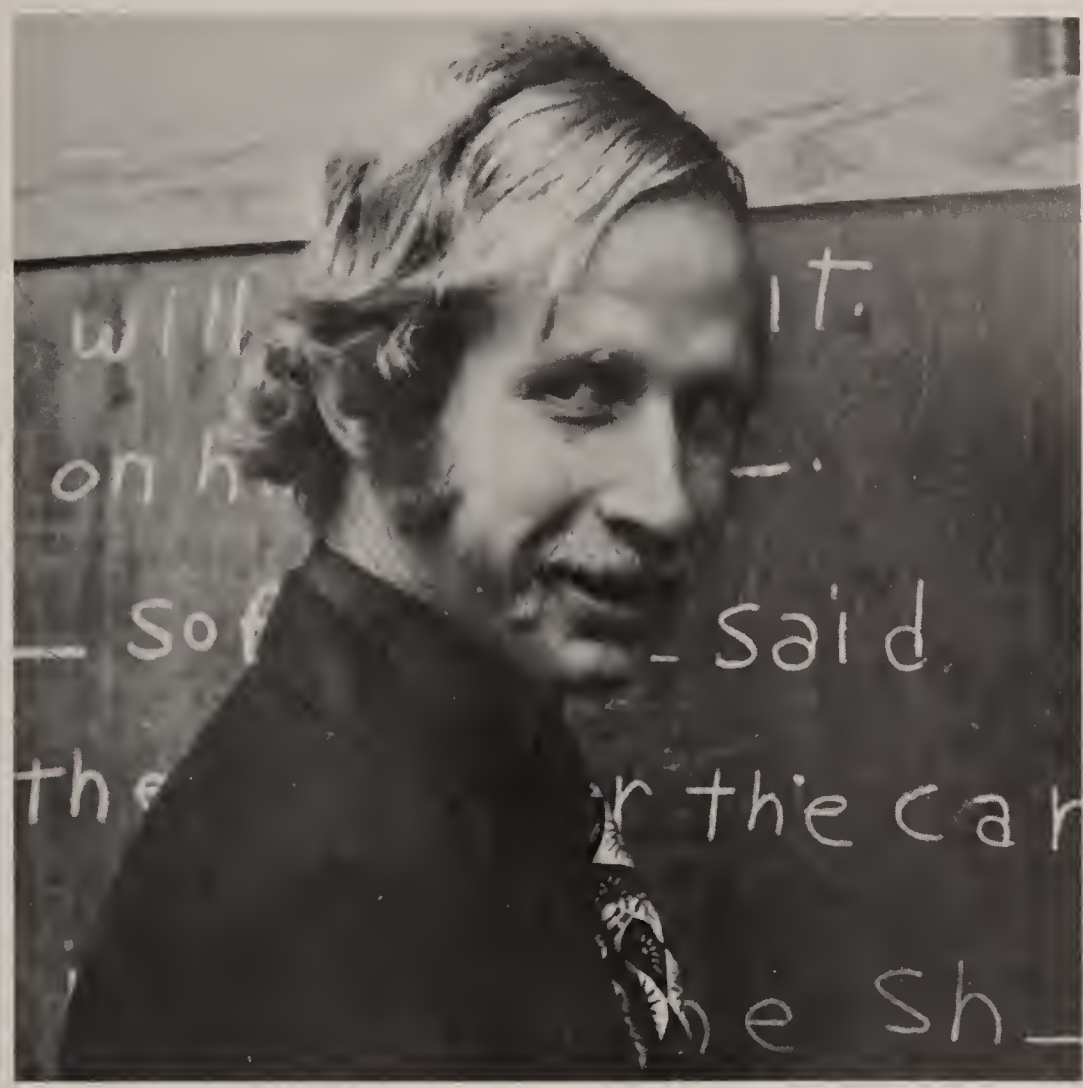
LIBRARY AIDES

(SEATED, L TO R) Laurie Gray; Lee Anna Fecteau; Debbie Provost; Michelle Benoit; Theresa Groux.
(STANDING, L TO R) David Picard; Debbie Groux; Debbie Keefe; Linda Groux; Judy Carrier; Joe Fluette.

This Page Sponsored By: CRONIN'S DONUT SHOP

Special Education

Mr. Myette's work with the Special Ed. students has been indeed a demanding task. We would like to thank him for the work he's done — we're sure the Special Ed. kid's appreciate it!



MR. ROBERT MYETTE

Reading Skills

Mrs. Kathleen Kocon

Mrs. Kocon has been working with students so that they can improve their reading ability and understanding.

Learning Disabilities

Mrs. Ladoucer

We also want to thank her for all the work that she has done in helping those students with some sort of learning "handicap" in overcoming them. Her "student-teacher" program has been working with great co-operation and success.

THANK YOU!

This Page Sponsored By:
THE DRAMA CLUB

Senior Class Advisors

MISS KAREN AYKANIAN

MISS JOCELYN GIRARD

The 1974 Epilogue Staff and the entire senior class wish to express a warm and extremely appreciative "thanks" to our two senior class advisors — Miss Karen Aykanian and Miss Jocelyn Girard. These are two people who have guided our class for the past two years. We have shared many good times — and memorable ones — all of which we feel greatly thankful for! Once again —

"THANKS!"

This Page Sponsored By: NEEDHAM NATIONAL BANK

Usually, a yearbook honors only the present senior class advisors and officers. However, the 1974 Epilogue wants to show its appreciation and thanks to all the class advisors and past class officers which have helped our class since we were freshmen. To the people listed below, we say

"THANKS!"

FRESHMAN YEAR
1970-1971

ADVISORS: Mr. Boyle
Mr. Cournoyer

CLASS OFFICERS;

PRESIDENT: Kevin Tuttle
VICE-PRESIDENT: Donna Patrick
SECRETARY: Diane LeClaire
TREASURER: Lisa Muccini

SOPHOMORE YEAR
1971-1972

ADVISORS: Mrs. Langenburg
Miss Ribero

CLASS OFFICERS:

CO-PRESIDENTS: Barbara Daley
Donna Martel
VICE-PRESIDENT: Debbie Parisi
SECRETARY: Julie Molloy
TREASURER: Donna Patrick

JUNIOR YEAR
1972-1973

ADVISORS: Miss Aykanian
Miss Girard

CLASS OFFICERS:

PRESIDENT: Dorothy Keane
VICE-PRESIDENT: Lori-Jean Fafard
SECRETARY: Julie Molloy
TREASURER: Donna Patrick

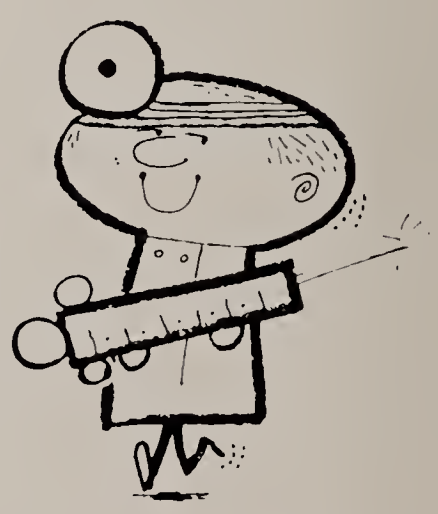
This Page Sponsored By: TER-A-DON BEAUTY SALON

Cafeteria Staff

MR. PAUL YUELE, Dietician

SCHOOL NURSE:

Mrs. Szydlik

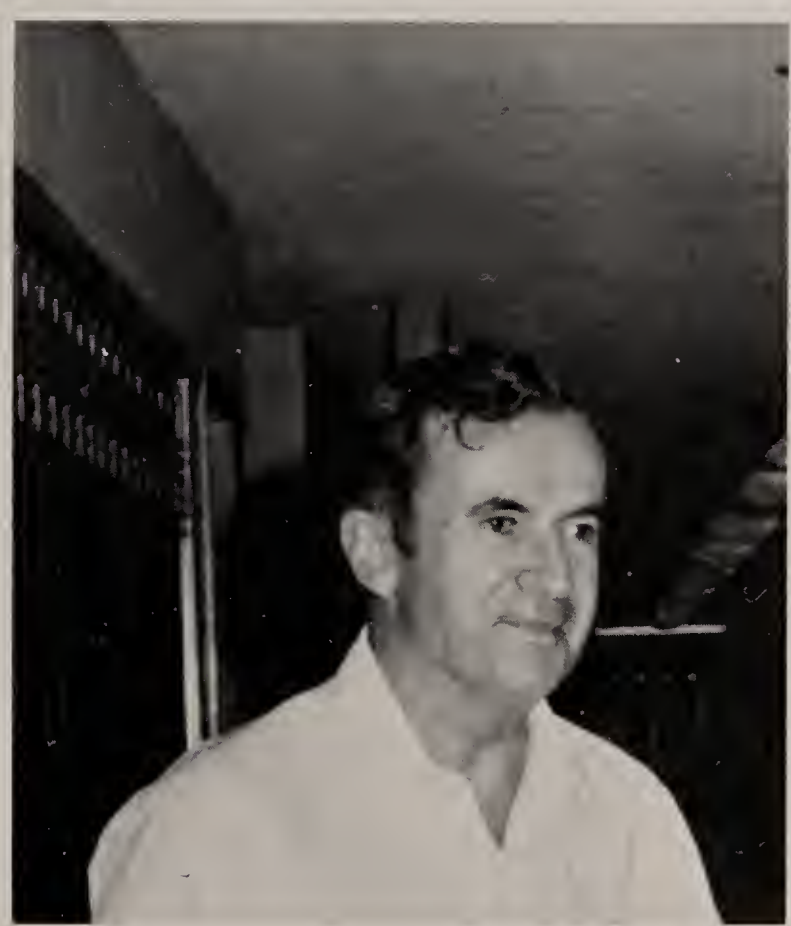


This Page Sponsored By:
BOCCE CLUB RESTAURANT

Employees

MR. HENAULT

MR. CLOUTIER



MR. LEDUC

MRS. DUPRE

This Page Is Sponsored By: SAVE-RITES

B.H.S.
BLACKHAWKS

"Sports are not only concerned with achieving a victory and being a winner. What you get out of it is where the real victory lies. Teamwork, pride, respect, discipline — things that make your life much easier to cope with in later years, when the problems will be larger than the players on the other team."

Football

DOVER-SHERBORN
HOPKINGTON
MEDWAY
HOLLISTON
ASHLAND
MILLIS
MEDFIELD
WESTWOOD
CLINTON

COACH — AL SPERA
ASSISTANTS — R. LOWE
W. DOUCETTE
M. AVOLA
TRAINOR A. PROVOST

FINAL RECORD 0 — 9

67
5
91
86

71
8

51

89

4

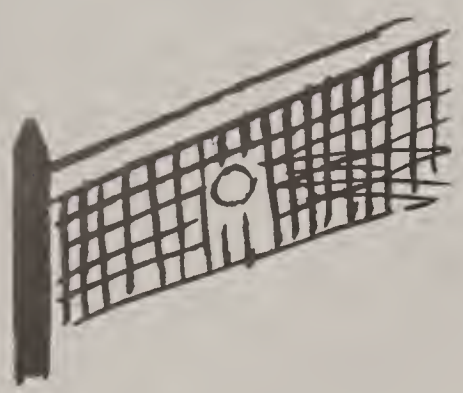
Cross Country

BLACKSTONE-MILLVILLE
MEDWAY
HOLLISTON
ASHLAND
DOVER-SHERBORN
HOPEDALE W NIPMUC
HOPKINGTON W WESTWOOD
NORFOLK W MEDFIELD
CONFERENCE at ASHLAND

COACH — P. COURNOYER

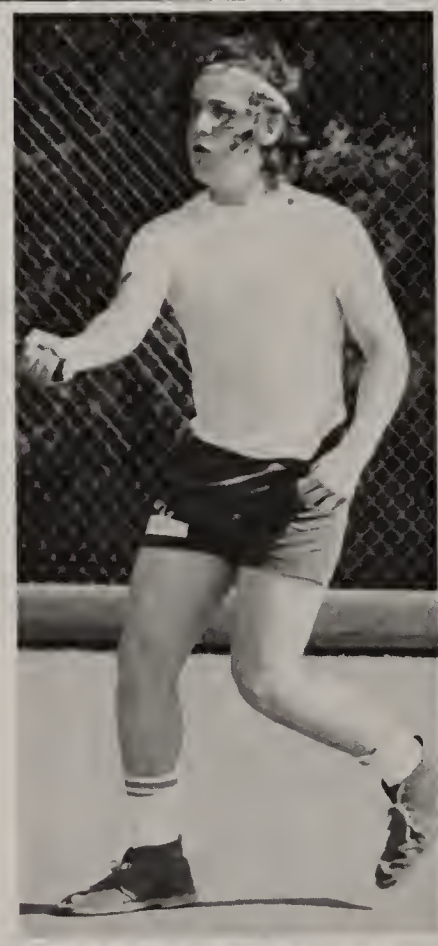
FINAL RECORD 5 — 7

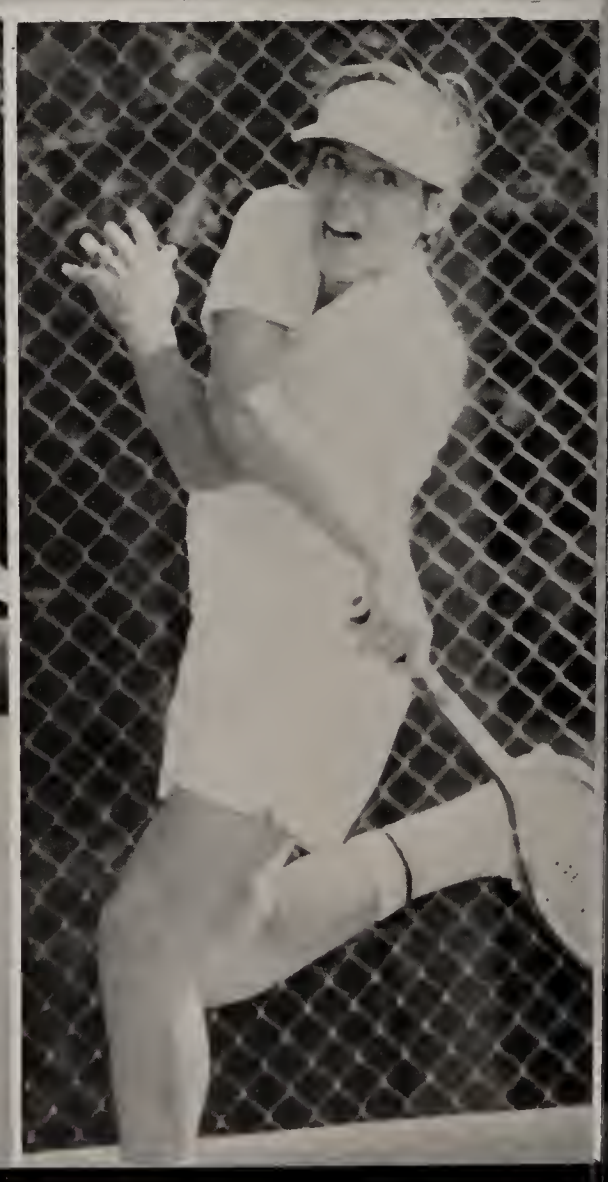
Tennis



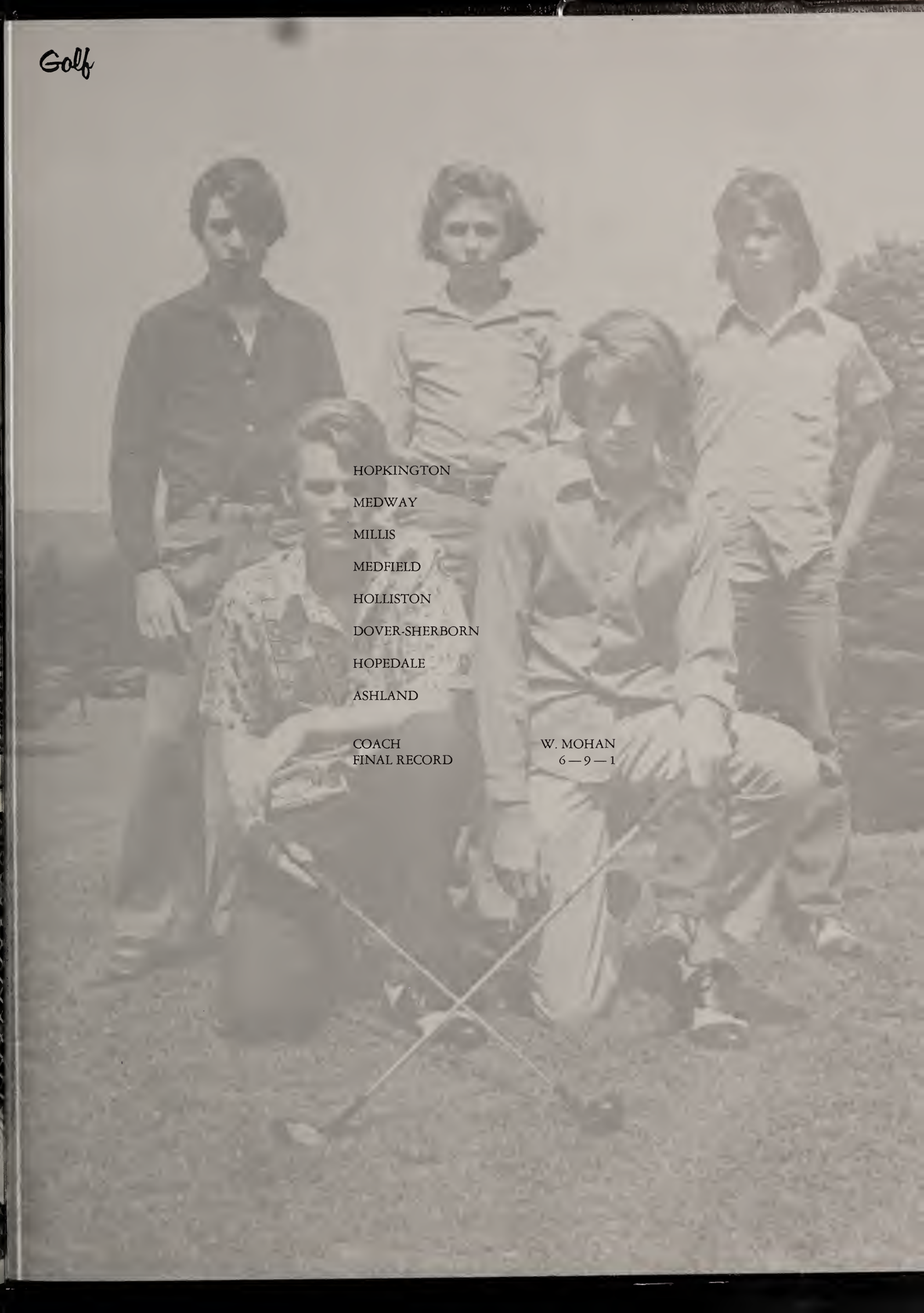
BLACKSTONE VALLEY REGIONAL
BLACKSTONE-MILLVILLE
KING PHILIP
HOPKINGTON
MEDWAY
MILLIS
MILFORD
MEDFIELD
HOLLISTON
DOVER-SHERBORN

COACH J. CHEEVERS
FINAL RECORD 3—17





Golf



HOPKINGTON

MEDWAY

MILLIS

MEDFIELD

HOLLISTON

DOVER-SHERBORN

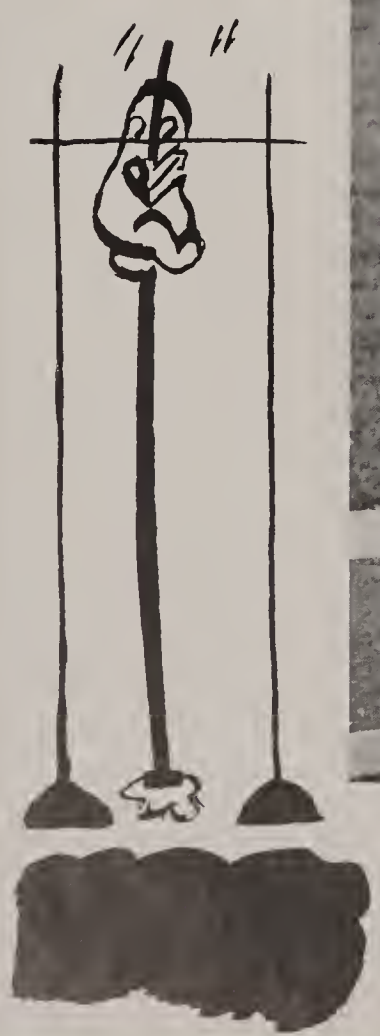
HOPEDALE

ASHLAND

COACH	W. MOHAN
FINAL RECORD	6—9—1

BLACKSTONE VALLEY REGIONAL
BLACKSTONE MILLVILLE
HOLLISTON
MEDWAY
MILLIS
MEDFIELD
DOVER-SHERBORN
ASHLAND
NIPMUC
MILFORD

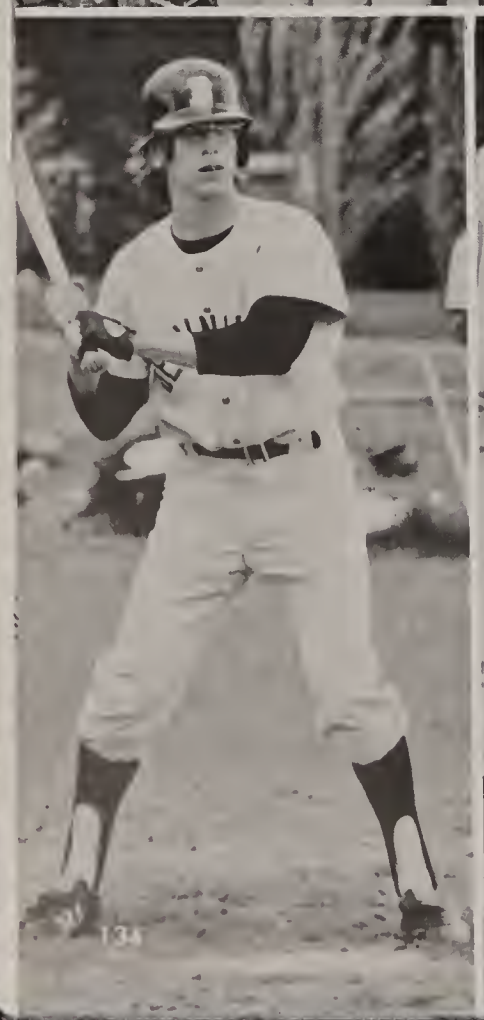
COACH P. COURNOYER
FINAL RECORD 5 — 5

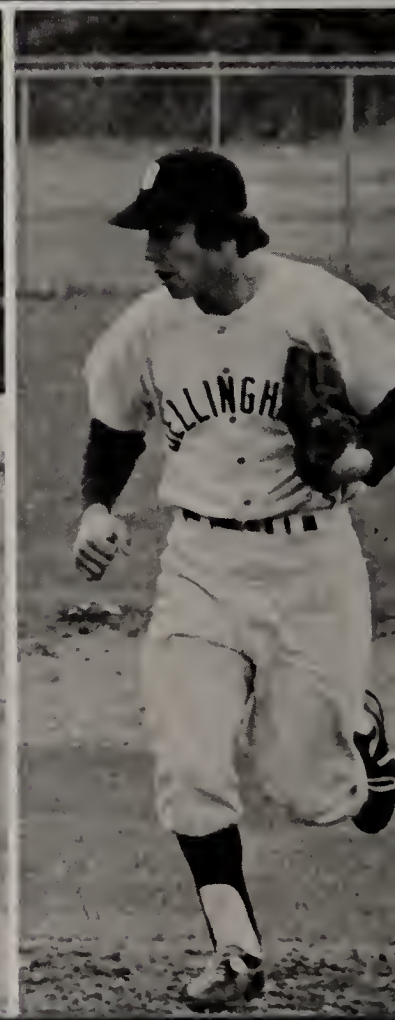


SORE LOSER
I GUESS

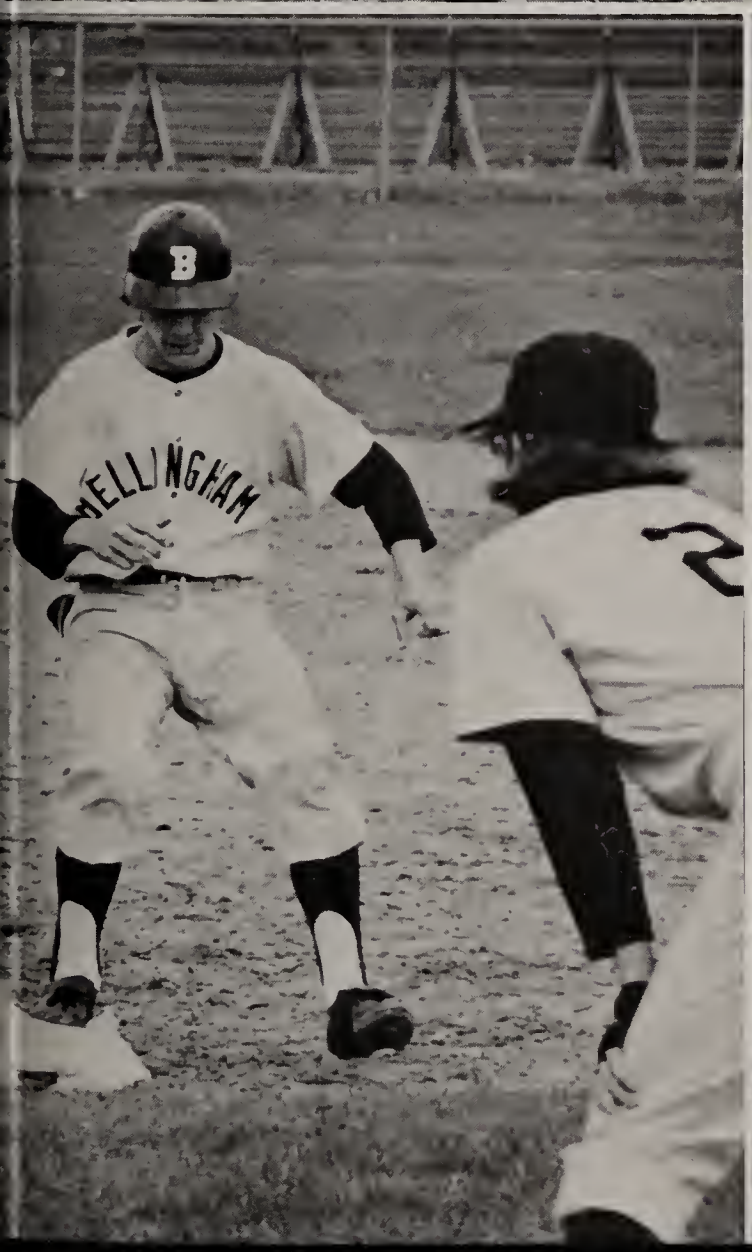
BLACKSTONE VALLEY REGIONAL
BLACKSTONE MILLVILLE
HOLLISTON
MEDWAY
MILLIS
MEDFIELD
DOVER-SHERBORN
HOPEDALE
ASHLAND
NIPMUC
KING PHILLIP EX

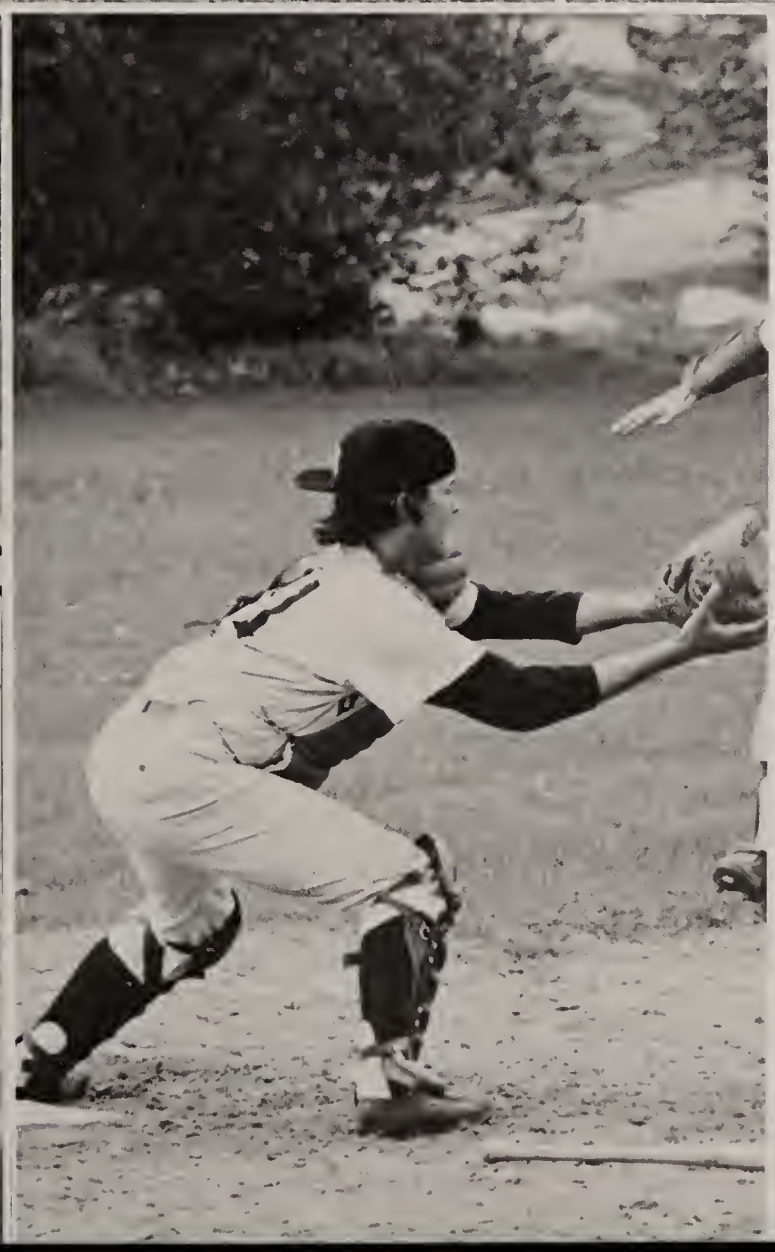
COACH V. CIAVARINI
FINAL RECORD 6—9

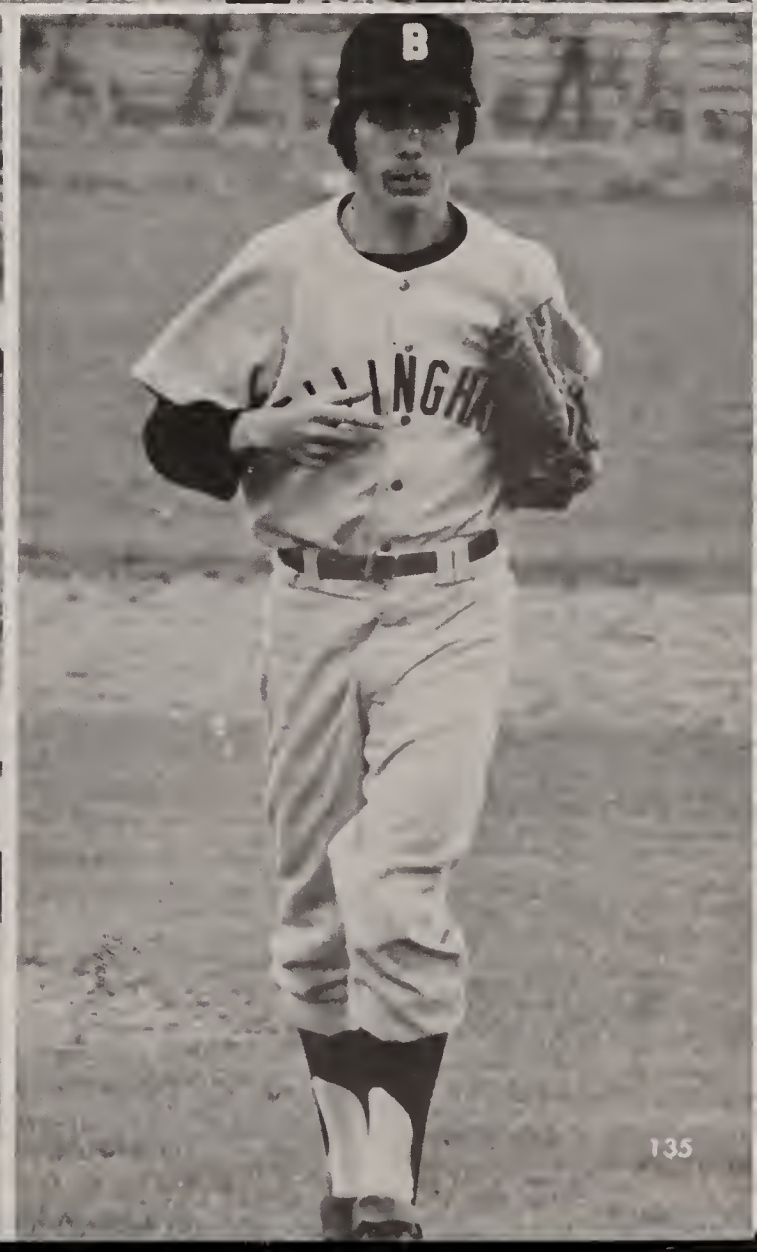




BELLINGHAM
15

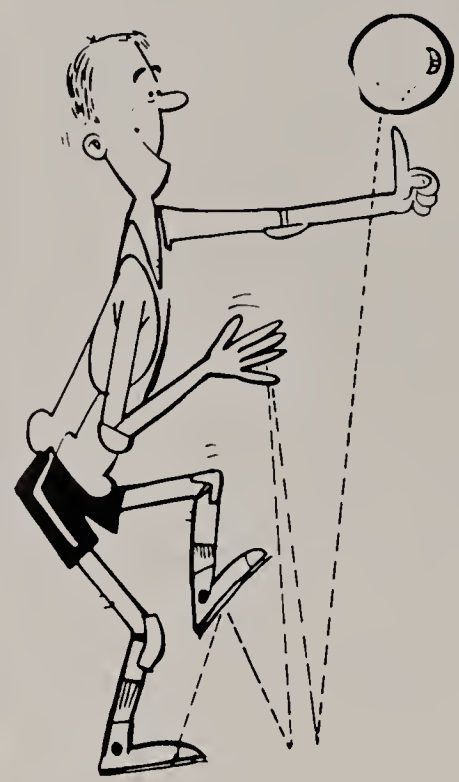

BELLINGHAM





Boys Intramural Basketball

Battle on the boards



Allen on a drive

Jump ball

1973-74 B.H.S. Intramural Basketball Champions: Warriors

1973-74 B.H.S. Intramural Basketball League Champions: Bulletts

Final Standings

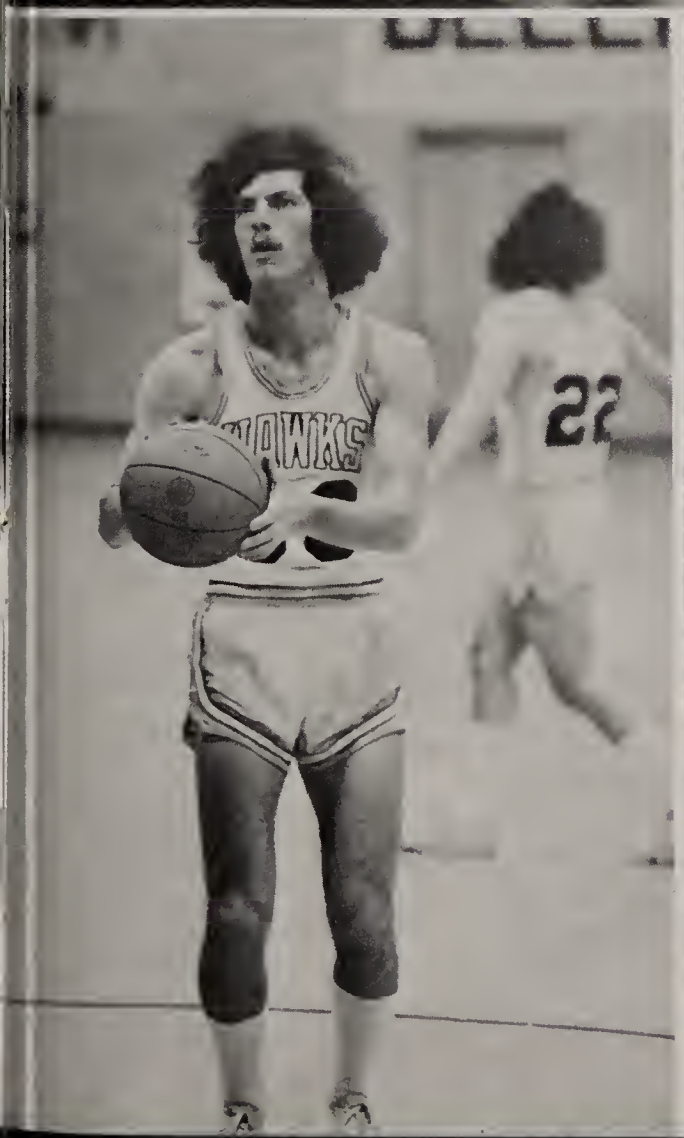
TEAM	W	L
BULLETTS	7	2
CELTICS	6	3
WARRIORS	5	5
LAKERS	3	6
KNICKS	1	6

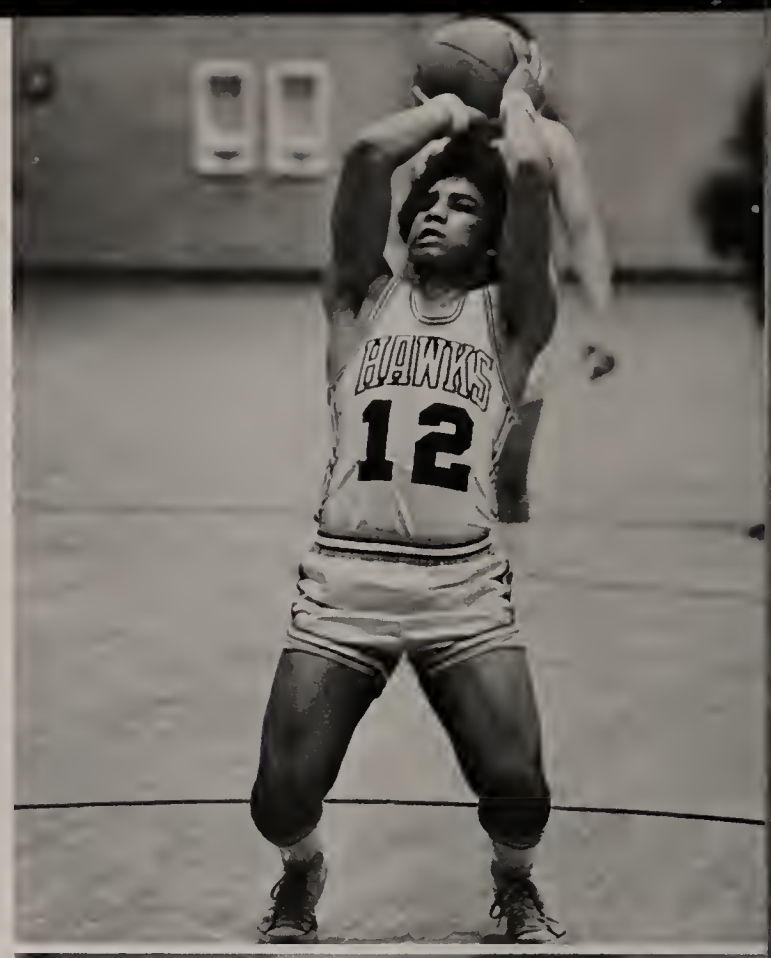
Championship Playoff Game Score:

WARRIORS	21
CELTICS	20

Wait a minute

Basketball





COACH: Jim Bonollo

ASSISTANT COACH:
Geoffrey Boyle

FINAL RECORD: 5-15

Hopedale
Norfolk
Blckst.-Mlvl.
Franklin
Dover-Sherborn
Holliston
Medway
Millis
Medfield
Hopkinton

BELLINGH
22
50

53
22
15
25

53
HAWKS
44
50

JOLLY
GREEN

Field Hockey

Marchand in the center.

Joan and the team going for a goal!

Cathy makes a drive!

Kathy backs up Joan!

1973 GIRLS FIELD HOCKEY TEAM

(FROM LEFT; FRONT ROW) Donna Cooper; Debbie Barnes; Kathy Hechler; Ruthie Thompson; Cathy Laplante; Donna Usenia; Sue Marchand; Joan Kivior; Karen Dupre; Robin Gautreau; Kathy Verhoest.

(FROM LEFT; BACK ROW) J.V.: Miss Layton, Coach; Beth Hefferman; Marybeth Cappazoli; Lisa Bartolet; Laura Matthews; Joanne LaDuke; Wanda Saunders; Debbie Chaffe; Barbara Hart; Carolyn Hechler.

The seniors in action!

"Please don't hit me!"

"Go stretch!"

One more goal for Bellingham!

"That wasn't *sticks,* Miss Layton!"

More Field Hockey Action!

Kivior going for a goal!

"Give me that %$('&"* ball!"

Laplante protecting her goal.

Karen for a *drive*!

"You can't have *this* ball!!!"

Robin and Sue on the run!

Intramural Basketball

Jump ball!

Trying hard for a lay-up!

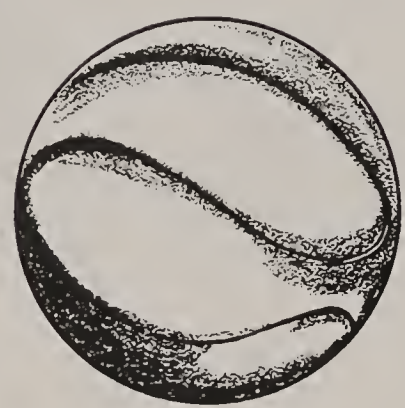
Playing from the floor!

Going for a basket!

Girls Basketball

The Varsity Squad

CO-CAPTAIN
Carolyn Hechler

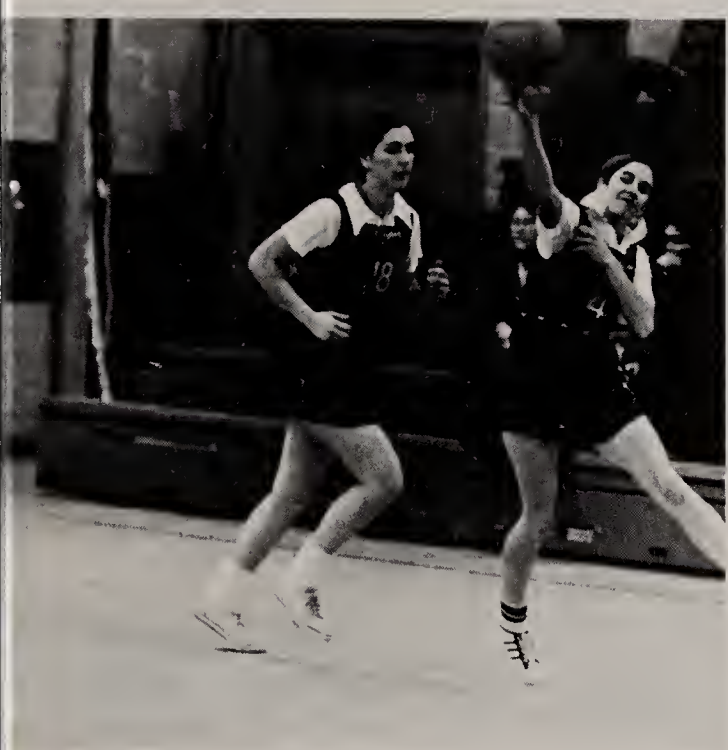


Varsity's Highest Scorers.

J.V. Co-Captain

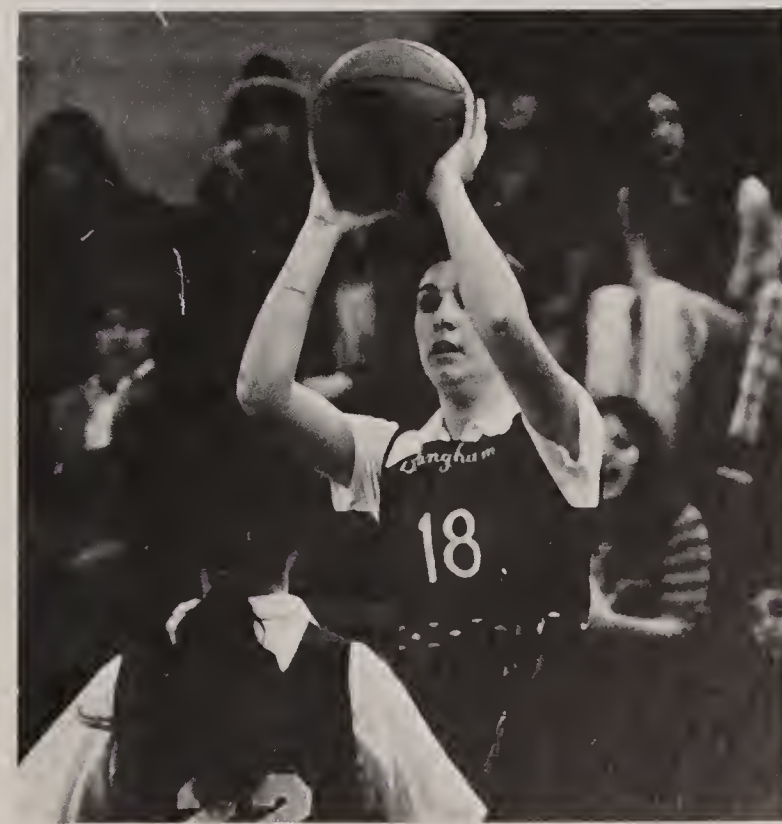
The J.V. Hoopsters

Bunny hop in basketball?



"I got it!"

Bellingham on the run!

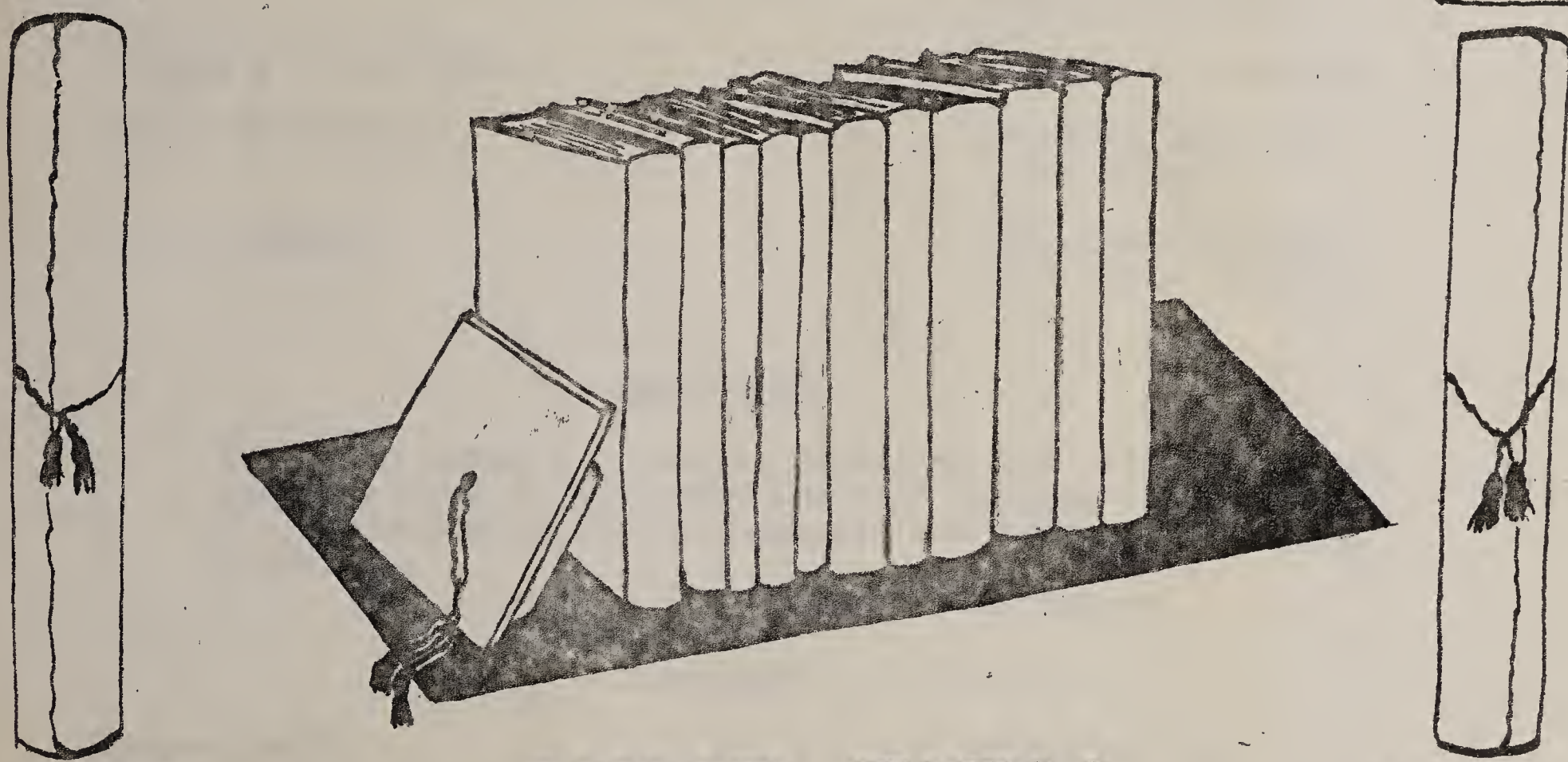


Laplante for 2 more!

BELLINGHAM MEMORIAL

CLASS DAY

"74"



JUNE 7'TH

36th ANNUAL

"74" EXERCISES

HIGH SCHOOL

S.R. & L.M.

SENIOR CLASS OFFICERS

Dorothy E. Keane	President
Kevin G. Maines	Vice President
Laura V. Biron	Secretary
Donna A. Patrick	Treasurer

* ** * * * * * * * *

SUPERINTENDENT	Anthony C. Minichiello
PRINCIPAL	Timothy P. Connors
VICE PRINCIPALS	Gerard Frappier Roger Canestrari
DIRECTOR OF GUIDANCE	Stanley R. Hamilton
MUSIC SUPERVISORS	Vytautas Rastonis Karen Aykanian
CLASS MARSHALS	Elizabeth Frappier Tina Marie Frappier

* * * * * * * * * * *

CLASS MOTTO

"Then life uttered us and we came down the years throbbing with memories of yesterday and with longing for tomorrow, for yesterday was death conquered and tomorrow was birth pursued".

The Prophet, K. Gibran

PROGRAM

Processional.	Class of 1974
National Anthem	School Band
Welcoming Address	Dorothy Keane Class President
Awards.	Pages 1 - 4
Class Gift Presentation	Kevin Maines Class Vice President
Class Song "We May Never Pass This Way Again"	Class of 1974
Recessional	Class of 1974

Cover designed by Susan Roger and Lisa Muccini

CLASS DAY AWARDS

OUTSTANDING SENIORS - Mr. Connors

.....
.....

(to be awarded Scholastic Loyalty Achievement Medal)

ART - Mrs. Pierce

Certificate of Merit: .....

Certificate of Award: .....

Art Medal - Outstanding Senior in Art .....

ATHLETICS - Mr. Anderson

.....
.....

A.V. AWARD - Mr. Connors

.....

BAND - Mr. Rastonis

.....
.....

BUSINESS - Mr. Rook

Business Medal - Highest Business Average

.....

Outstanding Business Student

.....

Bookkeeping/Accounting Awards:

.....	Certificate	& Pin
.....	"	"
.....	"	"
.....	"	"
.....	"	"
.....	"	"
.....	"	"
.....	"	"

Typing Awards

..... Certificate & Pin
..... " "

Shorthand Awards (to be awarded Cross Pens)

.....
.....
.....
.....
.....
.....
.....
.....
.....

CHEERLEADING - Mrs. Martin

.....

D. A. R. - Mr. Connors

Dorothy Keane

DRAMATICS - Mrs, Hoar

.....

.....

ENGLISH - Mr. Thuot

.....
.....

Speech .....
.....
.....

Poetry .....
.....

FOREIGN LANGUAGE - Mrs. Valorie

.....
.....

.....
.....

FOREIGN LANGUAGE - Miss Aykanian

.....
.....
.....
.....

INDUSTRIAL ARTS - Mr. Wade

.....

LEADERSHIP - Mr. Connors

.....

MATH - Mr. Kearnan

.....
.....

The student from Bellingham High School who scored the highest on the 1974 Annual High School Mathematics Examination.

..... (Silver Medal)

The following students will be awarded certificates for active participation in the Math Club.

Seniors

.....
.....
.....
.....
.....

Juniors

.....
.....
.....
.....

Sophomores

.....
.....
.....
.....
.....

Freshmen

.....
.....
.....

MUSIC - Miss Aykanian

..... (Choir Medal)

NATIONAL HONOR SOCIETY - Miss Bonollo (Certificates)

Debra Barnes
Susan Beauford
Gary Beauregard
George Beauregard
Mary Bienkiewicz
Laura Biron
John Broderick
Francis Caccavelli
Donna Canesi
Karen Choquet
Sandra Courtney
Barbara Daley
Estelle Denoylle
Steven Dupre
Wendy Eaton
Kathleen Fabian
Lori Jean Fafard
Sharon Farrar
Doris Ferland
Grace Franco
William Hammond
Carolyn Hechler
Heather Holmes
Dorothy Keane
George Keefe
Barbara Kogut
Andrea Kozimor
Deborah Langley
Diane Leclaire
Estelle Lussier
Kevin Maines
Donna Martel
Sheila McQuade
Linda Michalik
Jeanne Mullaney
Susan Nicholson
Michelle Rivard
Nancy Simonson
Wendy Smith
Marsha Tahquechi
Cheryl Turner
Stephanie Wyatt
Donna Yeomans

PHYSICAL EDUCATION - Miss Layton

.....

SCIENCE - Mr. Beaulieu

Achievement in Science .....
Bausch & Lomb Medal

Medal of Excellence in Science .....

Science Achievement Medal .....

SOCIAL STUDIES - Mr. Horan

.....

Citizenship Award .....

YEARBOOK - Mrs. Flanagan

....
....
.....
.....

VALEDICTORIANS - Mr. Connors

Sheila McQuade
Cheryl Turner

Thirty-sixth

Commencement Exercises

Bellingham Memorial High School

Class of 1974

Sunday, June ninth

Two o'clock

SENIOR CLASS OFFICERS

Dorothy Keane ..... *President*

Kevin G. Maines ..... *Vice President*

Laura Biron ..... *Secretary*

Donna Patrick ..... *Treasurer*

*****

SUPERINTENDENT ..... Anthony C. Minichiello

PRINCIPAL ..... Timothy P. Connors

VICE PRINCIPALS ..... Gerard Frappier
Roger Canestrari

SCHOOL COMMITTEE ..... Harold A. Maines, *Chairman*
Robert P. Donahue, *Vice Chairman*
Edgar L. Desaulniers, *Treasurer*
Omer A. Plouffe
Daniel Ranieri

CLASS MARSHALS ..... Elizabeth Frappier
Tina-Marie Frappier

CLASS MOTTO

"Then life uttered us and we came down the years throbbing with memories of yesterday and with longing for tomorrow, for yesterday was death conquered and tomorrow was birth pursued." *K. Gibran*

PROGRAM

Processional ..... Class of 1974

National Anthem ..... School Band

Invocation ..... Rev. Rollin Karnehm

Co-Valedictory ..... Sheila McQuade
Cheryl Turner

Choral Selection ..... School Chorus

Presentation of Diplomas ..... Harold A. Maines
Chairman, School Committee

Class Song ..... Class of 1974

Benediction ..... Rev. James Connolly

Recessional ..... Class of 1974

CLASS OF 1974
NATIONAL HONOR SOCIETY

Debra Ann Barnes
Susan P. Beauford
Gary E. Beauregard
George H. Beauregard
Mary T. Bienkiewicz
Laura Valerie Biron
John M. Broderick III
Francis P. Caccavelli
Donna Marie Canesi
Karen P. Choquet
Barbara Ellen Daley
Estelle G. Denoylle
Steven R. Dupre
Wendy J. Eaton
Kathleen Mary Fabian
Lori-Jean Fafard
Sharon K. Farrar
Doris V. Ferland
Grace Franco
William Hammond
Carolyn June Hechler
Heather A. Holmes
Dorothy E. Keane
Edward A. Keating
George W. Keefe
Barbara Marilyn Kogut
Andrea Jean Kozimor
Deborah Langley
Diane M. Leclaire
Estelle I. Lussier
Donna M. Martel
Sheila A. McQuade
Linda A. Michalik
Jeanne M. Mullaney
Susan M. Nicholson
Michelle A. Rivard
Nancy Ellen Simonson
Wendy D. Smith
Marsha L. Tahquechi
Cheryl L. Turner
Stephanie A. Wyatt
Donna M. Yeomans

JUNIOR GRADUATES

Annette R. Daudelin
Monice J. Robidoux

CLASS OF 1974

Amanda S. Amiot
Helen R. Anger
Patricia M. Arel
Caroljean Arnold
Reno A. Attwood
Marc Thomas Arpin
Theresa L. Baker
Brad S. Baseler
David A. Bazinet
Germaine T. Bedard
Diane C. Belanger
Helen L. Berg
Christopher J. Bergeron
Paul Bernardi
Michael R. Bileau
Susan S. Blades
Bradford W. Bonnell
Robert J. Borden
Alan R. Bourgery
Linda J. Brown
Debra C. Brunelle
Jeanne E. Carey
William T. Carr
Judith A. Carrier
Cecelia N. Chafee
Dennis M. C. Champagne
Susan B. Champeau
Catherine L. Chandler
John David Chiappone
David Cibley
Karen Cifizzari
Linda Clark
Donna M. Coffey
Donald Wayne Coffin
Deborah J. Conklin
Lorraine Constantineau
Donna Ann Cook
James M. Cook
Cindy Marie Costa
Florence J. Cote
Gary Robert Cote
Sandra M. Courtney
Randy Daignault
Lucille G. Dalpe
Gina Marie DiCristoforo
Sandy L. Dommett
Shirley R. Dulude
Paul Donald Dupre
George Fafard
Kyle Farrar
Scott A. Ferris
Deborah Fisher
Catherine A. Flynn
Maurice H. Garvin
Rosemary A. Frink
Mary Janet Galuza
Leonard R. Gauthier
Kenneth H. Glose
Dean J. Gorman
Richard J. Gosselin
Robin Marie Greeno
Linda M. Groux
David L. Hammond
Timothy M. Hand
Michael Normand Hetu
James E. Howland
Cheryl A. M. Iaciofano
Cynthia L. Ingargiola
Cheryl Ann Jackson
Kim Julie Johnson
Robin G. Kalnicki
Karen Ann Kelly
Dorothea P. KnustGraichen
Cynthia G. Labonte
Russell K. Lamarre
Pauline G. Lamothe
Susan M. Lamoureux
Catherine M. Laplante
Marcia LeBeau
Denise J. Lemire
Linda V. Lemire
Francine F. Loveless
Sandra M. Luciano
Cynthia A. MacIntyre
Kevin G. Maines
Kenneth D. Martin
Marc H. Masson
Cheryl Lee McMaster
Walter J. Mendzela
Gerry M. Milot
Joanne D. Mitchell
Julie E. Molloy
Lisa A. Muccini
Jean A. Murphy
Stephen B. Oliver
Valerie L. Oliver
Debra E. Parisi
Donna A. Patrick
Nancy Marie Patrick
Russell G. Peloquin
Biran V. Perrico
Walter Perry
Cicile A. Pietroszkiewicz
Normand W. Plante
Janice S. Plouffe
Susan M. Plumer
Alice R. Poulin
Diane L. Powers
Richard W. Preston
Francis J. Prior
Sandra A. Provencal
Kevin A. Randall
Thomas M. Ranieri
Janet E. Rice
Ronald P. Recore
Paula J. Richards
Gisele M. Rivard
Linda J. Rivard
Scott V. Rockwell
Susan K. Roger
Stephen E. Russell
Karen E. Saunders
Mark S. Saunders
Margaret Ann Shea
John S. Sikonski
Debra Slatkavitz
Michael D. Smith
Marie D. Spear
Gloria Gabrielle Stanley
Marietta Surrette
Gordon Surrette
Doreen M. Taylor
Ruthanne Thompson
Lawrence R. Toner
Paul Trites
Nancy A. Trudeau
Sandra A. Trudel
Kevin D. Tuttle
Donna Ann Usenia
Vincent J. Vadeboncoeur
Jo-Ann Vail
Ingrid J. Van Helden
William Joseph Walker Jr.
Vincent A. Wentworth
Daniel G. Weston
William E. Whalley
Scott L. Wheeler
Lynne K. Whitley
Deborah Pauline Withrow
Janice M. Witkowski
Faith M. Woodman

The Graduating Class

of

Bellingham Memorial High School

requests the honour of your presence

at its

Commencement Exercises

on Sunday, the ninth of June

nineteen hundred and seventy-four

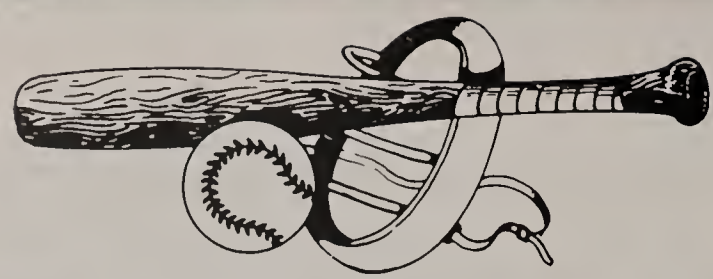
at two o'clock

Bellingham Memorial High Athletic Field

Bellingham, Massachusetts

BELLINGHAM MEMORIAL HIGH SCHOOL GRADUATING CLASS OF 1974

Cameo Studios



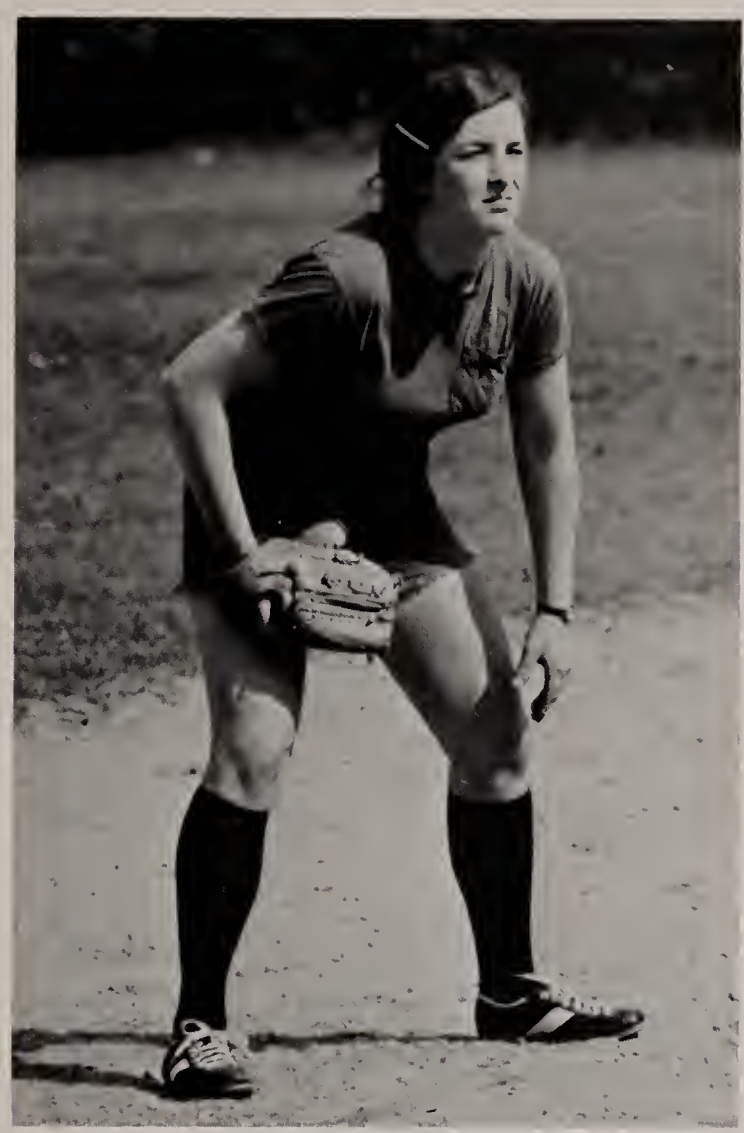
Carolyn signals to the catcher!

Girls softball spectators.

Laplante and Patrick ready for the ball!

Laplante going for a homer!

Jean's position during every game!



"Come on! I'm ready!"

Hechler making the rounds!

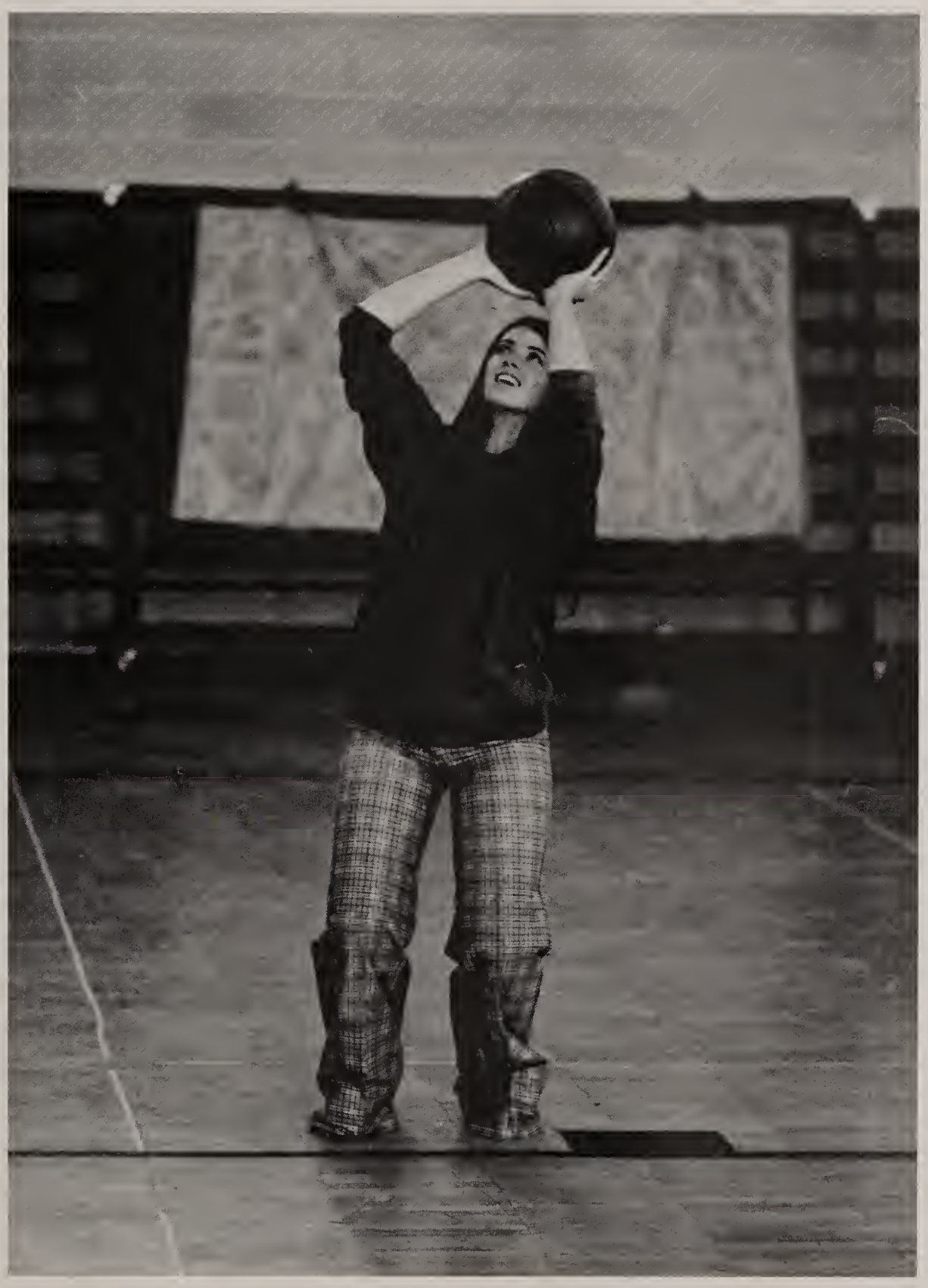
GIRLS 1973 SOFTBALL TEAM

(FROM LEFT; FRONT ROW) Debbie Keefe; Debbie Patrick; Cecile Pietrose; Carolyn Hechler; Cathy Laplante; Joan Kivior; Tracy DiMatio.

(FROM LEFT; BACK ROW) Kathy Hechler; Paula Kozak; Jean Gelineau; Donna Cooper; Robin Gautreau; Kathy Verhoest; Miss Ribero, Coach.

HMMM... I THINK YOU'VE GOT SOMETHING THERE, COSGROVE.
INSTANT
SUCCESS

SENIOR ACTIVITIES



Bellingham H.S.
Junior Prom
Wednesday,
April 18, 1973
Venus de Milo
Theme:
"Pieces of April"

Junior Prom Court And Their Escorts,
Junior Class Advisors,
And Mr. and Mrs. Connors

Junior Prom Queen
Julie Molloy

'73 Junior Prom Court
Debbie Conklin, Julie Molloy, Diana Powers
Princess — Queen — Princess

This Page Sponsored By:
LAKE HIAWATHA ASSOC.

"I've got pieces of April,
I keep in a memory bouquet.
I've got pieces of April,
It's a morning in May."

This Page Sponsored By: AUTO-PARTS INC.

PROM QUEEN: Deborah Conklin

PROM KING: Edward Keating

Theme: "Nights In White Satin."

Bellingham H.S.
1974
Senior Prom
Wednesday,
January 16.
BOCCE Club

1974 SENIOR PROM COURT
QUEEN: Deborah Conklin
PRINCESS: Susan Beauford
PRINCESS: Janice Plouffe

"Smile for the camera!"

"I want to dance all night."

"You call this food?"

"Oops! Too big!!!"

"Smile and say cheeseburger!"

"Get off my toe!"

"Dig in!"

"MMM! That was good!"

"This is fun!"

This Page Sponsored By: MR. JOSEPH'S BARBER SHOP

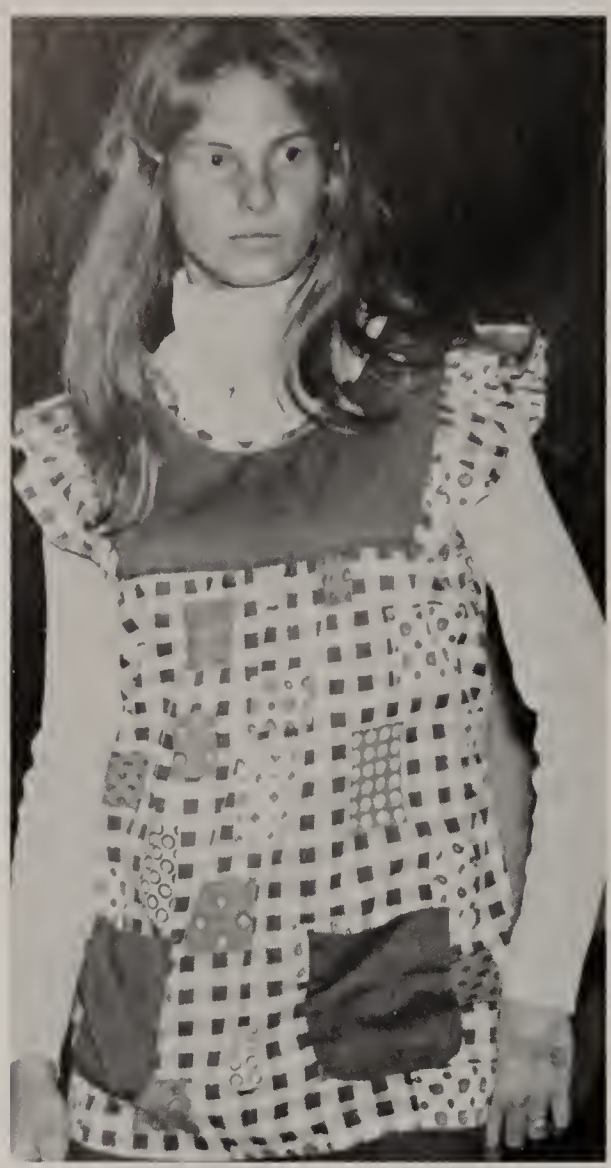
"I just *love* slow dances!"

"Aww come on — let's dance!"

"Peace, man!"

"I wish they'd pep it up!"

"We use *Close-up*!"

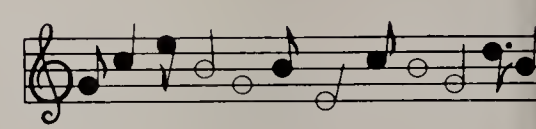


"Oh No!"

"Oohhh!"

"One . . . two . . . three . . . kick!"

Annual Freshman-Senior Get-Acquainted Dance.



"Hhmmm!"

"This is boring!"

"This is fun!"

"Now let's be logical about this!"

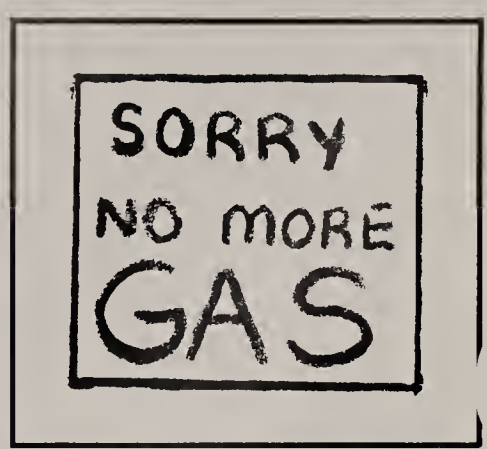
"I think I'll *stand* this one out!"

The team!

This Page Sponsored By:
PUMPKIN SEED

REACTION

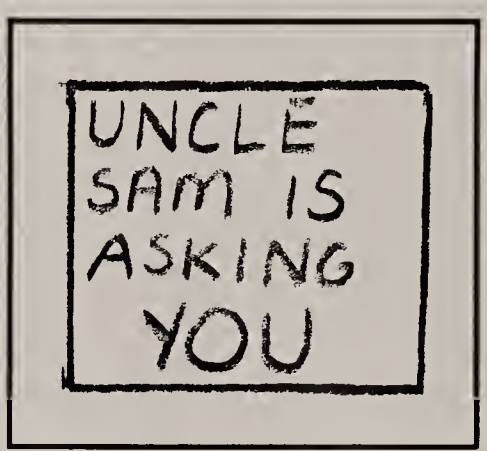
Women's Liberation



The
Energy Crisis

Religion

Impeaching The President



The Voluntary Service

America

Mass Reactions Prove That 1973 Was A Year Of Concern.

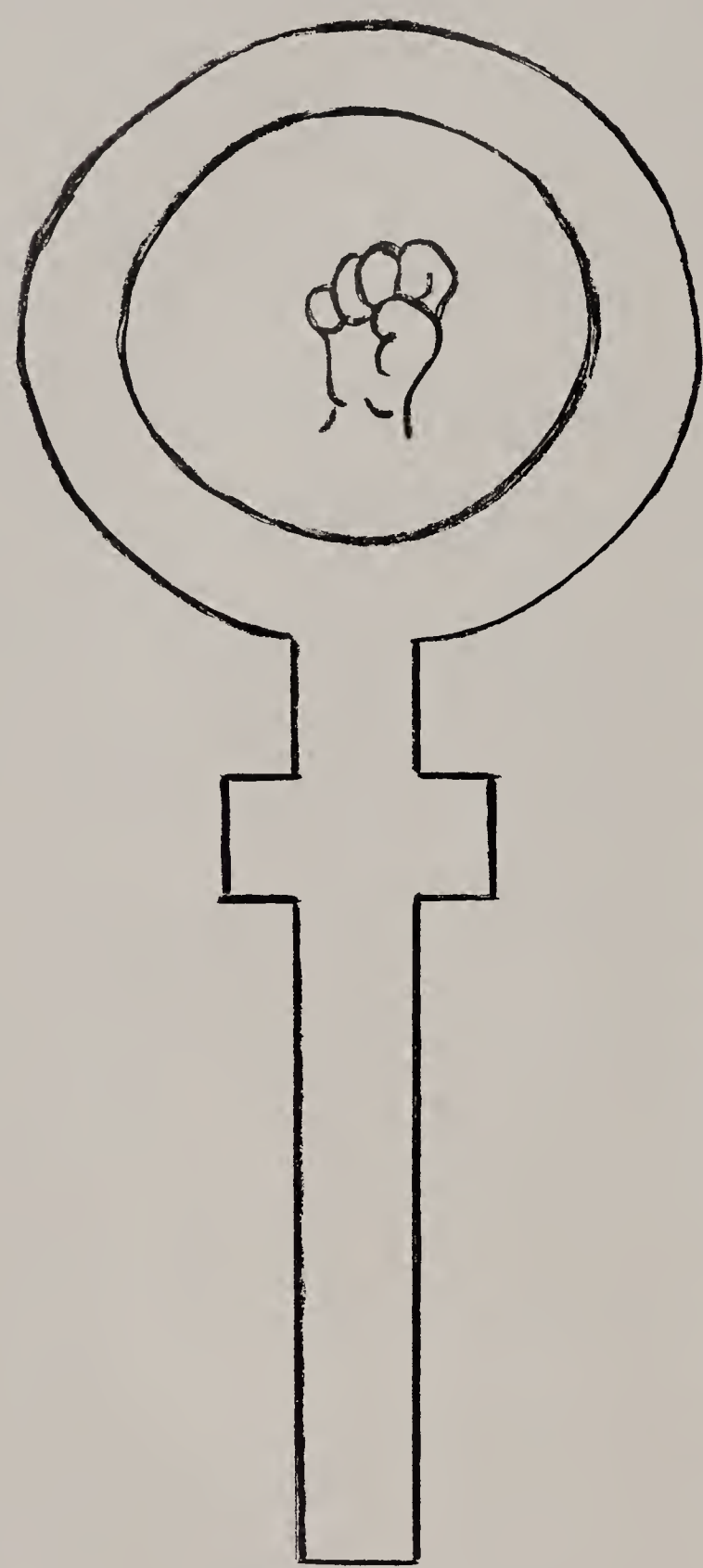
IT USED TO BE THAT THE MAIN THING THAT MOST HIGH SCHOOL STUDENTS THOUGHT ABOUT WERE MAKING SURE YOU HAD A STEADY GIRL OR BOY FRIEND WHEN YOU WERE A SENIOR, OR GETTING THAT VARSITY FOOTBALL LETTER TO PROVE YOUR MASCULINITY. SOME PEOPLE TODAY STILL THINK THAT WAY, BUT THE MODERN STUDENTS HAVE BEEN NOTED FOR THEIR CONCERN, OUTSPOKEN AT TIMES, BUT NONETHELESS IT IS A CONCERN FOR THE WELFARE OF OUR COUNTRY AND LIVES. THESE OPINIONS ARE FORMED INDIVIDUALLY, REGARDLESS OF HOW THEY CLASH WITH PREVIOUSLY SET IDEAS AND ELDER INFLUENCE.

ILLUSTRATED NEXT ARE B.H.S. TEACHER AND SENIOR REACTIONS TO MODERN ISSUES AND PROBLEMS THAT EITHER ENLIGHTEN OR POLLUTE OUR WORLD.

YOU MAY FIND SOME OF THESE OPINIONS RADICAL OR CONSERVATIVE, BUT KEEP IN MIND THAT THEY ARE CONCERNS MADE BY PEOPLE WHO CARE ENOUGH TO VOICE THEM.

DIVERSIFIED REACTIONS ARE THE CHARACTERISTIC OF THE TOPIC:

ON WOMEN'S LIBERATION



LIBERATION:
"TO SET FREE"

"I DON'T THINK WOMEN SHOULD BE DISCRIMINATED AGAINST IN JOBS BY RECEIVING LOWER PAY FOR EQUAL WORK. BUT — I STILL WANT TO BE TREATED LIKE A LADY."

"I THINK IT'S GOOD, BUT I ALSO FEEL THAT MOST OF THE WOMEN ARE GOING ABOUT IT IN THE WRONG WAY. THEY ARE MAKING FOOLS OF THEMSELVES."

"I THINK THE MOVEMENT HAS BEEN GOOD FOR THE COUNTRY, AND IT'S HELPING OUR SOCIETY BECOME INDIVIDUALIZED RATHER THAN STEREOTYPED."

"THE WOMEN'S LIBERATION MOVEMENT HAS GROWN OUT OF A LEGITIMATE NEED FOR RECOGNITION AND OPPORTUNITY. YOUNG WOMEN WILL GREATLY PROFIT IF THEY ARE ATTENTIVE TO THE EXPERIENCES AND HUMAN NEEDS OF OTHER WOMEN WHO ARE RATIONALLY INVOLVED IN THIS MOVEMENT."

"I THINK THAT THE WOMEN'S LIB MOVEMENT IS TOTALLY RIDICULOUS. I FEEL THAT A WOMAN SHOULD STAY HOME AND GIVE THEIR CHILDREN THE ATTENTION THEY NEED. AS FOR THE UNMARRIED WOMEN; I FEEL THAT THERE ARE ENOUGH OPPORTUNITIES AROUND FOR THEM WITHOUT INTERFERING WITH THE SUPERIOR MALES."

"I FEEL THAT WOMEN'S LIBERATION IS BASICALLY GOOD AS IT LIBERATES MODERN WOMEN. HOWEVER, IN MANY RESPECTS IT HAS GONE TOO FAR IN REMOVING THE EXISTING SOCIAL STANDARDS BETWEEN A MAN AND A WOMAN."

THIS PARTICULAR PAGE IS NOT BLACK SOLELY FOR DESIGN PURPOSES. THIS PAGE REPRESENTS THE CURRENT SITUATION IN OUR COUNTRY RIGHT NOW. THINGS LOOK VERY DARK FOR OUR FUTURE. MANY REASONS GIVEN FOR THIS ARE BEFUDDLING AMERICANS. THIS SECTION PROVOKED CONCERNED REACTIONS ON THE TOPIC:

THE ENERGY CRISIS

"I DON'T FEEL THAT THERE IS A TRUE ENERGY CRISIS RIGHT NOW. I FEEL THAT PRESIDENT NIXON, THROUGH EXPERIENCE, HAS REALIZED THAT AMERICANS WOULD NOT LISTEN TO HIM IF HE TOLD THEM WE'D BETTER CONSERVE ENERGY FOR THE FUTURE. SO, HE HAS CREATED HIS OWN SOLUTION BY FORMING A CRISIS TO FORCE AMERICANS TO START CONSERVING."

"I GET THE FEELING THAT THE AMERICANS ARE BEING DUPED BY THEIR GOVERNMENT."

"AMERICANS ARE NOT CALM, THEY HAVE NOT COLLECTED, BUT THEY ARE COOL."

"IT'S ALMOST IMPOSSIBLE TO TELL WHETHER THIS CRISIS IN ITSELF IS FACT OR FICTION BY THE STATISTICS THAT SHOW FUEL CONSUMPTION, ETC. THE GAS AND OIL COMPANIES ARE THE ONES WHO ARE PRINTING UP THESE STATISTICS. THEY COULD BE BRAINWASHING US. WHO DO YOU BELIEVE — THE COMPANIES OR YOURSELF?"

"THE ENERGY CRISIS IS BUT A SYMPTOM OF WHAT IS HAPPENING IN AMERICA TODAY. THE POLITICAL WEDGE IS WIDENING THE GAP BETWEEN THE RICH AND THE POOR, BETWEEN THE POWERFUL AND POWERLESS. IN THE MEANTIME, AMERICANS MYOPICALLY CONCERN THEMSELVES WITH ENERGY WHILE SENSITIVE POLITICAL ACTIVISTS HOLD PATRICIA HEARST FOR 4 MILLION DOLLARS RANSOM."

"LET ME PUT IT THIS WAY, IF I WERE A SURGEON, I'D DEFINATELY CALL THIS DISEASE MALIGNANT."

"WHAT ENERGY CRISIS? IT SHOULD BE CALLED THE GOVERNMENT CRISIS. WHILE ALL THE PRICES SKYROCKET AND GAS AND OIL COMPANIES SOAK IN MILLIONS OF DOLLARS IN PROFIT, THE GOVERNMENT OFFICIALS ARE SITTING ON THEIR DERRIERRES AND WATCHING THE VIEW."

IN CONTRAST TO THE PREVIOUS PAGE, THIS PAGE SYMBOLIZES THE ARTICLE IN OUR LIVES THAT MAKES OUR FUTURE BRIGHT FOR US. THAT ARTICLE IS FAITH. A COURSE FOR INDIVIDUALITY IN SOME, COMBINATION FOR OTHERS MARKS THE REACTIONS:

ON RELIGION

"I THINK RELIGION IS GOING TO END UP INTO ONE CHURCH. BECAUSE THEY'RE HAVING TOO MUCH TROUBLE GETTING THE PEOPLE TO GO TO ALL THE DIFFERENT CHURCHES AS IT IS NOW."

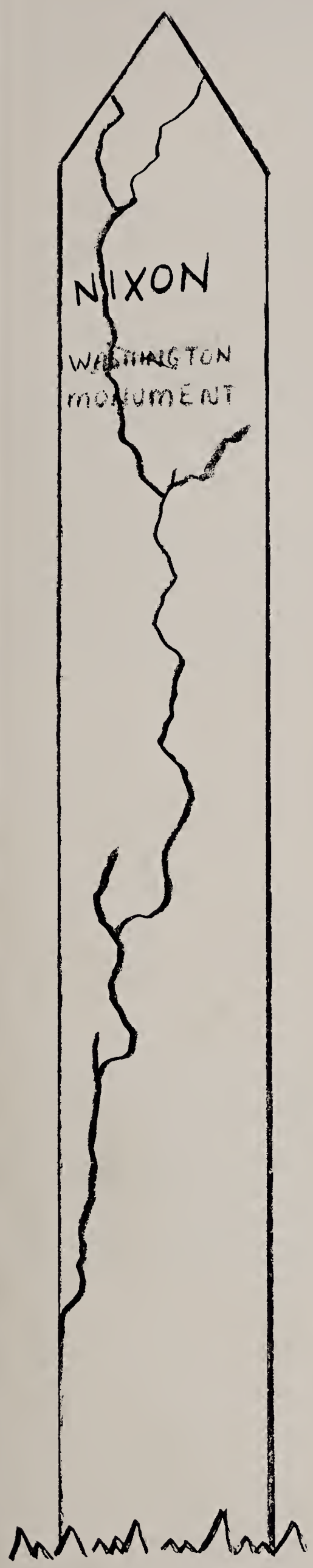
"I THINK RELIGION TODAY IS A FREER CONCEPT OF THE EARLIER FORM. PEOPLE DON'T FEEL OBLIGATED TO GO TO CHURCH TO WORSHIP GOD. EVERYONE CAN WORSHIP GOD IN THEIR OWN WAY."

"IT'S A MASS MEDIA FOR PEOPLE WHO DON'T BELIEVE IN TELEVISION, AND WHO ARE AFRAID TO DIE.

"MANY PEOPLE FEEL THAT GOD IS DEAD — OR EITHER THAT THERE IS NONE. I REALLY FEEL BAD FOR THEM. GOD IS ALIVE AND WORKING! ALL YOU HAVE TO DO IS ACCEPT HIM — LET GO, LET GOD! HE IS ALIVE AND DOING WELL! JUST OPEN YOUR EYES AND REALIZE IT!"

"I BELIEVE IN GOD — IT'S JUST WHEN THAT MONEY BASKET COMES AROUND ONCE OR TWICE, AND YOU HAVE TO PAY TO SIT DOWN — I GET TURNED OFF."

"IF THERE IS NOTHING IN OUR AFTER DEATH STATE, WHAT IS THERE TO LOOK FORWARD TO? WHAT PURPOSE DO WE ALL SERVE ON EARTH?"



SKEPTICISM, ANGER, AND GENERAL PESSIMISM ARE THE TRAITS OF STUDENT AND TEACHER RESPONSES CONCERNING:

IMPEACHING THE PRESIDENT

"THE PRESIDENT SHOULD BE IMPEACHED BECAUSE THE GOVERNMENT IS TOO CORRUPT. THE ONLY THING IS THAT PEOPLE, NOT ONLY THOSE IN HIGH OFFICE, BUT ALL PEOPLE IN GENERAL, ARE AFRAID TO REALLY STAND UP."

"I DEFINITELY THINK HE SHOULD BE IMPEACHED. HE'S CAUSING NOTHING BUT PROBLEMS. THE AMERICAN PEOPLE ARE SLOW IN REACTING, BUT WHEN THEY WAKE UP AND DO REACT, IMPEACHMENT IS INEVITABLE."

"DON'T IMPEACH HIM NOW — IT'LL JUST OPEN THE DOOR FOR ANOTHER CROOK."

"I DON'T THINK IT WOULD BE A GOOD IDEA FOR ONE REASON — IF ANY PRESIDENT WERE PULLED OUT IN THE MIDDLE OF HIS TERM, IT WOULD BE MORE HARMFUL BECAUSE ALL OF A SUDDEN OUR COUNTRY WOULD BE WITHOUT A PRESIDENT."

"IF PRESIDENT NIXON'S RE-ELECTION GOAL WAS TO MAKE AMERICA SINK LIKE THE TITANIC DID — I'D SALUTE HIM. HE'S DONE A GREAT JOB! TOO BAD HE'S DRAGGING THE AMERICAN PUBLIC WITH HIM."

"PRESIDENT WHO?"

MOST OF US WAITED FOR IT A LONG TIME. WHEN IT ARRIVED, WE WERE HAPPY. HAPPY BECAUSE WE FINALLY HAD OUR CHOICE IN IT BESIDES CANADA. HERE ARE REACTIONS CONCERNING:

THE VOLUNTARY SERVICE

"IT DOESN'T MATTER ANY; I WASN'T GOING IN ANYWAY!"

"I LIKE IT — IT'S BETTER THAN THE DRAFT."

"IT'S WORKABLE, HOWEVER IT TENDS TO DRAW ON THE MIDDLE CLASS AND THE POOR AS THE BASIS OF ITS FORCES. THIS CREATES THE POSSIBILITY OF A CLASS ARMY."

"I'M GLAD — WITH THE WAY THE ENERGY CRISIS IS HITTING US, MANY OF THE DODGERS WOULD HAVE TO THUMB TO CANADA."

"I'M STILL GOING IN."

FINALLY, WE COME TO THE BIGGEST CONCERN FOR ALL OF US. OUR COUNTRY IS BEING PULLED APART BY PREJUDICE, GOVERNMENTAL INFALLIBILITIES, AND AN APATHETIC POPULATION. WHAT OF OUR

AMERICA?

"AMERICA, UNFORTUNATELY, IS NO LONGER THE DOMINANT POWER IN THE WORLD. MILITARILY, WE ARE INFERIOR, IF NOT EQUAL TO THE RUSSIANS. ECONOMICALLY WE ARE ON THE BRINK OF A SECOND DEVASTATING DEPRESSION. SOCIALLY, OUR INVOLVEMENT IN FOREIGN AFFAIRS AND WARS HAS CAUSED DOMESTIC STRIFE WHICH HAS LED TO THE STAGNATION OF OUR PEOPLES. EDUCATIONALLY, WE PRODUCE ARMIES OF ARTICULATE AUTOMATIONS. FOR THE RICHEST COUNTRY IN THE WORLD, OUR POOR STILL STARVE IN THE STREET."

"I THINK AMERICA IS ONE OF THE LEAST APPRECIATED COUNTRIES IN THE WORLD FOR WHAT IT DOES. I THINK WE'RE TAKEN FOR GRANTED BY ALL THE OTHER COUNTRIES WE SEND FOREIGN AID TO. I THINK IF WE DON'T STRAIGHTEN UP AND DON'T STOP SENDING ALL OF THIS FOREIGN AID; SOON ALL THESE COUNTRIES WILL USE IT AGAINST US — ESPECIALLY RUSSIA."

"AMERICA RIGHT NOW IS IN A STATE OF CONFUSION AND PESSIMISM. WHAT WE NEED IS A DICTATORSHIP TO STRAIGHTEN UP OUR CORRUPT GOVERNMENT — TOO MANY PEOPLE ARE VICTIMS OF AN EXTREMELY LENIENT AND HELPLESS AMERICAN LAW SYSTEM."

"THEY USED TO SAY 'AMERICA — LOVE IT OR LEAVE IT' AND PEOPLE USED TO FLIP AND GO RAVING ON HOW GREAT AMERICA IS. TRY SAYING THE SAME THING NOW, AND PEOPLE WILL GO. EVEN THOUGH AMERICA IS EXPERIENCING ROUGH TIMES, IT IS STILL MY COUNTRY, THE COUNTRY THAT PUT ME WHERE I AM, AND GAVE ME THE OPPORTUNITY TO IMPROVE. AMERICA IS STILL NUMBER ONE WITH ME."

"I'M STILL AN AMERICAN — I THINK."

ZINC + CARBONATE = ZINC CARBONATE

$Zn^{(+2)} + CO_3^{(-2)} = ZnCO_3$

substitution: opinions + creativity + involvement = awareness

IRON (III) + OXIDE = IRON (III) OXIDE

$Fe_2^{(+3)} + O_3^{(-2)} = Fe_2O_3$

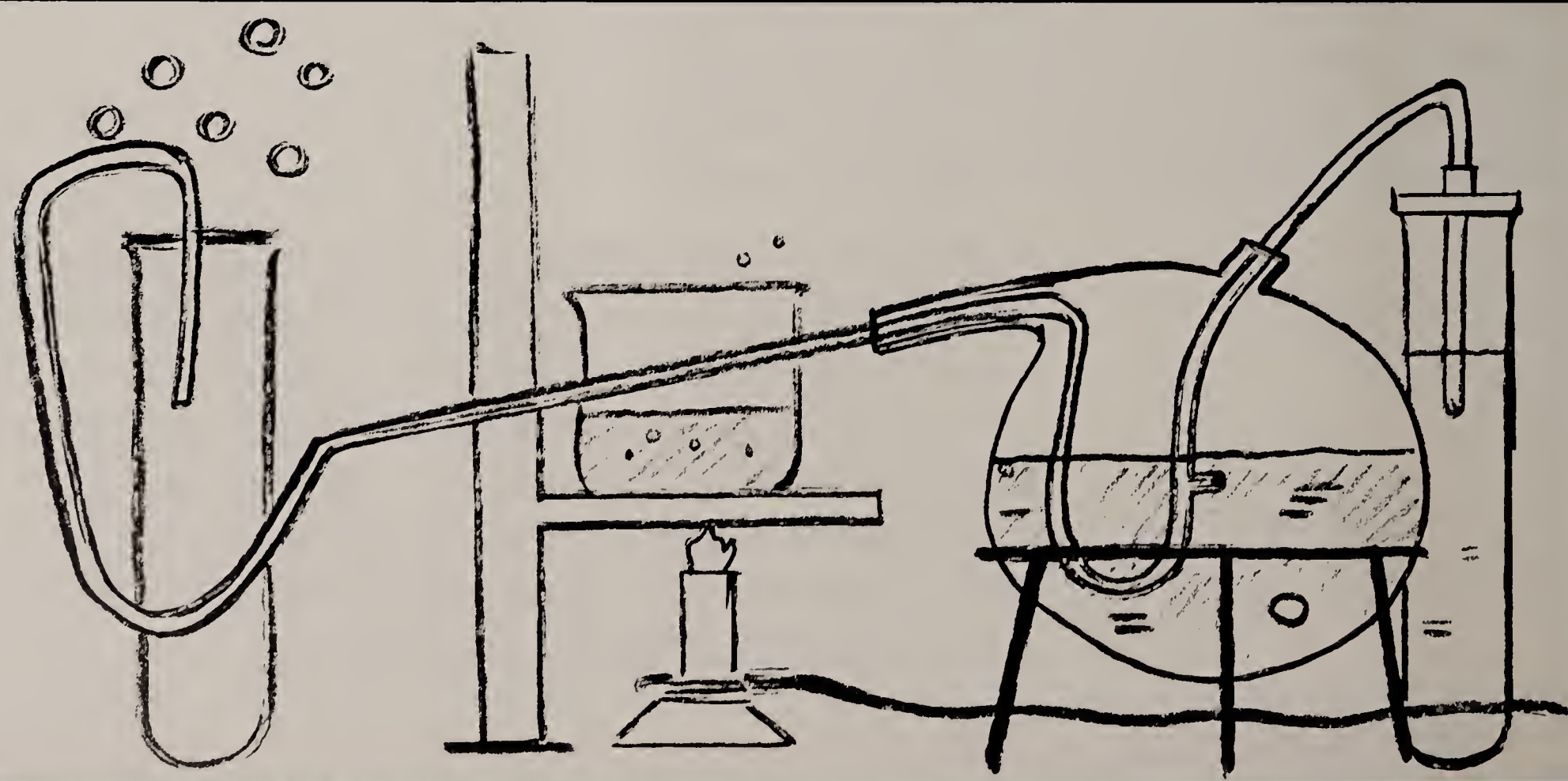
substitution: discussions + research + work = participation

MAGNESIUM + SULFATE = MAGNESIUM SULFATE

$Mg^{(+2)} + SO_4^{(-2)} = MgSO_4$

substitution: AWARENESS + PARTICIPATION = B.H.S.

THE CHEMISTRY OF BELLINGHAM MEMORIAL JR.-SR. HIGH SCHOOL.



The following six pages analyze what the ingredients of a day at Bellingham Memorial High School are.

We hope to show the different dimensions of learning that our high school years present to us.

The pages are memories of the hectic, responsible, and often harassing days that we lived for four to six years.

From start to finish, school should mean one thing to us all —

Learning is an experience, not just something you get from a book.

Early School; Pre-Homeroom

7:00 A.M. — 7:45 A.M.

Pre-school is a hectic period. Not as hectic as the normal B.H.S. day itself, but it gives many students the chance to use the library, a friend, and even a teacher's help in last minute completion of an assignment. The others arrive early or later, and very soon the halls are infested. The mass of humanity teems by you. Friends greet each other with hello and what's new. You hear a verbal collage of discussions that ring through the halls. These discussions range in scope from the previous night's sports and television programs, to class preparation for the day ahead.

The Wheels Of B.H.S. Are Beginning To Stir.

B.H.S. Starts!

Bells, Homeroom: Off To Periods 1 — 7 7:58 — 2:00 P.M.

The 8 o'clock bell is the GO signal for the Bellingham High School student. Go to classes, studies, seminars, workshops, phys. ed., health, lunches, and finally — home.

One may ask, how do the teachers here view this panorama of befuddled, colorful, and intelligent personalities suited in different styles?

Presented below is how we think these teachers view us seven periods a day, at our best and worst.
As one famous philosopher said — "Patience is a virtue."

7:58 A.M. — 2:00 P.M.: The Teachers

"That's how it's done."

"Why are you late?"

"Smile and say lasagna!"

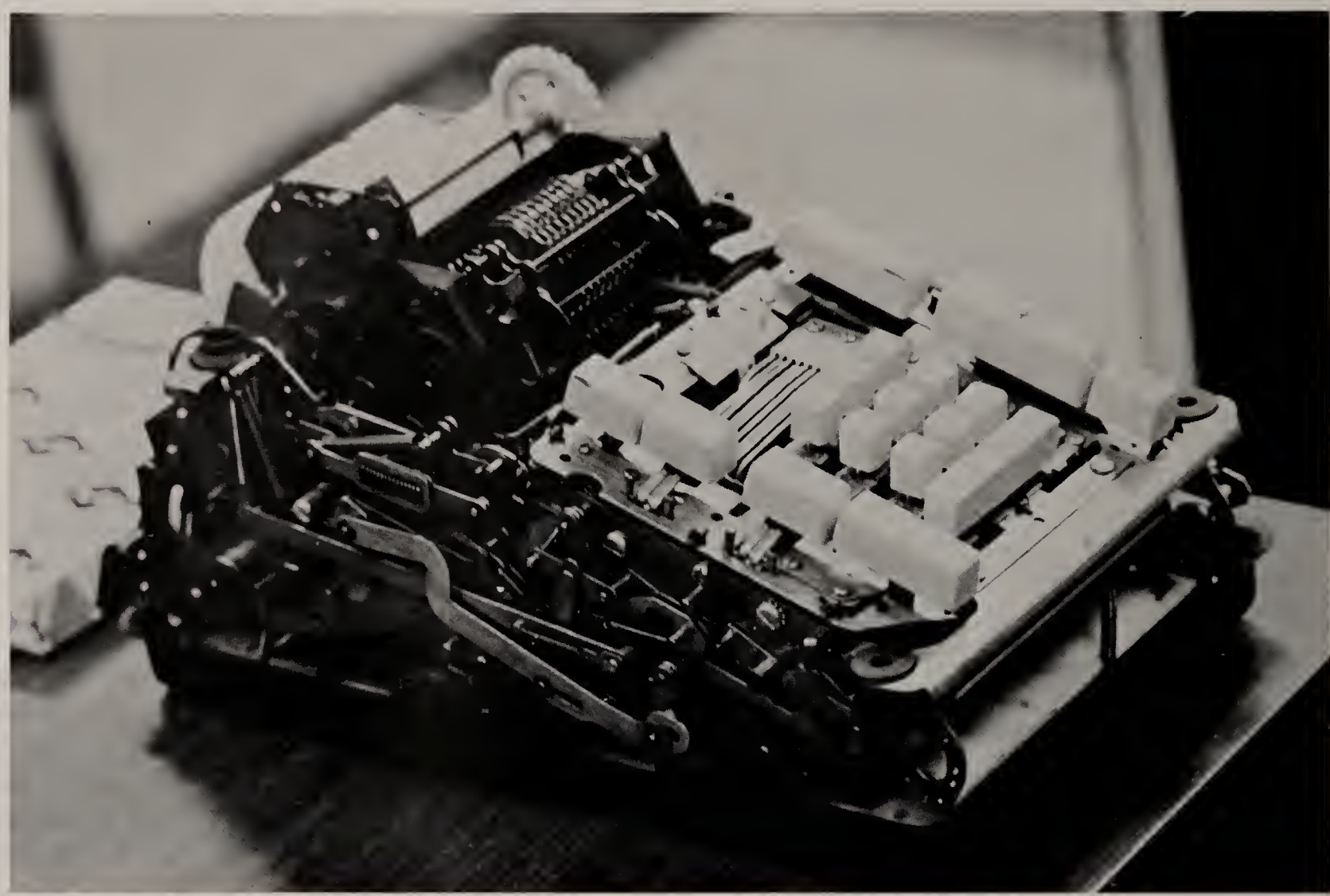
"What do you mean Newton's second law is wrong?"

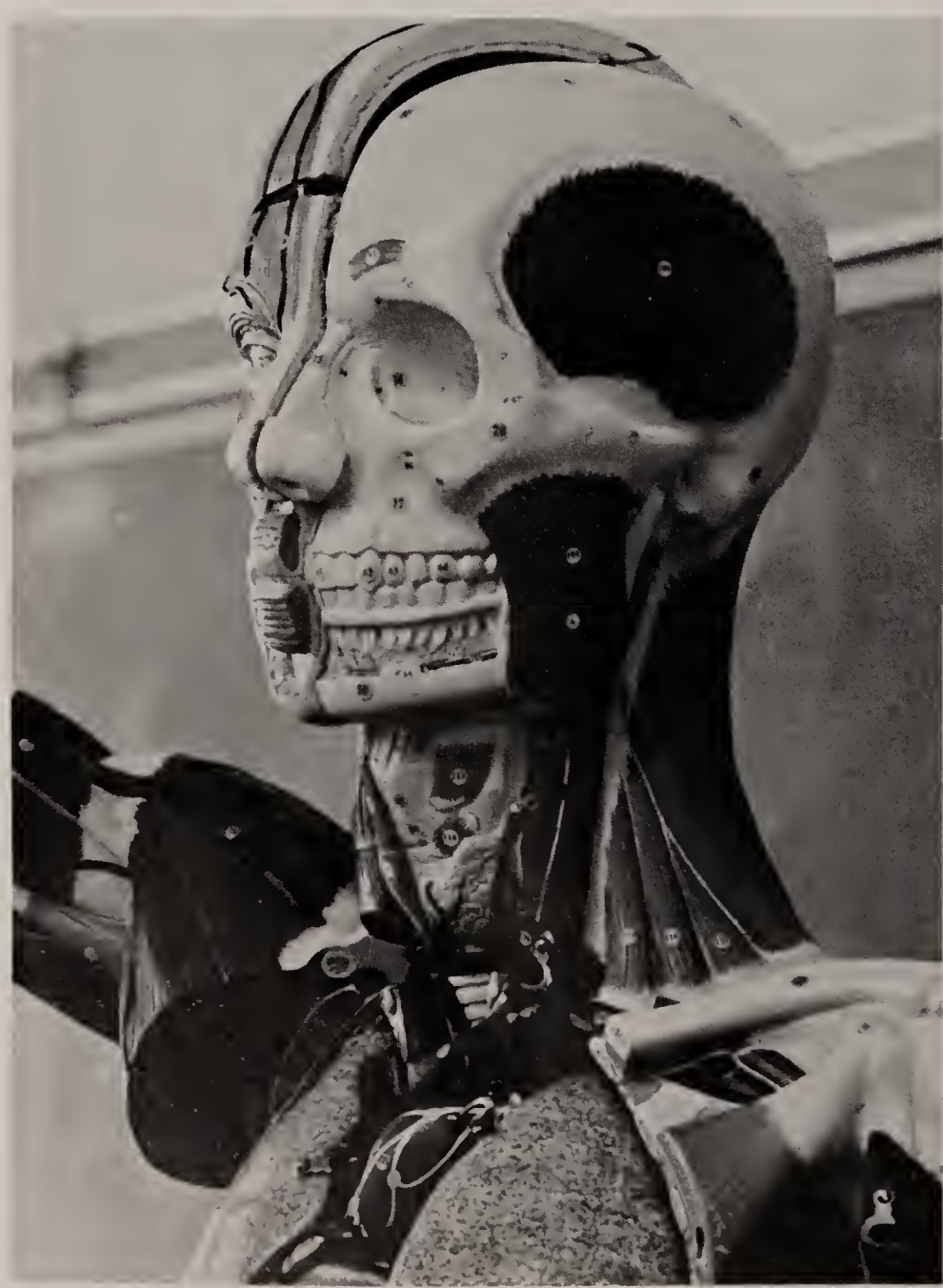
"And the ankle bone connects to the leg bone . . ."

"Who said that?"

7:58 A.M. — 2:00 P.M.: The Material Content

What makes up this school besides the numerous administrators, faculty, employees, and students? The answer is quite obvious — the building itself and the equipment it houses. Presented below are three quiet onlookers of our academic endeavors.



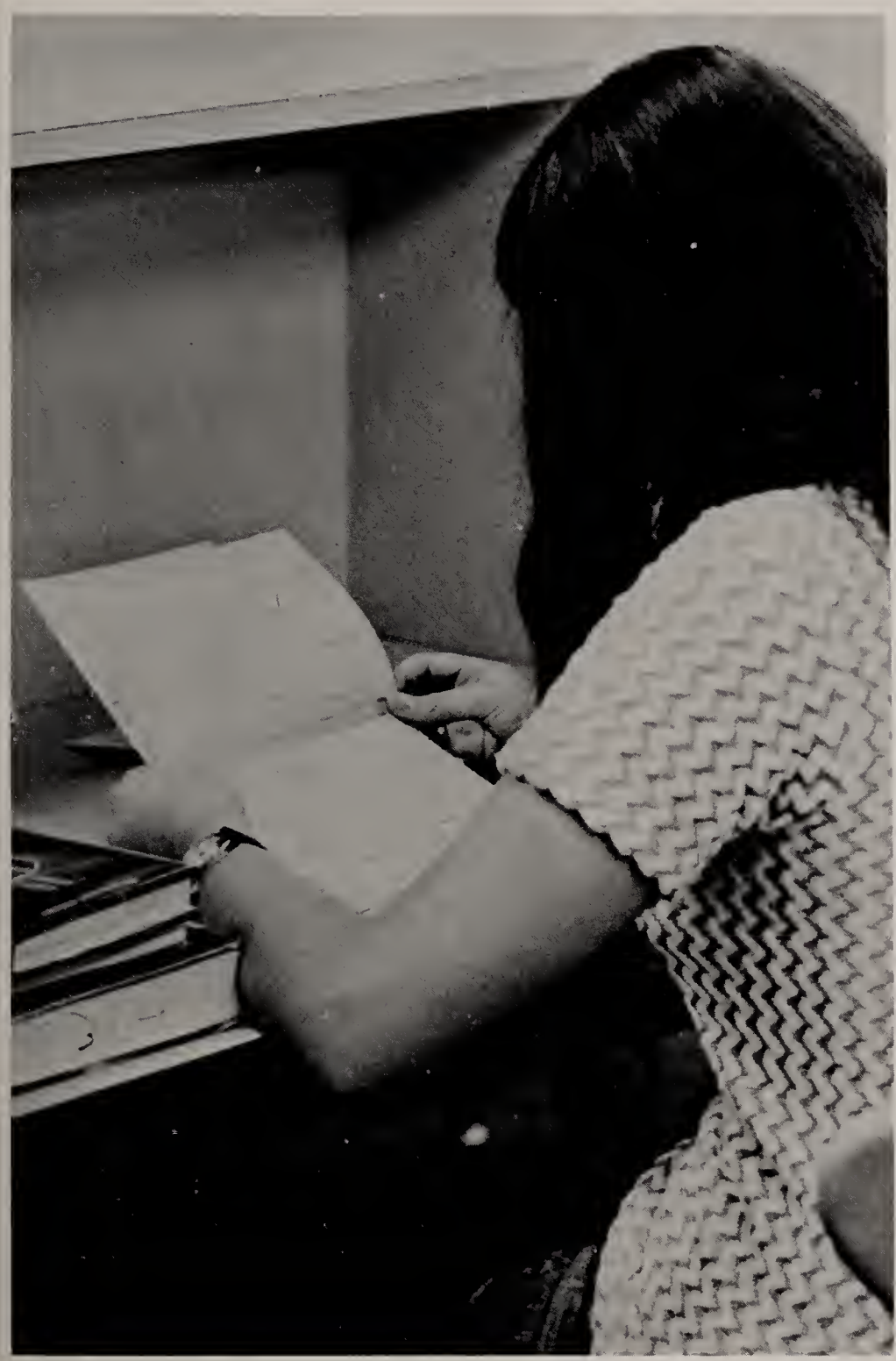


7:58 A.M. — 2:00 P.M. The Student Population And Courses. B.H.S. — Indepth

As the morning hours pass by, each student is using the concentration he possesses on whatever subject he has taken on. Things as discussions, library research, and projects demand personal involvement.

Between classes, the concentration slips momentarily to socializing, laughter, and locker searching. But when the bell rings again, the responsibility returns to form.

Pictured next are the values of the workshops, physical education, sciences, individuality, and moreover, the values of being yourself as a student and person; doing whatever you do best.



Concentration by studying.

A break for laughter.

Involvement in self-skill.

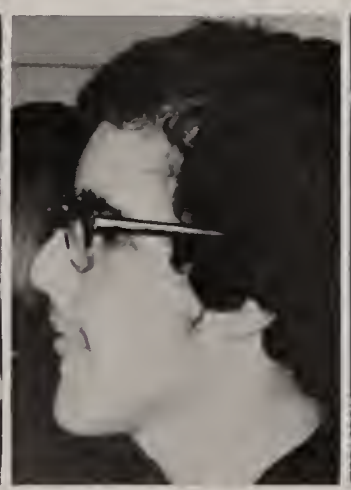
Sock It To Me School

The B.H.S. Philosophy: Social Life

7:58 A.M. — 2:00 P.M.

Class time is obviously extremely important in our schooling. But what of all the times we find ourselves not surrounded by academic boundaries? At football games, dances, in the halls, at lunches, and proms, we are learning and socializing at the same time. We learn to talk, listen, respect and interact with other people on a team or among ourselves.

Each of us at B.H.S. learns a great deal from those that we associate with.



living
is
your
own
personal
experience

2:00 P.M.

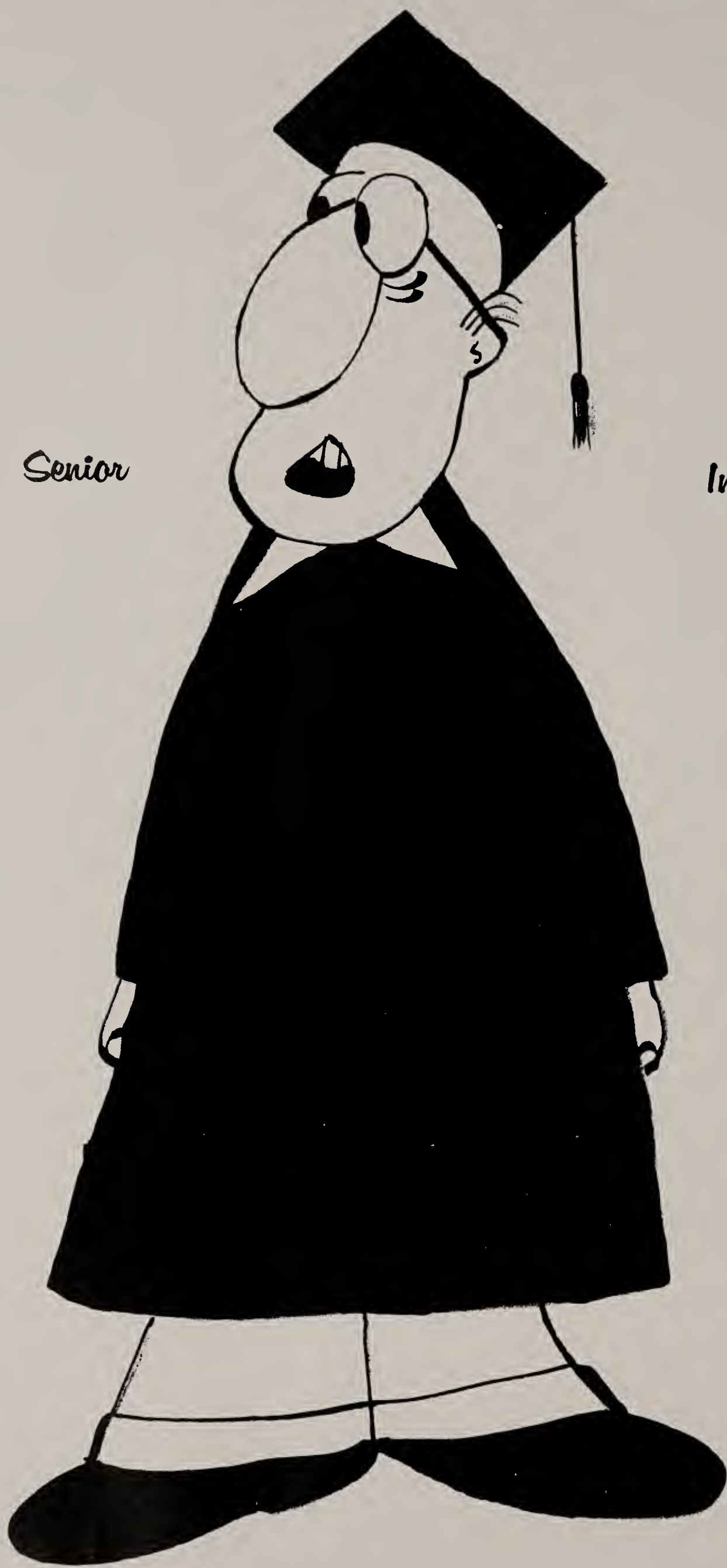
The B.H.S. Termination And Re-Birth Period.

The two o'clock bell sounds its long awaited chimes. To some, the day is finally over and the only thing on the horizon is relaxation, or their part-time jobs.

To others however, the post school period is when more events occur. There are countless athletic and social activities that are congested into an hour to three hour period. Variety adds the spice to these occasions.

From them, a powerful potion of learning is presented. "Team work, discipline, involvement, experiences, new dimensions and aspects" are brought out to the B.H.S. student, who discovers that learning is an all-day and everyday thing.

Senior Index



Amanda Amiot

94 Ruthellen Road
Chorus I — II, Drama Club I — II, Basketball, Field Hockey III, Drama Club III, Prom Com. III — IV

Helen R. Anger

40 Paine Street

Caroljean Arnold

So. Main Street
Drama Club I — II, Ecology II, (Pres. II) FTA II, Jr. Class Chorus, DECA IV

Patricia Arel

111 Florida Avenue
Drama I — II

Reno Attwood

63 Phillips Drive
Ski Club I

Theresa L. Baker

23 Saddleback Hill Road
AA II — III

Debra A. Barnes

19 Porter Road
Drama Club I — IV, Ecology II. (Sec.), Field Hockey II — IV

Brad S. Baseler

64 Farm Street
Ice Hockey II — III

David A. Bazinet

128 Caroline Drive
German Club I — III, Track I — II, Football IV, Newspaper III — IV (Co-ed IV)

Susan Beauford

980 So. Main Street
Yearbook III — IV, Tennis IV, FTA II — III

Gary E. Beauregard

741 Pulaski Blvd.
Chess Team I, Track I — II, Spanish Club I — III (Pres. III), AV II — IV, Literary Magazine II, NHS III — IV (Pres. IV), Yearbook Editor III — IV, Student Gov't. IV, CCD Teacher III

George H. Beauregard

741 Pulaski Blvd.
Football I — III, Intra. Basketball II — IV, Chess Team I — IV (Co-Capt. III — IV), Chess Club I — IV, Literary Magazine II, Yearbook Staff III — IV, Track II, NHS III — IV, Student Gov't. IV, Football Club I — III

Germaine T. Bedard

31 Lafayette Street
CCD

Diane C. Belanger

22 Lake Street
Drama Club II — III, Girls Ice Hockey I — III, Ice Hockey Cheerleader IV

Helen L. Berg

159 Temi Road
Newspaper II — IV (Co-ed. III, Ed. IV), Student Council II — III, Reg. Advisory Bd. III, Student Advisory Bd. School Comm. III, Drama Club II

Christopher J. Bergeron

50 Woodland Road
Track I — II, Band II — IV, Football I, AA I — II, Band Club II — III, Chorus IV

Paul M. Bernardi

13 Gaby Lane
Football I, Basketball II, Chess I

Mary T. Bienkiewicz

191 So. Main Street
Field Hockey II, Student Council II — III, Drama Club I, Art Club I — III (V. Pres. III), Yearbook Staff IV, NHS III — IV, Chorus III — IV

Michael R. Bileau

51 Bliss Road
Student Council I — III, Coin Club I — IV, Football I — IV (Capt. IV), Baseball II — IV, Basketball II — IV (Capt. IV)

Laura V. Biron

91 So. Main Street
Drama Club I — II, Ski Club I — II — IV (Sec.), French Club IV, Ice Hockey Cheerleader Capt. III — IV, Girls Ice Hockey I, FTA II — III, Majorettes, Social Comm. IV, Prom Comm. IV, Class Sec. IV

Susan S. Blades

6 Brian Road
Drama Club I — II, Ecology Club I — II

Brad W. Bonnell

32 Valley View Road
Chess Club III

Robert Borden

212 No. Main Street
Track I — II

Alan R. Bourgery

81 Pothier Street
Yearbook Activities Editor III

Kathleen Brennan

Overlook Dr.

John M. Broderick

15 Wethersfield Road
Baseball II, Chess Team II — IV (Co-Capt. III — IV), Chess Club II — IV, Math Club III — IV, Intra Basketball IV, Yearbook Sports Editor III — IV, Newspaper III — IV (Sports Ed. IV), Student Advisory Bd. Chair. IV

Linda J. Brown

1157 So. Main Street
Drama Club II — III, Ecology Treas. IV, Art Club I, DECA V, (Pres. IV), Prom Comm. III

Debra C. Brunelle

31 Bliss Road
Art Club

Francis P. Caccavelli

124 Mechanic Street
Football I — IV, Band I — IV, Key Club II — IV

Donna M. Canesi

7 Ann Marie Drive
FTA I — II, Drama Club II — III, Social Comm. IV, Ice Hockey Cheerleader III — IV

William T. Carr

222 Hartford Avenue
Coin Club II — III

Judith A. Carrier

1211 Pulaski Blvd.
Art Club I, Homeroom Rep. II, Library Aide II — IV

Celia N. Chafee

19 Candace Drive
Field Hockey I, Softball I, Drama Club I — III, Library Aide I — III, Student Council I — II, Prom Comm. III — IV

Dennis Champagne

40 Pleasant Street
Chess Club I

Susan B. Champeau

100 Indian Run Road

Catherine L. Chandler

42 Potter Drive
Drama Club II

John D. Chiappone

18 Arrowhead Road
Coin Club II, Football III, Baseball II

Karen P. Choquet

326 Lake Street
Field Hockey I, Ceramics Club I — II

David B. Cibley

35 Saddleback Hill Road
Basketball Mgr. I — II, Photography II, Drama Club III, Baseball Mgr. I

Karen Cifizzari

20 Phillips Drive
Ecology Club III

Linda L. Clark

27 Chestnut Street

Donna M. Coffey

5 Kennedy Road
Drama Club I — II, Prom Committee III

Donald W. Coffin

22 Lemire Court
French Club III

Deborah J. Conklin

33 Candace Drive
Drama Club I — III, FTA I, Ecology Club I, Prom Comm. III — IV

Donna A. Cook

11 Taunton Street
FTA I, Art Club I

James Cook

11 Taunton Street
Intra. Basketball IV, Shop Club II, Football I

Cindy M. Costa

65 No. Main Street
Spanish Club II — III

Florence Cote

38 Lake St.

Gary R. Cote

17 Bliss Road
Football I, Ski Club IV

Sandra Courtney

1096 So. Main St.

Randy Daignault

79 Mechanic St.

Barbara Daley

450 Hartford Ave.
Co-Pres. II, Student Council I — III, Yearbook Co-Editor III — IV, Drama Club I — III (Sec. III), FTA I — III, French Club III, NHS III — IV (Treas. IV)

Lucille G. Dalpe

36 Mann Street
Art Club II, Prom Comm. III

Estelle Denoyelle

17 Oak Terrace
Art Club II

Gina M. DiCristofaro

31 Governor Avenue
Drama Club I — IV, Girls Ice Hockey I — III

Sandy L. Dommett

Arapaho Rd.
Business Club II — III, Softball I, Statationer for Wrestling Team II

Albert Dorval

61 Woodland Road

Shirley R. Dulude

450 Wrentham Road
Softball I, Drama Club I — II, Girls Gym Act. II, Prom Comm. III — IV, Student Council

Paul D. Dupre

70 Linwood Avenue
Cross Country I — II, Basketball I — IV, Baseball I — IV, Prom Comm. III, Band Club I — IV, Band I — IV, Intra-Basketball III — IV, Ski Club

Steven R. Dupre

1087 So. Main Street
Chess II — IV, Cross Country I — IV, Track I — IV, Band I

Wendy J. Eaton

7 Grove Street
German Club I — IV (Sec. Treas. II, V. Pres III), Drama Club III — IV

Cheryl A. Edwards

80 Wrentham Road

Kathleen M. Fabian

6 Pine Street
Drama I — II, Ski Club II — IV, FTA II — III (Sec. III), French Club III — IV (Pres. IV), Yearbook Staff III — IV

George T. Fafard

90 Muron Avenue
Football II, Baseball I — II, Track II

Lori-Jean Fafard

41 Carrier Avenue
Drama Club I — II, Ski Club II — IV, Basketball II — III, Jr. Class V. Pres., Ceramics Club III — Prom. Comm. III

Kyle J. Farrar

20 Pinegrove Avenue
Drama Club I — IV (Chair. Reading Brd. III — IV), Intra. Basketball III — Iv, Chorus IV

Sharon K. Farrar

413 Caroline Drive
Drama Club I — IV, FTA II, German Club I — III — IV (Festival Chair. III), NHS III — IV

Doris V. Ferland

61 Prospect Street
French Club III, Prom Comm. III

Scott Ferris

Dupre Road

Deborah Fisher

260 Ruthellen Rd.

Catherine A. Flynn

21 Roberts St.
Cheerleader I — IV (Capt. IV), Ski Club I — IV, Student Council I — II, Drama Club I — II, Prom. Comm. II — IV

Grace G. Franco

149 Temi Road
Drama Club I — IV (Bus. Chair. IV), Math Club III — IV, FTA II, French Club III — IV

Rosemary Frink

Old Log Lane

Mary J. Galuza

60 Pickering Avenue
Art Club I — II, JV Cheerleader I, Varsity Cheerleader II — III, Prom Comm. III — IV (Co-Chairman IV)

Maurice Garvin

72 No. Main Street
Football I

Cathy L. Gaudini

110 Brisson Street
Drama Club I

Kenneth H. Glowse

76 Stella Road
Football Mgr., Track Mgr.

Joseph J. Glowka

10 Potter Dr.

Dean Gorman

368 Center Street
Ceramic Club II — III

Arthur Gosselin

99 So. Maple St.

Richard Gosselin

56 Box Pond Road

Robin Greeno

31 Freeman Street
Drama Club I — II

Linda Groux

27 Silver Avenue
Library Aide I — IV, Ecology Club I — II

David L. Hammond

80 Rose Avenue Extension
Key Club II — III (V. Pres. II, Pres. III)

William M. Hammond

4 Newland Avenue
Spanish Club I — III, AV II — IV, Intra. Tennis IV, NHS III — IV (V. Pres.), Math Club IV

Timothy Hand

59 Chestnut Street

Susan Hanson

207 Hartford Avenue

Patricia Haswell

66 Douglas Drive
Art Club II

Carolyn J. Hechler

5 Yvonne Road
AA II, Field Hockey Mgr. III — IV, Basketball I — IV, Softball I — IV (III — MVP and Capt.), Yearbook Staff III — IV, Varsity Club, NHS III — IV

Michael Hetu

7 Chestnut Street
Key Club (Treasurer) I — IV, Track II

Heather A. Holmes

5 Arrowhead Road
Field Hockey I, Drama Club I — IV, Spanish Club I — III (Sec. III), Girls Ice Hockey I — II, NHS III — IV, Varsity Tennis Team III — IV, Yearbook Senior Section Co-Editor III — IV, Intra. Tennis I — III

James E. Howland

346 Theresa Road
Track II — IV, Cross Country IV, Football III, German Club III, Track Club II — IV, Football Club III

Cheryl Iaciofano

24 Country Way

Cynthia Ingargiola

1106 So. Main Street
Prom Comm. III, Drama Club III

Cheryl Jackson

129 Farm Street

Kim J. Johnson

176 Temi Road
Drama Club I — III, Ecology Club II, Prom Comm. III — IV (Co-Chairman), DECA — IV

Robin Kalnicki

31 Sheila Drive
Student Council I, Drama Club I, Art Club I

Dorothy E. Keane

158 Farm Street
Student Council I — II, Softball II, Prom Comm. III, NHS III — IV, Drama Club I — II, Basketball II — IV, Jr. Class Pres., Sr. Class Pres.

Edward A. Keating

226 Maureen Road
Spanish Club I, Football Team I — II, Basketball II — IV, Golf I

George W. Keefe

17 Ann Marie Drive
Football I — IV, Track I — II — IV, German Club I

Karen A. Kelly

42 Steven Rd.
Art Club I — II, Field Hockey II — III, Basketball II — III

Dorothea P. Knustgraichen

77 Mendon St.
Field Hockey I, German Club I — II, Athletic Assoc. II — III, Basketball (Mgr. II, Timer and Scorer III)

Barbara M. Kogut

725 Pulaski Blvd.
Drama Club I — II, Newspaper II — IV, Art III, French Club III, National Honor Society III — IV, Yearbook Staff III — IV, Student Advisory Comm. (Sec. IV)

Andrea J. Kozimor

11 Governor Avenue
Future Teachers I, Tennis I — II, Ecology Club III, Yearbook III, Cheerleading II — IV, National Honor Society III — IV

Cynthia Labonte

660 Wrentham Rd.

Russell K. Lamarre

24 Andrew St.
Cross County I, Track I

Pauline G. Lamothe

45 Cross Street
DECA IV, Drama Club II, Yearbook III

Susan Lamoureux

65 Chestnut Street

Deborah Ann Langley

Cedar Hill Road
Art Club I — III, German Club I — II, Majorette II, Yearbook III — IV (Ad-editor), Chorus IV, National Honor Society III — IV

Catherine M. Laplante

91 Paine Street
Field Hockey IV, Basketball IV, Softball IV, Gym Club III, Athletic Assoc. II, Ski Club, Varsity Club, Yearbook Sports Editor III — IV

Marcia LeBeau

550 So. Main Street
Spanish Club

Diane M. Leclaire

19 Bliss Rd.
Class Secretary I, Art Club II, Prom Comm. III

Denise J. Lemire

51 Pleasant St.
Art Club I — II, Ski Club I — II, Cheerleading II — III, Prom Comm. Chairman III — IV

Linda V. Lemire

341 Wrentham Road
Ceramics II, Prom Comm. Co-Chairman III, Prom Comm. IV, Yoga IV

Francine F. Loveless

75 Farm Street

Sandra Luciano

64 Rose Avenue Extension

Estelle I. Lussier

100 California Ave.
Prom Comm. III, French Club III

Cynthia A. MacIntyre

42 Laurel Lane
Ceramic Club I, Drama Club I, Basketball II

Kevin G. Maines

88 Farm Street
Varsity Football I — IV (Co-Capt. III — IV), Varsity Baseball I — IV (Co-Capt. III — IV), JV Basketball I — II, Varsity Basketball III — IV (Co-Capt. IV) Student Council III, Senior Class Vice Pres.

Donna M. Martel

23 Central Blvd.
Drama Club I — II, Class Co-Pres. II, Prom Co-Chairman III, Class Marshal III, Cheerleading I — III

Kenneth D. Martin

20 Central Street
Ski Club I

Marc H. Masson

51 Pinewood Avenue
Cross Country Manager I, Prom Comm. III, Intramurals IV, Bellingham Youth Hockey III — IV

Janice E. McKay

14 Potter Circle
Woodshop III, Photography II — III, Student Council II — III, Ski Club IV, Prom Comm. III, Art Club II

Cheryl Lee McMaster

100 Mechanic Street
Art Club, Yoga

Sheila A. McQuade

Elm Street
FTA I — III, French Club III — IV (Pres. III), NHS III — IV (Secretary IV), Yearbook Staff III — IV

Walter J. Mendzela

36 No. Center Street
Golf I — IV, Basketball II — IV, Intramurals II — III

Robert Messier

80 Florida Avenue

Linda A. Michalik

144 Mendon St.
JV Cheerleading II, Varsity Cheerleading III, Student Council III, Ski Club I — II — IV, NHS III — IV, Yearbook Senior Section Co-Editor III — IV, Homecoming Queen Runnerup II, Girls Intramural Tennis I, Homeroom Rep. III

Julie E. Molloy

20 Dal-Mor Road
Drama Club I, Class Rep. I — II, Student Council I, Cheerleading I — II, Class Secretary II — III, Bellingham DECA IV, Girls Intramural Tennis II, Prom Comm. III — IV

Lisa A. Muccini

5 Pond Street
Art Club I — III, Class Secretary I, Yoga IV

Jeanne M. Mullaney

30 Easy Street
Drama Club I — II

Susan M. Nicholson

351 Hartford Avenue
Guitar Club II, Drama Club III — IV, Prom Comm. IV

Valerie L. Oliver

11 South Center St.
Field Hockey I — III, Basketball I — II, Woodshop Club II — III, Student Council II, Future Teacher I, Photography II

Stephen Oliver

87 Pickering Avenue

Debra E. Parisi

433 Hartford Ave.
Ski Club I — II, Art Club I — III, Class Officer II, Newspaper III — IV, Drama Club I — II

Donna A. Patrick

1095 So. Main Street
Class Vice-Pres. I, Class Treas. II — IV, Athletic Assoc. II, Prom Comm. III — IV, Senior Social Comm. IV

Nancy M. Patrick

10 Plain Street
Prom Committee III

Russell G. Peloquin

31 Archer Street
Track I, Band I — II

Brian Perrico

875 So. Main St.
Drama Club III — IV (Publicity Chairman IV), AV II — IV

Walter A. Perry

5 Deerfield Lane
Baseball I — II

Cecile A. Pietroszkiewicz

33 Lake Street
Basketball I — III, Softball I — III, Drama Club II, Ski Club I — II, Girls Ice Hockey III

Normand W. Plante

12 Center Street
Football I, Key Club

Janice S. Plouffe

366 Lake Street
Class Rep. I, Student Council I, Bellingham DECA IV, Home Room Rep. I — III

Susan Plumer

33 Lake Street
Ski Club I — II — IV, Drama Club I — III

Alice R. Poulin

20 Locust Street
Drama Club II

Richard W. Preston

40 Plymouth Road

Francis J. Prior

35 Arrowhead Road
Drama Club II

Sandra A. Provencal

68 Lake Shore Drive
Bellingham DECA 12

Kevin A. Randall

5 Charlotte Road
Track II

Thomas M. Ranieri

26 Lake Street
Drama Club II — III — IV, Key Club II

Ronald Recore

30 Pickering Avenue

Janet E. Rice

413 Hartford Avenue

Paula Richards

163 Mendon Street

Gisele M. Rivard

80 Wrentham Road
Field Hockey I, Basketball I

Linda J. Rivard

101 Locust Street
Field Hockey I — II

Michelle A. Rivard

221 Paine Street
Student Council Rep. III, Homeroom Rep. II — III, Art Club III, Girl's Ice Hockey I — II

Susan A. Roger

Grove Street
JV Basketball I — II, Field Hockey II — III, Art Club III

David L. Roy

11 Auclair St.
Tennis I

Stephen E. Russell

84 Farm Street
Key Club II — IV

Karen E. Saunders

27 Nason Street
Athletic Assoc. I — IV

Marc S. Saunders

27 Nason Street
Varsity Baseball, JV Baseball, Athletic Association

Margaret A. Shea

65 Lisa Ann Drive
Field Hockey II, Ceramics I — III, Newspaper III, Student Council III

John S. Sikonski

250 Pulaski Blvd.
Art, Distributive Ed., Track I

Nancy E. Simonson

46 Farm Street
Drama Club I — IV, Spanish Club I — III, Student Council II — III, Yearbook Staff III — IV, NHS III — IV

Debra Lee Slatkavitz

10 Charlotte Road
Athletic Assoc. II — III, Prom Comm. III, Drama Club I, Ski Club IV

Jacqueline F. Smith

15 Mohawk Path

Michael D. Smith

42 Rondeau Rd.
JV Basketball I, Golf I — III

Wendy L. Smith

98 Hartford Avenue
Drama I — IV, Student Council I — II, NHS III — IV, Tutoring 12, German Club I — IV

Marie D. Spear

390 Winter St.
Basketball I, Field Hockey II, Athletic Assoc. II — III, Yoga Club IV

Gloria G. Stanley

123 Hartford Ave.
Ceramics Club

Marietta Surrette

244 Blackstone St.
Pep Squad I — II, Intramurals I — II, Cheerleading IV

Marsha L. Tahquechi

95 Lisa Ann Dr.
Spanish Club III, Drama Club I, Home Room Rep. I — III, Prom Committee IV

Doreen M. Taylor

36 Prairie Avenue
Drama Club I, Ecology Club I, Athletic Assoc. II — IV, Newspaper III — IV, Yearbook III — IV, Homeroom Rep. III

James C. Thompson

7 Plain St.
Football III, Metal II, Wood III

Ruthanne Thompson

310 Hartford Ave.
Ceramics I — II, Wood III, Field Hockey IV

Lawrence Toner

424 Caroline Dr.
Art Club I, Ceramics I — III, Drama Club I — IV, Yoga Club IV, Prom Comm. III, Yearbook III — IV

Paul Trites

20 Potter Circle
Tennis I

Nancy A. Trudeau

41 Trenton St.
Majorettes I — IV (Co-Captain IV), Yearbook III, Prom Comm. III

Sandra A. Trudel

471 Pulaski Blvd.
Ski Club II — IV, Ceramics Club I, Prom Comm. III, Yearbook Staff IV, Yoga Club IV, Drama Club IV

Cheryl L. Turner

248 Caroline Dr.
Drama Club I — IV, Math Club II — IV, French Club III — IV, National Honor Society III — IV, Future Teachers III, Ski Club II – IV, Yearbook Staff IV

Kevin D. Tuttle

360 Hartford Avenue
Football I — II — IV, JV Baseball I, Class Pres. I, Student Council I, Hockey I — IV

Donna A. Usenia

33 Ray Avenue
Ceramics Club II, Field Hockey IV

Joanne Vail

290 Lake St.

Ingrid J. Van Helden

128 Depot Street
Ceramics I — III, Yoga Club I

William J. Walker, Jr.

28 Pearl Street
Football II, Baseball III, Chess III

Vincent A. Wentworth

29 Steven Road
Hockey I — IV, Tennis IV, Chess I — I

William E. Whalley

89 Lakeview Ave.
Chess Club, Chess Team (Captain)

Scott L. Wheeler

79 Farm Street
Tennis I — II, Ski Club I — II, Coin Club II — III, Football IV, Baseball IV

Lynne K. Whitley

53 Horseshoe Drive
Cheerleader, Majorette, Art Club (Treasurer), Homeroom Rep., Prom Comm. (Co-Chairman)

Deborah P. Withrow

307 Hartford Ave.
Ceramics Club I, Yoga Club IV

Janice M. Witkowski

121 Marion Road
Drama Club II — III, Newspaper IV

Faith M. Woodman

53 Mendon St.
Drama Club I — II — III, Future Teachers II

Stephanie A. Wyatt

339 Caroline Dr.
Drama Club I — IV, Future Teachers II, Math Club III — IV, French Club III — IV

Donna M. Yeomans

105 Temi Rd.
Drama Club I — IV, German Club I — III — IV, Future Teachers I, National Honor Society III — IV

JUNIORS

MARK ARPIN
401 PULASKI BLVD.

MARY BETH CHASTENAY
58 MECHANIC ST.

ANNETTE DAUDLIN
80 PINE GROVE AVE.

LEONARD GAUTHIER
209 TEMI RD.

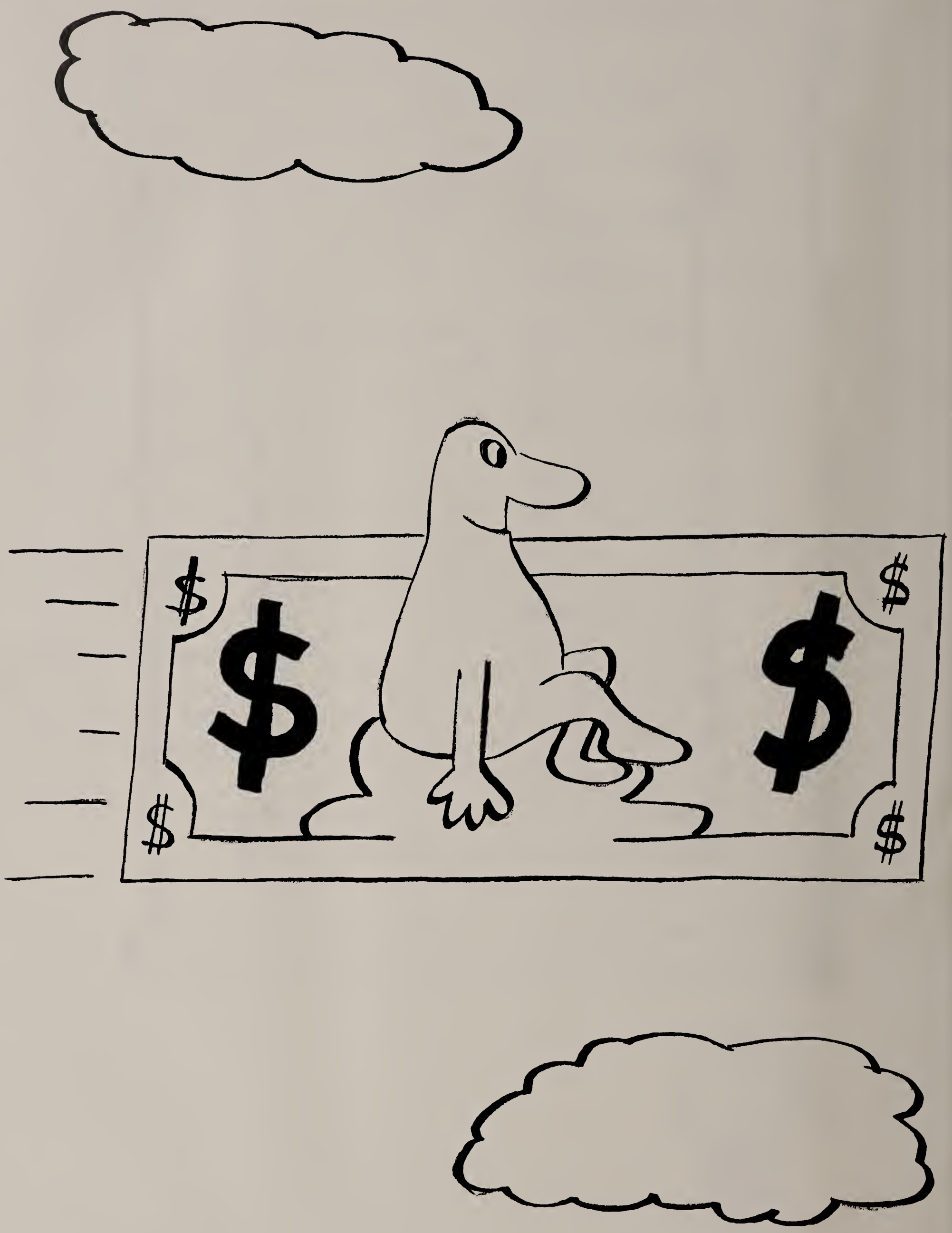
JOANNE MITCHELL
11 PINE GROVE AVE.

JEAN MURPHY
19 CEDAR HILL Rd.

KEVIN PARLIN
6 PLAIN ST.

MONICE ROBIDOUX
50 LOWLAND ST.

SCOTT ROCKWELL
5 HORSESHOE DR.

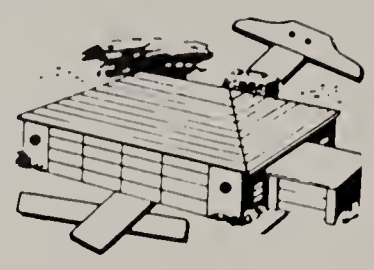


ADVERTISEMENTS

LENMAR REALTY, INC.

949 Worcester Rd. (Rte 9)
Natick, Mass. 01760

Tel. 655-5020
or 237-1881



We're residential specialists
offering a very large selection
of new and resale homes.

Framingham
Natick
Ashland

Milford
Franklin
Bellingham

Compliments of

JOHN'S WHOLESALE

542 Smithfield Ave.
Pawt., R.I.

BELLINGHAM PRECISION MOLD & HOB

117 Lake Street
Bellingham, Mass. 02019

JIGG'S CAFE INC.

Corner Social and Richmond St.
Blackstone, Mass.

Jan and Mickey Moretti, mgrs.

COADY BROS. CLEANERS

Roxbury, Mass.

Good Luck to
the Class
of
1974

BELLINGHAM LUMBER

Lake Street
Bellingham, Mass.
02019

VAL'S CITGO SERVICE STATION

Complete Auto Service
LAVAL COTE, Prop.

883-9498
1201 Pulaski Blvd.
Bellingham, Mass.
02019

Congratulations to the
"Class of 74"

TWINS PIZZA PIT

Compliments of

CHOWDER BOWL RESTAURANT

Lake Hiawatha
Bellingham

Congratulations to the
"Class of 74"

COACHMEN'S LODGE

275 Wrentham Rd.
Bellingham, Mass.

KIM'S KITCHEN

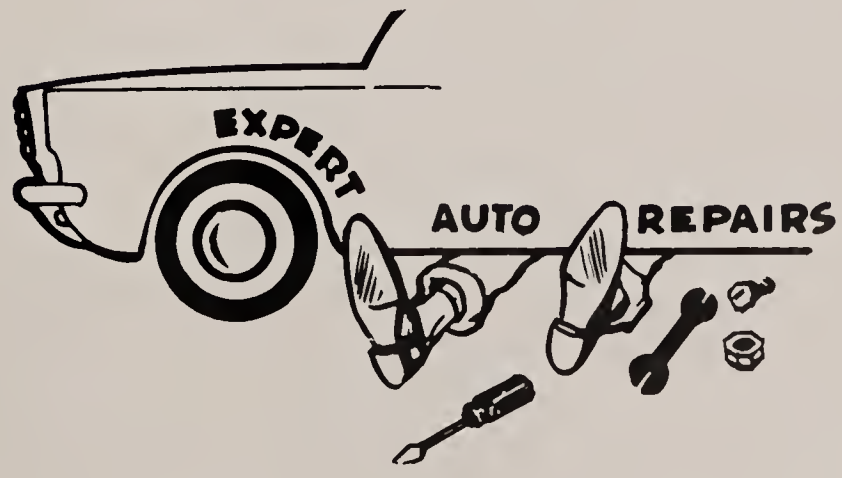
131 Pulaski Blvd.

ROTATORI AUTO BODY

Body Work — Painting

24 Hour Towing

883-4540



BELLINGHAM POLICE DEPT.

Congratulations
Class of 1974
From

Michael, Mark, and Christopher
Hood

HOOD ENTERPRISES

Mendon, Mass.

Success and Best Wishes
Class of 1974

HIGH SCHOOL CAFETERIA STAFF

Lawns Mowed
Trees Removed
Gardens Roto-Tilled

J.E.T.'S HOME CARE SERVICE

Jim Thompson
99 Prospect Hgts.
Milford, Mass. 01757
Phone: 473-8126

MILFORD FEDERAL SAVINGS

246 Main Street
Milford, Mass.

LEW'S GETTY

Electric Tune-Ups
Front End Alignment
Road Service — Inspection Station #140

1052 So. Main Street
Bellingham, Mass.
Phone: 883-9517

Best
Wishes
From
the
Class
of
1976!

FLEUETTE'S
AUTOMOTIVE
SERVICE
351 Pulaski Blvd.
Bellingham, Massachusetts

THE PADDOCK

Route 140
Bellingham, Mass.

CORNING
GLASS WORKS

Medfield, Mass.

GAGNE PHARMACY

A. P. Cassidy II
R.Ph.

385 Pulaski Blvd.
S. Bellingham, Mass.
883-7753

LAKE VILLAGE BEAUTY SALON

29 Lake Street
S. Bellingham, Mass.
883-9300

TOWN & COUNTRY LORRIE'S BEAUTY SALON

330 Pulaski Blvd.
S. Bellingham, Mass.

Telephone: 883-1535

Lorraine
Purich

Compliments of:

CONTINENTAL BAKING COMPANY

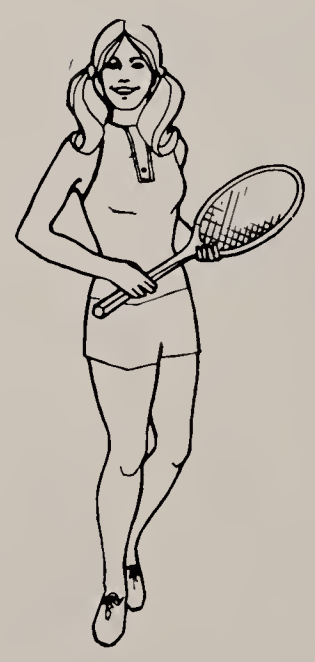
N. Smithfield, R.I.
Greenville Road

"Chicken Power!!!"

BIRCH HILL POULTRY FARMS, INC.

FOUR COURT TENNIS CLUB

The Sport of a Life Time



441 Pulaski Blvd.
S. Bellingham, Mass.
02019

44 Cray Street
Cumberland, R.I.
02864

Compliments of

Massachusetts Association for Children With Learning Disabilities BELLINGHAM CHAPTER

"A perceptually handicapped or learning disabled child is one whose intelligence is average or better but whose learning is impaired because his method of learning some things is different from that of the majority of children. Prognosis for most disabled children is excellent if they are given the education tools they need to help themselves."

KARL A. BRIGHT INSURANCE AGENCY, INC.

22 Congress Street
Milford, Mass. 01757
Call: 473-0556

LI'L GENERAL STORES, INC.

405 Cumberland Hill Road
Woonsocket, R.I. 02895

Compliments of:

HART REAL ESTATE

Mendon Street
Bellingham, Mass.

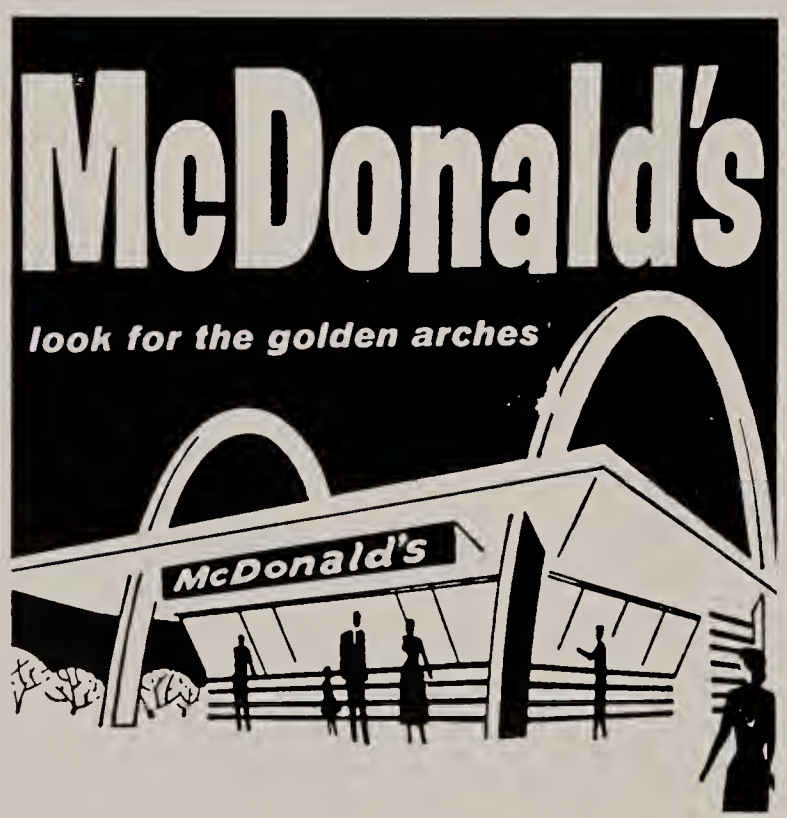
Compliments of:

BELLINGHAM DENTAL ASSOCIATES

Compliments of

B & C SERVICE SYSTEMS, INC.

Bellingham, Mass.



McDONALD'S

139 South Main Street, Milford

TURCOTTE'S HOUSE OF CARPETS

1568 Washington Street
Holliston, Mass.

VARNEY BROS INC.

Concrete

Bellingham — Medfield

Congratulations
Class of 74

TROTTIER'S
EXPRESS INC.

Daily Service Between:
Boston,
and
Providence,
and
Woonsocket,
and
Worcester.

Bellingham, Mass.
Telephone: 883-8230

Dennison

Best Wishes
From

DENNISON

CONGRATULATIONS
CLASS OF '74

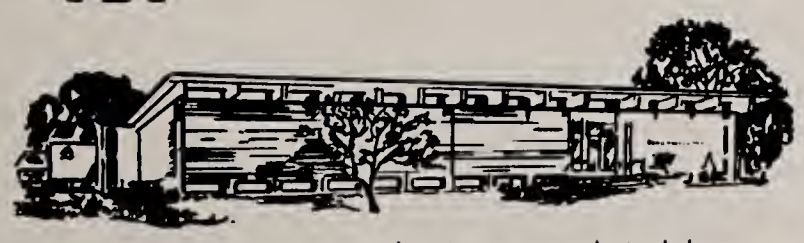
It has been a pleasure serving a fine group of students.

Frank Giuliano

Rudy Graziani

165 Arnold Street
Woonsocket, R.I.
769-4731

DONLEY
MANUFACTURING CO. INC.



451 Elm Street, North Attleboro, Mass.

BENNY J. FERIGNO
Custom Builder

Now Building and Developing
Hillsdale Estates — Bellingham
Powder Hill Estates — Sudbury

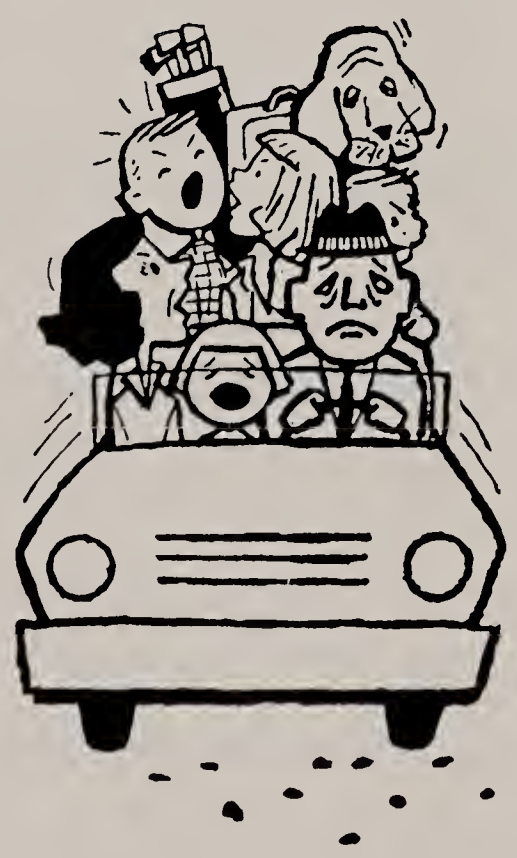
Phone: 473-5073 or 443-3131

Bancroft

Congratulations to all of you who have successfully completed Bellingham Memorial High School. It is a most significant step toward your future.

When you make the next step in your future, if it is getting a job, remember the Bancroft Sporting Goods Company. We are the oldest tennis racket manufacturer in America and a very profitable and nice place to work. Tennis is booming and will continue to grow for a long time. This offers you an unlimited opportunity with us for many, many years. Pay us a visit.

BANCROFT SPORTING GOODS COMPANY
Bancroft Court
Woonsocket, Rhode Island 02895



Courtesy
of

VENDETTI
MOTORS INC.

411 W. Central Street
Franklin, Mass.

Congratulations Seniors!

Remember that graduation is not an end but a beginning —

"Nothing would ever be done at all
if a man waited till he could do
it so well that no one could find
fault with it."
(Cardinal Newman)

Our services are always available to you.

Your Guidance Department

Stanley R. Hamilton, Director
Eleanor Dodsworth
Walter Crepeau
Leonard Gauvin
William Mohan
Betty Lewinski
Marie Trudeau

A FRIEND

Raymond M. Richard

REALTOR

Good Luck
Class of 74

AMERICAN LEGION

ARNOLD SPENCER POST 218

A FRIEND

THOMAS R. GRANGER
REAL ESTATE
INC.

New and Resale Homes

169 Main Street, Rte 109
Medway 533-6683

COLLAMATI
WOODWORKING CO.

1281 Pulaski Blvd.
South Bellingham

* Kitchen Cabinets
* Laminated Tops

L. E. Collamati, Prop.

Best Wishes
to
Class of 74
From

BELLINGHAM
JAYCEE-ETTES

BELLINGHAM GROCERY &
PACKAGE STORE

Ice Cold Beer and Ales
Fine Wines
Ice Cubes
Open Daily From 8 a.m.

Phone: 966-9713
Mechanic Street

Donald J. Moore Jr. Mgr.

Congratulations
Class of 74

President — Arthur BeLanger
Vice President — Nancy Hennes
Secretary — Lorraine Kilburn

Treasurer — Eleanor Dodsworth
M.T.A. Credit Union Rep — Julien Ayotte
Norfolk Co. Teacher's
Association Rep — Carol Manning

From

BELLINGHAM TEACHERS' ASSOCIATION

Compliments
of

KING
FORD
SALES

JERRIER
ELECTRIC

77 Bruce Road
Bellingham
Massachusetts
966-2838

Congratulations From

TRUBILT
TRUCK
BODY
COMPANY

Milford, Mass.

BELLINGHAM
BP

728 South Main Street
Bellingham, Mass.
02019

NORTH SMITHFIELD
AUTO BODY WORKS

Eddie Dowling Hghwy

Route 146

North Smithfield, R.I.

RONALD DUBOIS

A-1 Used Cars

Bus. 762-3866

Painting

We Make Your Old Car Look Like New!!

MA GLOCKNER'S
RESTAURANT

Original Home of Fried Chicken

North Bellingham, Mass.
Maple Street
966-1085

Reservations Taken for Six or More

ABC AUTO RADIATOR
RADIATORS
CLEANED
REPAIRED
AND RECORED
105 Railraod St.
Holliston 429-2112

Also New Location
20 A Mechanic St.
Rte. 140
Bellingham, Mass.
Tel. 966-0111
Free Pick-up
and Delivery

FARMS
BEAUTY
SALON

801 Pulaski Blvd.
Bellingham, Mass.
883-8420

Compliments
of

VETS
PACKAGE
STORE

240 S. Main St. Bellingham, Mass.

BOB'S DISCOUNT
STORE

135 Pulaski Blvd.
S. Bellingham, Mass.
Tel. 883-4200

Retail — Wholesale

DANNY'S
MOTOR SALES

Pulaski Blvd.
(Across From Beef Barn)

Clean — Reconditioned
Low Priced Used Cars

DALEY
DESIGNS
INC.

A Gallery of Flowers and Gifts

Medway Shopping Center
Medway, Mass.

KNOTTY
PINE
SHOP

133 Pulaski Blvd.
S. Bellingham, Mass.
883-1122

FRAMING
AND
CONSTRUCTION

Compliments of

Circle C G Farm

Mr. and Mrs. James Dowling

Mrs. Mary Patrick

Mr. and Mrs. Robert L. Daley

Mr. and Mrs. Harold B. Preston

A Friend

Mr. and Mrs. Robert A. Beggs, Jr.

Marie N. LeRoy

Mr. and Mrs. Edwin Witkowski

Richard's Barber Shop

Leo's Pastries, Inc.

Marion's Sewing Center

Stanley Gardner, Florist

Denault's Auto Repair

Hilltop Farms

Mr. and Mrs. William Gariepy

Mr. and Mrs. Jerry Turner

Charlie's Barbershop

Hartford Restaurant

Mr. and Mrs. Arthur J. Martel

Rosie's Dairy, Inc.

Robert Russell

Moe Dubois and Son, Mason Contractor

Leo A. Dalpe Construction Co.

Philip Granieri

Madame Forcier Beauty Shoppe

Villa Capri

Mr. and Mrs. Michael S. Parisi

Peter A. Piscia

Terry's Beauty Nook

A Friend

Cottage Restaurant

The Beverly

Acme Automotive Machining

Plaza Liquor

Everett Vander Linde

Tony Nardi

Mr. and Mrs. Harold A. Maines

Linda's Beauty Corner

J & R Auto Body Supply

Social Department Store

Cape Road Sales

A Friend

Mr. and Mrs. Victor Costa

Robert and Elsie Plummer

Rev. Lucien M. Roussel

Phone: (617) 883-7418

TEXTILE
MACHINE SHOP, INC.

Bernard J. Croteau

11 Summer Street
So. Bellingham, Mass.

MARCHAND
MACHINE WORKS, INC.

435 Wrentham Street
Bellingham, Mass. 02019

JOHN'S
USED AUTO PARTS

Hartford Avenue
Bellingham

FRED'S
PACKAGE STORE

Maple Street
Mendon, Mass.

Congratulations
Class of 74

Dr. Thomas A. Tanzilli

Compliments of

BRIS
AUTO
SALES

WOONSOCKET GENERATOR SUPPLY CO. INC.

235 Crawford Street
Woonsocket, Rhode Island

Generators
Starters
Alternators
Motorcraft
Batteries
Also Parts and Service
for Cars
and Trucks

769-7915

BEL-AIR GARDENS, INC.

Garden Center
Gift Shop
Nursery

Complete Landscaping Design
Installation and Service

Tel. 883-8619

Rte. 126 So. Main St.
Bellingham, Mass.

We Want To Thank
All Business Companies
And All Sponsors
For Helping To Publish
Our 1974
EPILOGUE

Best Wishes From

THE FOREIGN LANGUAGE DEPARTMENT

German
French
Italian
Spanish

AUF WIEDERSEHEN UND VIEL GLÜCK!
AU REVOIR ET BONNE CHANCE!
ARRIVERDECI E BUONA FORTUNA!
BUENA SUERTE!

Congratulations
From

CERAMICS CLUB

To the
Class of '74

Congratulations and Best Wishes!!

CLASS OF 75

Congratulations

l

a

s of

s 74

From

ROSENFELD CONCRETE CO.

BELL-HAVEN
MOTEL

Route 140 — The Cape Highway
Bellingham, Mass. 02019

Air-Conditioned — Television

Phone 966-0440

E-Z
WAY
LAUNDRY
and
DRY
CLEANERS

Compliments of the

MUSIC
NOOK

190 Main St. Milford

For All Your
Music Needs

BOUTIETTE
GAULIN
COMPANY

99 Main STreet
Woonsocket, RI
02895

Guitar, Banjo, Mandolin
Lessons

JOHN SEMEON
OR
SAM KOKOLSKI

30 Brisson Ave.
Bellingham, Mass.
883-6665

Compliments of

WESTON NURSERIES

of Hopkinton
New England's largest variety of
landscape-size
plants, shrubs and trees.

Rte. 135, near 495.
Hopkinton, Ma. 01748

Tel: 235-3431

Sincere Congratulations
From

CRYSTAL INDUSTRIES

95 Mechanic St.

Custom Kitchens
Swimming Pools

JACK McCARTHY'S
SILVER LAKE
RESTAURANT

Famous for Steaks and Seafood

Tel. 883-9448
90 Cross Street
Bellingham, Mass.

In Golf Equipment Call

Tony Grunielli
GOLF PROFESSIONAL
WINNESUKET C.C.

S. Bellingham
Phone 883-7085

Compliments of

GLEN'S AUTO BODY

340 Lake Street
Bellingham
Mass.
883-9544

BLACKWOOD
AUTO
BODY

24 Hr. Towing Service

740 Pulaski Blvd.
S. Bellingham, Mass.

Compliments of

PAT'S
PIZZA
&
SUB
SHOP

PIETTE JEWELERS

196 Main Street
Woonsocket Plaza
Diamond Hill Rd.
Phones:
769-3210
762-0030

Genologist
Watchmaker
Engraver
On Premises

Compliments
of

ROSEWOOD
DAIRY

To The
Class of '74
Our Best To You
From

ALL
CAFETERIA PERSONNEL

MARIE'S
RESTAURANT

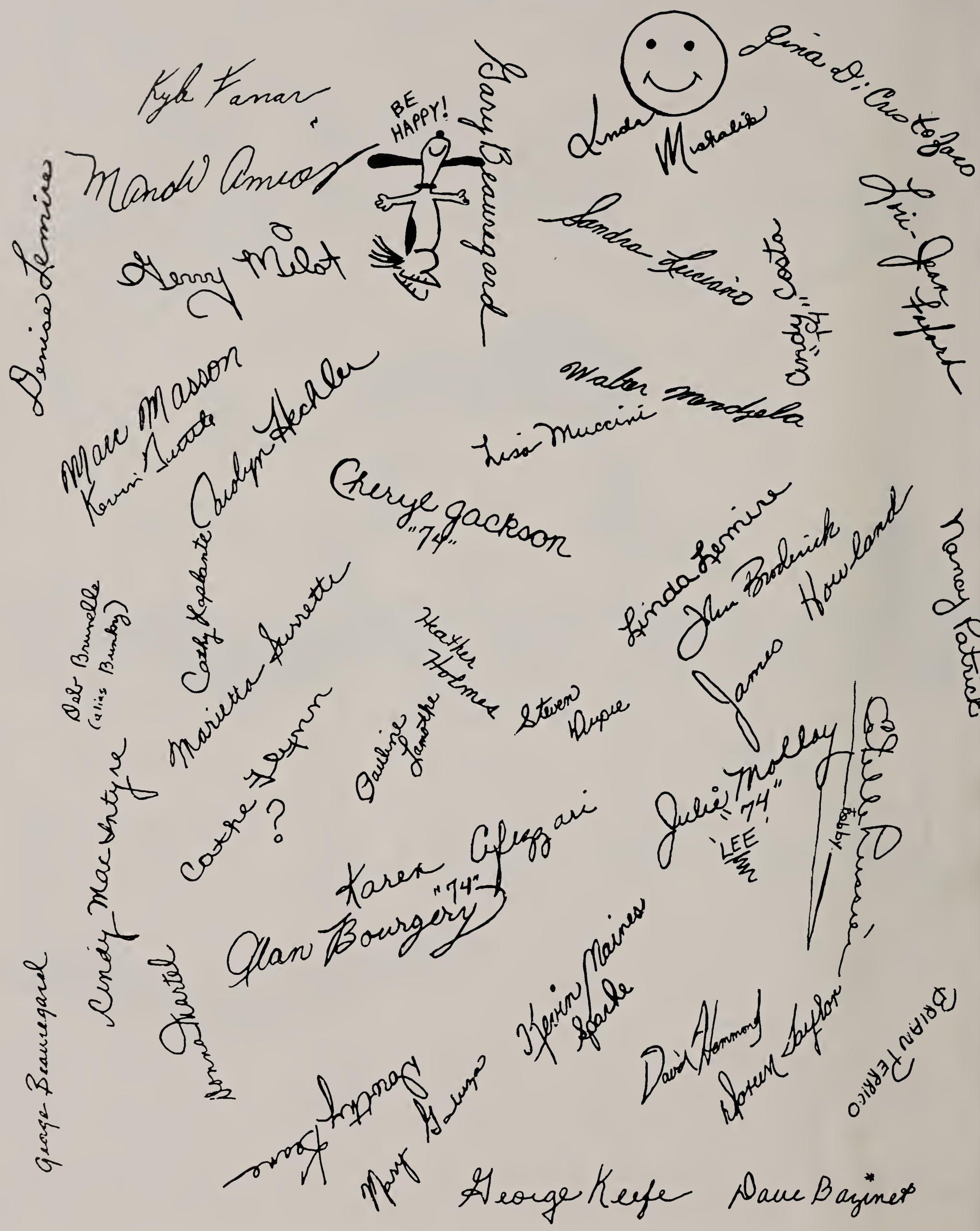
Mechanic St.

Breakfast Specialty
and
Home Cooking

"BEST OF LUCK TO THE CLASS OF 74"
FROM THE
BELLINGHAM PARK COMMISSION
DANIEL RANIERI
ELIZABETH LOWRY
GERALD MAYHEW

HE'S VERY
DEVOUT

B.H.S. Senior Grafitti



B.H.S. Senior Grafitti

Kathy Fabian
Sandra
Don J. Lomar
Sue Beauford
Cindy Arpajola
Tom Ponini
Courtney
Ken Gloss
Andrea Kozinors
Richard Preston
Debbie Langley
Wendy Smith
Jeri Baker
Marcia Le Beau
Robert
Debbie Conklin
Stephanie Wyatt
Rosemary Funda
Paul Bernard
Linda Group
Donald Plante (cooper)
Karen Saunders
Sherry McMaster
Sharon Farrar
Scott Ferris
Larry Toner
Donald Coffin
Robin Thurno
Grace Franco
Scott Wheeler
Donna Coffey
Frank Cacciatelli
Marsha Hatsuchi
Helen Berg
Judy Carrier
Barbara Daley
Donna Canisi
Annette Dandelin
Jeanne Mullaney
Cheryl Daciofano
Sheila McGuade
Cathy Gaudin
Janet Rice
Diane Belanger
B.H.S. Hornets

Autographs

Autographs

"AS FOR ME, EVEN THOUGH I AM
FAR AWAY FROM YOU IN BODY,
STILL I AM THERE WITH YOU
IN SPIRIT. . ."

1 COR. 5:3

CLOSING

Leaving a high school where you've shared four years of your life constitutes memories.

MEMORIES OF THE PLACES YOU'VE BEEN TO AND SEEN . . .

"What are we trying to practice every day? If our friendship depends on things like space and time, then when we finally overcome space and time, we've destroyed our own brotherhood! But overcome space, and all we have left is Here. Overcome time, and all we have left is Now. And in the middle of Here and Now, don't you think that we might see other once or twice?"

Jonathan Livingston Seagull

PEACE

DESIDERATA

Go placidly amid the noise and haste, and remember what peace there may be in silence. As far as possible without surrender be on good terms with all persons. Speak your truth quietly and clearly; and listen to others, even the dull and ignorant; they too have their story.

Avoid loud and aggressive persons, they are vexations to the spirit. If you compare yourself with others, you may become vain and bitter; for always there will be greater and lesser persons than yourself. Enjoy your achievements as well as your plans.

Keep interested in your own career, however humble; it is a real possession in the changing fortunes of time. Exercise caution in your business affairs; for the world is full of trickery. But let this not blind you to what virtue there is; many persons strive for high ideals; and everywhere life is full of heroism.

Be yourself. Especially, do not feign affection. Neither be cynical about love; for in the face of all aridity and disenchantment it is perennial as the grass.

Take kindly the counsel of the years, gracefully surrendering the things of youth. Nurture strength of spirit to shield you in sudden misfortune. But do not distress yourself with imaginings. Many fears are born of fatigue and loneliness. Beyond a wholesome discipline, be gentle with yourself.

You are a child of the universe, no less than the trees and the stars; you have a right to be here. And whether or not it is clear to you, no doubt the universe is unfolding as it should.

Therefore be at peace with God, whatever you conceive Him to be, and whatever your labors and aspirations, in the noisy confusion of life keep peace with your soul.

With all its sham, drudgery and broken dreams, it is still a beautiful world. Be careful. Strive to be happy.

(Found in old St. Paul's Church, Baltimore; dated 1692)

"The man who follows the crowd will usually get no further than the crowd. The man who walks alone is likely to find himself in places no one has ever been. Creativity in living is not without its attendant difficulties. For peculiarity breeds contempt. And the unfortunate thing about being ahead of your time, when people realize you were right, they say it was obvious all along. You have two choices in life — you can dissolve into the mainstream, or you can be distinct. To be distinct, you must be different. To be different, you must strive to be what no one else but you can be."

A. A. Pit

Farewell Memories . . .

. . . of all
the people
we've met
and known
as friends . . .

"Goodbye to you, my
Trusted friend.
We've known each other
Since we were nine or ten.
Together we've climbed hills
And trees,
Learned of love and ABC's.
Skinned our hearts and
Skinned our knees.
Goodbye my friend . . ."

Terry Jackson

Goodbye!